

# Signals from Sailability Manly

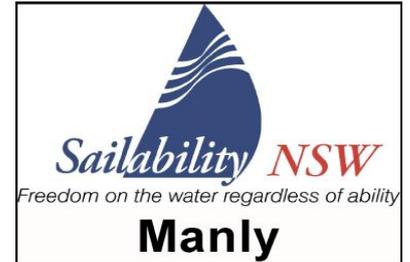
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[www.manlysailability.com.au](http://www.manlysailability.com.au)

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## Diary Entry-Don't miss this event

Sailability NSW will be turning 20 this year.

To celebrate, there is a 20<sup>th</sup> Birthday Party to be held at Le Montage, in Lilyfield on 28<sup>th</sup> February, 2016. People who wish to attend this historic occasion need to register with Eli now. [eli@manlysailability.com.au](mailto:eli@manlysailability.com.au), 9976 2747

We can only have 10 people from Manly attend. There will be a 3 course meal in a fabulous setting, entertainment and old friends to meet. It is all free, but there will be a \$40.00 holding fully-refundable deposit for each seat required. Get in early to secure your place.

## Sailing Schedule

<u>Day</u>	<u>Date</u>	<u>Booked Groups</u>
Saturday	3 <sup>rd</sup> October	BIRDS Rap'n'Rave, General
Wednesday	7 <sup>th</sup> October	Amaroo, Sunnyfield Fr Forest, Sunshine Pymble, SEALS
Saturday	17 <sup>th</sup> October	Balmoral, Milky Way, Housing Connection, General
Wednesday	21 <sup>st</sup> October	Verne Barnett (SH), RFW, Freshwater IS, CAPS Forestville
Saturday	31 <sup>st</sup> October	BIRDS, General
Wednesday	4 <sup>th</sup> November	RFW, AFFORD, Achieve, DYIM, Freshwater IS
Saturday	14 <sup>th</sup> November	Balmoral, Rap'n'Rave, Housing Connection, General
Wednesday	18 <sup>th</sup> November	Arranounbai, HWNS, Fisher Rd, Freshwater IS
Saturday	28 <sup>th</sup> November	BIRDS, Future Crew, General
Wednesday	2 <sup>nd</sup> December	Truscott St, RFW, Amaroo, Freshwater IS
Saturday	5 <sup>th</sup> December	St Andrews College
Tuesday	8 <sup>th</sup> December	Freshwater IS Regatta and Camp Sababa
Saturday	12 <sup>th</sup> December	Christmas Regatta
New Year's Eve	Thursday, 31 <sup>st</sup> December	Party on the lower deck for whoever wants to come.

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## What We Have Been Up To This Month.

Working Bee, Wednesday, 26<sup>th</sup> August, 2015.

Since our last Working Bee in September, 2014, the boat room has been getting messier and messier, the life-jackets, dirtier and more salt-encrusted, Charlie's Chariot has become known among the sea-gull community as a place to drop their waste, the dinghies needed some minor repairs and some major cleaning, and our sails were also in need of a good clean. So our dedicated Wednesday helpers decided to do something about it under the guidance of Barry.

Alison, John P, Helen, Michael, Eli (team domestic work) got stuck into the boat room and the life-jackets, giving a good clean to the room and scrubbing the life-jackets.

John W, Mal, Barry, Ralph, Rob, Ken, David, Denis (team engineering and outside duties) took the dinghies outside, brought Charlie's Chariot to the pontoon, spread the sails on the deck. Everything got a good scrub and Spring Clean, every rudder got a fitting to hold it down into the rudder box when fitted, all of the sea-gull poo was washed away.

Then the fun started with putting everything away neatly in the newly cleaned boat room, and then a birthday morning tea in honour of Ken finished the morning. Luckily, the incessant showers stopped in the early afternoon allowing the lifejackets and sails to dry before being put back into their spot in the boat-room.

Thanks to this wonderful group for turning up when there was no-one to go for a sail, it will all be a lot more pleasant for everyone.



### News From Cathy Lorho

Cathy sailed with Sailability Manly as a Volunteer in 2014. Towards the end of the year she left us to prepare for her Clipper Race Around the World. During this preparation time, she raised money for Sailability Manly. The following is her latest news, and a link to the Clipper around the World Website.

It's time to say Fair Winds, it's no more a dream or a project, it's around the corner!  
I am leaving on Friday 31st July will only be back mid-January ( except in Sydney around the 20 Dec for Xmas)  
I promised that I was going to give you some links to be able to follow me.

I am doing 4 legs:  
LONDON- RIO DE JANEIRO- CAPE TOWN (SA) - ALBANY (WESTERN AUSTRALIA) - SYDNEY - HOBART - AIRLIE BEACH (AUSTRALIA)

First in terms of the calendar: you can follow this link  
[Clipper Events](#)

# Signals from Sailability Manly

## Training Day, 5.9.2015

It's great to get people trained up at the beginning of each season so that the volunteers who have started with us during the year know exactly what to do and why for the coming season. A fabulous group arrived for our training session today, with lots of preparation having gone on behind the scenes to get everything right. David had prepared a plan for the boat room so that you can see at a glance where everything has to go, and the order of putting things away to make things easier for next time.

It is automatic that everyone signs on as they arrive, and so it was quick and efficient to get in to this morning's program.

We divided our learners into 4 groups to practise getting a boat down from the racks, using safe procedures so that there are no back injuries. Once the boats are out, gear is taken for each boat and each person sets out to cooperate to get the boats rigged and down to the pontoon. Here, rudders are added, the boat is launched into the water, than the keel is slotted in, and a person with a disability lowered into the boats. Thanks, Warwick and Caroline for volunteering for these experiences.

After this exercise, all the boats were taken back up the ramp and dismantled. They were put back in the boat room in the correct order, and all of the rest of the gear packed away.

Then it was time for a cuppa upstairs, while the meeting room was set up as a classroom. Jackie talked about the committee while Alan tried to set up the computer to the screen, to no avail, as the fittings did not fit his little tablet. Of course this did not become an issue, as we were able to learn about the manuals and policies without actually looking at them, and everyone now knows where to find them on the web-site. Not having a screen to look at also gave us the opportunity to talk about the different tasks that need to be undertaken every sailing day.

We then had quite a long session on Disability Awareness, with a wonderful speech from Alan requesting understanding without condescension, and an empathy about his reliance on his walking frame always being available.

While this was happening, Helen, Caroline and Juliette were busy making lunch. Before we could have lunch, everyone was fitted with a name badge, and signed the Child Protection Code of Conduct. Then a great lunch and socialising before the day was completed.

Thank you so much to team leaders David W, David G, Denis, John W and Eli, Jackie and Alan, and to our new fully fledged volunteers: Warwick, Caroline, Barry, Ivan, Vince, Juliette, Lyn, Malcolm, John P, Natalie, Alison, Amaru, Col, Michael and Helen.



## Sailing Report, Wednesday, 9.9.15

We were so lucky with the weather this morning. Even though it is early in Spring, the weather is very mild, and the cool southerly breeze is just perfect for sailing with our participants this morning.

Our early birds arrive quite promptly, so that by 9.00 a.m., we have 5 303's on the water, and Charlies Chariot has been picked up.

The training we carried out last Saturday has been extremely useful, so that each person as they arrived was confident of rigging a boat, or helping with the final touches. The crew who went down to the pontoon dropped them all in, adding rudders and keels, then up on deck for a final briefing before the new volunteers were taken for a sail while waiting for our first group of participants; Eddie, James, Laragh, Kyle, Jasper and Dylan with helpers Maria, Monika, Amy and Nanako from Fisher Rd.

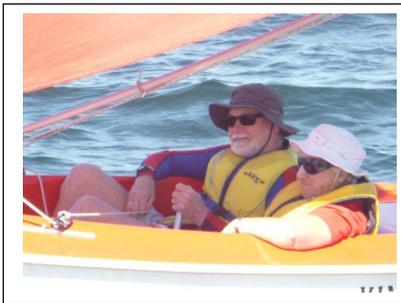


## Signals from Sailability Manly

They really had a lovely long sail, as the next group were a little later than expected. Jackson Alastair, Joshua and Alessandro were fitted into boats and went for a sail. Santosa, Wu and Disha, their carers, watched from the side. After driving all the way from Ashfield, it was no wonder they needed a little rest and respite while their charges were on the water, and all behaved charmingly.

Elias, Millie, Peter and Brodie arrived next with Aran and Mitch from French's Forest and St Ives. Because of the high calibre of our volunteers, we were able to pack everything away efficiently and finish the morning a little early. A real drem of a day. Thank you so much to the volunteers today: Sailing Coordinator; Brian, Pontoon Manager; Malcolm, Power Boat Driver; John W, observer; Corey, Photographer; John P, Time Keeper; Ray, Registrar; Helen, Sailors; Ivan, John G, Denis, David, Col. Other helpers were Allison, Warwick, Marc, a shortened crew who worked so efficiently we did not realise how short-handed we were.

A sad note to end on today. Corey, who has been with us at Sailability Manly for many years as Observer, spare Power Boat License holder, radio operator, constant helper and Volunteer of the Year, 2015 is leaving us for greener pastures. Good luck, Corey, we wish you success wherever you turn up next.



### Volunteering NSW Presentation of Awards for the Northern Sydney Region. 10.9.15.

Ralph Newman was nominated for the Volunteering NSW Seniors Award and was invited to the Presentation Ceremony at Northbridge Golf Club on 10<sup>th</sup> September. He was very proudly handed his award by the Mayor of Northbridge Council. Also at the Presentation Ceremony was Alan Jones, from Sailability Crystal Bay, who nominated his Volunteers of the Years team of 70 people since 1996.



### Saturday, 12<sup>th</sup> September, 2015 Cavalcade of Fashion, Mosman Kirk.

Thanks to all the people who attended this interesting event. Sailability Manly raised \$400.00 simply by being entertained, along with many people from the community at this event.

### Sailing Report, Saturday, 19<sup>th</sup> September, 2015.

After a very stormy evening this morning turned into a very beautiful day for sailing. The message on the machine stated that it was fine at Manly, but unfortunately many of our regular participants were turned off by the rain in their particular area and so missed out on a perfect sailing day. This did not dampen the enthusiasm down at Manly, as each of our local participants got an extremely long sail, and each of our volunteers who wanted had a lesson, or some sailing practice, standing us all in good stead for next time.

# Signals from Sailability Manly

Helpers this morning were: Sailing Coordinator: Ray; Support Boat Driver; Ralph then Barry; Power Boat License student; Juliette; Boat Operations Manager; Mal; Time Keeper; Lynn; Observer; Nic. Our Pontoon Manager was Barry, then Tony, sailors Denis, Mal, Jack, David, Ivan and Peter. Volunteers helping in various roles were Amaru, Helen, Lauren, Faye, Natalie.

Our participants who did arrive had a wonderful time: Megan, Jon, Craig, Matthew, Analise, Kerry. Thanks you so much for coming and making the day worthwhile for us.



Faye and Lauren, new volunteers.  
Dinghies out on Manly Cove.



## *An Update on Dates For December, 2015.*

There have been a few changes in our busy timetable for December, 2015.

The first Wednesday of the month, 2<sup>nd</sup> December is as on the original timetable, with groups booked from Royal Far West, Truscott St, Amaroo and Freshwater IS.

On Saturday 5<sup>th</sup> December, we have our wonderful sailors from St Andrews College bringing their participants.

On **Tuesday, 8<sup>th</sup> December**, please note the day...hopefully our Wednesday helpers will agree to come on the Tuesday instead of the Wednesday, we are going to start the morning with a Regatta for our Freshwater IS team, and in the afternoon, our group from Camp Sababa will arrive for their once a year sail.

Then on Saturday, 12<sup>th</sup> December we have our Christmas Regatta.

## **We thank all of our sponsors for their generous support.**

• Patron: Jean Hay, Mayor of Manly
• Hugh Treharne: Donation \$2,500.00
• Manly Yacht Club
• Manly Council
• Bunnings Warringah Mall: New picnic table and Umbrella Stand
• Balgowlah Masonic Lodge: Donation \$3,000.00
• Bendigo Bank: Gazebo, brochures, shirts.
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• JayCar Electronics: Power Supply for Radio
• Jason Kozub's New Zealand Marathon brought in more than \$1,250.00

## **The Committee of Sailability Manly.**

President: Barry Newell	Minutes Secretary: Rob Southam
Secretary: Eli Demeny	Race Organiser: Caroline Holdstock
Treasurer: Patrick Alexander	Committee Members: David Grinston
Membership: Helen Hendry	Ray Rampton
Maintenance: Barry Newell+committee	Ralph Newman
MYC rep: Jackie Morgan	Nancy Newman
NSW rep: Denis Linney	Vice President: David Webb
Volunteer Coordinator: Eli Demeny	Webmaster: Alan Bimson