

September 2017 Edition 142

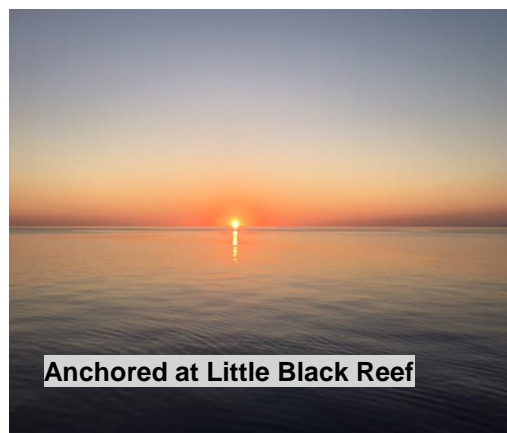
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Message from the editor

Hi everyone, this edition of Signals is being again compiled on the good ship Ruby, anchored in Nara Inlet, Whitsundays. We have enjoyed the last month exploring the Whitsundays with the highlight venturing to the outer reefs north west of the Whitsunday Islands – approx. 45 nautical miles (83 km) from the mainland. The water was crystal clear, the fish abundant in the water and on the plate, and the weather benign – gentle northerlies with a calm, calm sea. There are not many days in the year with conditions like this – we feel very fortunate to have been in the right place at the right time! The photo is one of many beautiful sunsets, Little Black Reef.



Cheers, Jennie

Sailing Schedule:

Day	Date	Groups
Wednesday	4 October	Choosing Connect, Sunshine Fr Forest, HWNS, Sunshine St Ives, Sunshine Pymble
Saturday	14 October	Balmoral, Housing Connection, Rap'n'Rave,
Wednesday	18 October	RFW, Forest High, Fisher Rd, SEALS, Sunnyfield French's Forest
Saturday	28 October	Creativity Inc, Freshtracks, Kookaburras/Lorikeets Waitara AH
Monday	30 October	BIRDS, Freshwater High
Wednesday	1 November	DYIM, Forest High, Sunshine Pymble, Waitara Wonders
Saturday	11 November	Balmoral, Housing Connection, Rap'n'Rave, Waitara A.H
Wednesday	15 November	RFW, Forest High, Verne Barnett, Achieve, Sunshine St Ives
Saturday	25 November	Creativity Inc, Freshtracks, Kookaburras/Lorikeets
Monday	27 November	BIRDS, Freshwater High
Wednesday	29 November	Forest High, Fisher Rd, AFFORD, Choosing Connect

Volunteer Training Day, Saturday, September 2, 2017.

After many days of constant strong winds, we woke up this morning to a perfect day for training our volunteers; sun shining, sky blue, a steady North Westerly at about 6 knots and a pleasant temperature.

Wilma and Helen arrived early with the food, and set to work cleaning the equipment needed for our training session today. We set up a couple of chairs in the Accessible Parking area, to save the spot for Alan, and slowly our trainees started arriving.

It was so good to see new volunteers Kath, Indiana, Penny, John L, David, Ryan, Liam, Sharyn, along with helpers Michael, Vince, Caroline, Alan, Jim, Josh, Tony, Denis, Ken, John B, and Ros. Just a short welcome session, then we went straight into a discussion about the people who generally come sailing with us, and some of the things we need to be able to do to have a pleasant day on the water.

After morning tea, we all went downstairs for a lesson from Denis in rigging, and why it is important to get everything right the first time. There were 20 intent faces watching while he rigged the first boat, then, with the help of the experienced volunteers, we rigged 4 more boats, including Alan's little 2.3 with the brand-new sail and took off across the bay, experienced sailors taking the learners.

Vince and John took out Charlie's Chariot, to oversee the event and soon discovered that the radio has an intermittent fault. This was soon remedied by using Vance's phone, but is just another thing to put on the list for David W to deal with when he arrives home.

In the meantime, Helen and Wilma were upstairs setting up lunch for the weary travellers on their return. Wow, what a fantastic lunch, they really outdid themselves this time.

It didn't take long to get everything put away neatly, with Caroline's eagle eye watching to make sure everything is in its correct place, and everyone helping to wash the boats and complete the de-rigging to Denis's instructions.

A great Training Day, and several new people trained to make all of our sailing days easier. Well done, team Manly.

A Blustery Wednesday 6 September 2017



The intent group of learners



The teacher, Denis



Alan being lowered into his boat



Ken with Denis for a sailing lesson



Denis and Allison in Eli D

A very limited group of volunteers joined us this morning. This is because there was a strong North Easterly blowing, and I guess they didn't ring to check whether sailing was on. Sailing was on, though, because in spite of the forecast from the night before, the wind had eased, and was dropping further as the day wore on, so that those that arrived had a pleasant sail.

We only put 3 boats out, because of the number of volunteers on deck, with Denis, Rob and David doing all of the sailing.

Our limited team was: Helen, Wilma, Tony, Ray, Allison, Corey, Ken, Ivan, Steve, John, and Kath.

SEALS were the first group to arrive, with Nikita, Jake, Tom, Montana, Chantel, Doug, Alister and Cheree getting out on the water, and a little bit wet because of the big waves breaking over the sides of the boats.

Luke, Jocelyn, Vanessa, Rodney, Jenny were next, with Adonis, Ben and Simone not wanting to get on the water, but content to sit in the sun. Of the Sunshine Group, only Michael sailed, with Simon, Warren and Danny preferring to sit in the sun.



Luke and David in Vin



**Chantel, Ali and Vanessa
in Charlie's Chariot**



Doug and Rob in Alex

Unfortunately, Choose and Connect arrived a little too late, as we had already lifted the boat out of the water by the time they arrived.

Sailability NSW State Conference 8- 10 September, 2017

Our team of delegates for the State Conference consisted of Denis, Michael, Ken, Ivan and Eli.

All arrived before the conference commenced on Friday evening, and attended each session.

It was a busy program, with discussions between branches, presentations of important innovations, a chat with our patron, Liesl Tesch, and a Team Building Session.

We also discussed the new set up for the State Website, and prioritised a list of items to be worked through by our Executive and the branches.

Also included were a couple of very practical sessions about Discover Sailing centres, and our new method of registering boats, trailers, Power Boats and moorings.

It was mainly a very practical weekend, with lots of opportunities to talk about our philosophy and our culture, and time also for some fun and games.

Most delegates stayed in close proximity for the weekend, at the closest caravan park, so there were also lots of opportunities for socialising and discussing convenient ways of doing things.



Team building activity

The photo shows the result of the Team Building session, where our table group had to build a tall building that would stand up using nothing but a roll of very cheap aluminium foil. Our table was not able to manage the task, but a very successful building was built by this table, including Graeme Adam, our publicity Officer, Denis

Critchley, president of Sailability Gosford, and Marg Jensen, President of Sailability Toronto.



Allison, new at the wheel

Heavy breezes on the way 16 September 2017

It was a slow start this morning, as there was heavy cloud and hardly any breeze, so it took some time to get everything rigged. Ken was our Sailing Coordinator, Helen the Registrar, Ray the Time-keeper, John our Power Boat Driver, Observer and Photographer Ivan to start, then new volunteer Maleea took over. Sailors were: Denis, David P, Cathy, Michael, Vince, Helene. Help on the pontoon was supplied by Liam, Ryan, Jannie, Jim, and up on deck by Lyn and Val.

Our very keen group from the community: Ollie, Vanessa, Val, James and Ben started off the sailing in a quiet 4 to 5 knot westerly, which was a joy to sail in.

Rap'n'Rave arrived next, with Danielle, Mark and Jesse arriving early. Danielle hopped straight into a boat with Cathy and stayed out there for the duration, while Jesse chose the Support Boat, and Mark had a shorter sail, as he was feeling the cold.

Jackie, Diane, Tess came from Housing Connection, with helper, Kundel.



New volunteer, Maleea



Jesse from Rap'n'Rave



Cathy and Dannyelle in Vin



Michael from Creativity Inc

Then the last group down, Creativity Inc with Kathryn, Alex, Harry, Ricky, the 2 Michaels and Lachlan arriving in 2 car-loads. What a pity the southerly arrived early with a huge 40 knot gust, that sent everyone flying for home just as this group were all settled into boats and on the water. Of course, the sailors had to get them back to the pontoon, which was an exciting manoeuvre. John in the Support Boat was busy helping the sailors along with advice. Michael gave us a wonderful display of backwards sailing as he battled his way home in the single sail 2.3.

Perhaps the best part of the day was David G up on the deck repairing Alex, which was damaged last time we sailed. When he finished this task, he had a short sail, as he was one of the sailors caught up in the gust, then helped everyone get the boats up on the deck as quickly as possible, packed up and stowed away before damage to any boat occurred.

Another Wonderful Wednesday 20 September 2017

Our team for today:

Sailing Coordinator: Rob, then John

Pontoon Manager: Eli

Registrar: Helen

Life Jackets: Wilma

Support Boat Driver: Warwick

Observer: Ken, Allison, Corey

Time Keeper: Ray

Sailors: Rob, Denis, Ivan, David, Steve, Michael

Photographer: Ken, Saeger

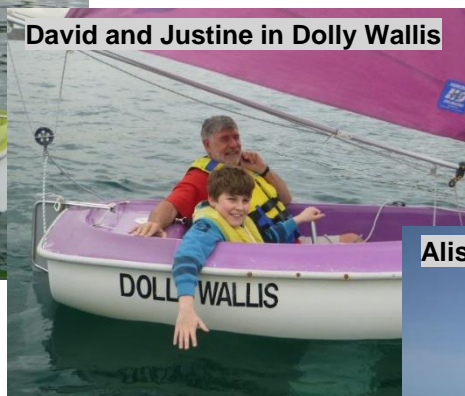
Pontoon helper: Kath

Helping up on deck: Marc

Our sailors came from far and near: Noah, Justin, Kevin from Royal Far West with Craig and Mum of Justin and Kevin, as well as a big sister. Noah was totally confident, but the Nugent family were a little tentative of the water, having come from Griffith. It was lovely to see the way they settled into the relaxation, once they got the idea that they were not going to sink, or even get wet.



Fowzia, Hannah, Kerry, Kirean and Filex came down from Epping and all enjoyed their sailing.



From Arranounbai we had Rachel, Riley, Jessika, Kaelen, William. A lovely senior group from this school, with teacher Rochelle. It was lovely to see Jessika's big smile, after such a long time. Kaelen decided that the Support Boat is the better way to go.

Travis arrived with Dad, Geoff and went for a long relaxing sail.



Last of all, all the way from Ashfield Kris, Lily and Ramash arrived with Michael, Jack, Andrew and Alistair. All had a great time on the water as well as Lily, who has decided that she would like to learn to sail so that she is able to take one of her participants with her at some time in the future.



Rob and Kevin in Vin

We also had Saeger with us today, from UTS, taking photos and videos for the graphics project his class is undertaking for Sailability NSW.

Thanks so much to David G, who has spent lots of time this week, fixing one of the boats which had some damage in the strong winds last week. Also to Warwick and John, who spent some time fixing the netting for Charlie's Chariot to stop the birds from nesting inside during the time we are not using her on the water.

A great Monday sail 25 September 2017



John G and Nadoup in Vin

This morning we had perfect sailing conditions for our Hansa's early in the morning, up until around 11.15 a.m. when a strong south westerly came through, making the conditions difficult, and whipping up waves that were breaking into the boats.

Nasay, Nadoup and Khadup, new residents from Tibet, have been

learning English from Ken. He brought them down this morning to learn some sailing language, and to help with rigging and packing up the boats. All three went out for a sail while we waited for the participants. It was lovely to see the smiles on these faces as they enjoyed the gentle sailing that we experienced early in the day.

Before long, Bart, Alistair, Theresa, Jake, Nikita and Doug came down from SEALS with helpers Harley and Viv, and all had a great time on the water. Jake, Nikita and Alistair are starting to take the controls of the boats, and are aware of the general direction of the wind.



Nikita and Ivan in Alex



Patrick and Michael in Dolly Wallis

Gaynor's group, BIRDS arrived at around 10.30, and by the time we had them life-jacketed up, the wind was already increasing, so not everyone got a turn on the water. Dannielle was first off, solo in Dolly Wallis, and she loved the slightly out of control feeling as she rushed through the waves. Jim and Patrick managed to have a turn on a sailing boat, but we took Brad and Chris on Charlie's Chariot as this was the better option in the rising wind.

Our fabulous team today was:

Ken, Nasay, Nadoup, Khadun, Wilma, Jay, Molook, David G, Denis, John G, Corey, Ivan, John W, Helen, Warwick, Michael, Eli and Peter.



Doug and Peter in Alex



Patrick, Chris and Eli in Charlie's Chariot

A Surprising Saturday 30 September 2017



Surprising in so many ways. First of all because the day dawned with barely a breath of wind, after a forecast of strong winds from early morning. This made the decision to sail a difficult one, but we decided to go ahead, and then abandon in case the expected wind arrived.

Our beautiful team of Indiana, Denis, Wilma, Ray, John, Ivan, Lyn, Caroline, Jim, Ros, Helen, Mal, David, Liam and Ryan put 4 boats out on deck and started rigging, and John went over to pick up Charlie's Chariot from the mooring, when we were suddenly hit with a surprisingly strong gust, which made us think twice. Then, we continued to rig under an onslaught of increasing gusts, until everyone stopped to think. Surprising, that. Suddenly, we were all on the same wavelength. If the forecast was for 20 knots of south westerly, and we

were already getting gusts of 14 knots at 9.00 a.m., it did not seem feasible to take our little boats out sailing for pleasure. Nothing pleasurable in that.

So, surprisingly, we decided to cancel sailing. But wait, our participants were starting to turn up. Ben and James thought a ride on Charlie's Chariot might be good, and it was. Ollie and Judy were next, and they absolutely loved the experience. While John and Indiana were taking people for a brisk ride across the choppy water, the rest of the crew were busy putting the sailing boats away. Bart, Elyce, Heidi, were next to go, then Daniel, Thomas and Zoe. Paul took a ride, then Sid and Rajni



had their turn. All the boats were away by then, and several of the crew had a surprising early mark.

So, surprisingly, it turned out to be a good enjoyable day for all.



Thank you so much to our sponsors:

• Patron: Jean Hay, Mayor of Manly
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Manly Council \$1,250 Charlie's Chariot Maintenance.
• Warringah Mall Community Club \$500
• Balgowlah Masonic Lodge: Donation \$3,000
• Bendigo Bank: PFD's, part of the Defibrillator.
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• David Webb Donation of \$1,000 towards much needed equipment.
• Lynette Gould Painting for Raffle brought in \$2,000

The Committee of Sailability Manly 2017-2018

President: Rob Southam	NSW rep: Denis Linney, Eli Demeny
Secretary: Eli Demeny	Minutes Secretary: Rob Southam
Vice President: David Webb	Race Organiser: Denis Linney, Ken Boyes
Treasurer: Patrick Alexander	Committee Members: Ken Boyes Ray Rampton Col Gregan Warwick McKenzie David Webb
Membership: Helen Hendry	
Webmaster: Alan Bimson	
MYC rep: Jackie Morgan	
Maintenance: David Webb, David Goldner, Denis Linney	

About Manly Sailability

Venue: Manly Yacht Club, East Esplanade (end of Wood St) downstairs dockside

Visitors are always welcome to try us out for \$5.

Annual membership is \$30 and includes unlimited sailing for. Please call **Eli (ph. 9976 2747)** a day ahead to ensure you get a sail.

Sailing starts from 9.30 am.

Parking: We have parking permits for your car, if you don't already have a disability parking permit,

Extras to bring: All sailors and volunteers must bring a hat that stays on. We supply cool water, sun-screen and life-jackets.

Volunteers: Please be at the **Manly Yacht Club pontoon by 8.30am. We finish at approx 1.00 pm** If your name appears on the roster, and **you are not available**, please let the Sailing Coordinator of the day know. If you're not rostered on, please turn up anyway – we'd love to see you.

We don't sail if the wind is over 12 knots or if it is heavy rain. Call 9976 2747 to check that sailing is on.