



Signals *from Sailability*

Manly

October 2020 Edition 175

www.manlysailability.com.au

Edited by Jennie Fogarty. Please send articles to eli@manlysailability.com.au

Web content to Alan Bimson: webmaster@manlysailability.com.au

We are open for business! ... with a Covid-19 protocol in place.



Sailing dates for the Diary

Saturday	7th November
Wednesday	11th November
Saturday	21st November
Wednesday	25th November
Monday	30th November
Saturday	5th December
Wednesday	9th December
Saturday	19th December

Wednesday	6 January
Saturday	16 January
Wednesday	20 January
Tuesday	26 January
Wednesday	3 February
Saturday	13 February
Wednesday	17 February
Monday	22 February
Saturday	27 February

Covid -19 Protocol

We are very pleased to be getting back to sailing with all our groups and individuals invited. We have developed a protocol that has been approved by Sailability NSW which meets the requirements of the NSW governments

NSW Public Health Orders (No. 5) now allows those engaged in community sport (competition and training) to be within the 1.5 metre social distancing.

All of our sailing activities are either training or racing;

At sign-in, recording each individual's temperatures is required.

BBQ and Canteens are still limited to 20 people inside and outside.

All Hansa 303's or 2.3's are permitted to be sailed single or double handed.

By signing the COVID Compliance sheet, Individuals who intend to sail 2-up are agreeing that they are willing to sail with another.

When sailing 2-up, each individual sailor must wear a mask. Volunteers and sailors must change masks and sanitise themselves and equipment at crew changes.

An email has been sent to all groups and individuals. Please take note special note that all participants must wear a mask.

A new position

The structure of managing bookings has been adjusted to share load amongst the team. Jennie Fogarty is now liaising groups. Jennie's contact details: jenniefogarty@optusnet.com.au.

*Another great day of teamwork
Saturday 10 October 2020*

Today was a great day for more sailors and Charlie's Chariot Driving Training for our keen volunteers. We started with our usual 10 volunteers, and as boats were rigged, Charlie's Chariot picked up from the mooring, and left the pontoon, more people arrived to rig more boats, so that we ended up with 20 people all together, but never at MYC for more than 10 at a time.



Covid-19 systems in place



David in Vin

Jennie was in charge of the day, with Ken our Covid-19 supervisor, and radio operator, Nola helping on the deck with different

volunteers as the day progressed. John brought his nephew, Matt, down for some more sailor training, and we had Devin, Peter the same time. and Heather on the water solo, learning more sailor skills.

It was good to see Sasha with us again, after many months of clashing shifts, as well as Jim, Warwick, Ragnild, Denis,



Ragnild in in Dolly Wallis



David in Dolly Wallis

Wilma, helping people into lifejackets and ensuring disinfecting them as each was removed and hung to dry in the beautiful sunshine. Ivan and Eli went for a short sail together.

Helen was the registrar, Lyn her assistant. Michael went for a practise sail and came back with some ideas for making the boats go faster.

New volunteer Matt was sent out for a closely supervised solo sailor test. We now have another trained sailor for when our participants are allowed to return. By the time it was time to finish, the first 10 helpers had sailed and left, so there was a remainder of 10 people left to put everything away neatly.

Switching on the Sea-Bin, 14 October 2020



Ted in Dolly Wallis

A special morning was planned today, as this was the day that Manly's Sea Bin was finally going to be switched on. After many months of planning, installing Solar Panels on the roof of MYC, organising the installation of the Sea-bin, inviting people to the opening, and finally all is ready.

It was a regular sailing day for Sailability so we decided that this was special enough for us to continue our Sailing Day, as usual in these Covid-19 times, with our one-up training for our volunteers, but break in the middle to watch the Sea-Bin being installed, and switched on by a very switched on politician, Zali Steggall.

Our team consisted of Brian, Ken, Denis, Heather, John W, Eli, John P., Jim, Corey, Ivan, Peter, Ted, Michael, Helen, Kel and Jennie. 5 boats were rigged and sent out with strict instructions to approach the pontoon at 10.30,

when the switching on ceremony was to take place.

All worked perfectly, Kel had a perfect solo practise, Heather was tailed by Peter giving her sailing advice in the perfect southerly breeze, Ken was handling the camera, Denis gave a great hand with rigging information, John, then Jim drove Charlie's Chariot, Ivan needed to be taken home because the excitement became too much for him to handle. Thanks, Jennie for the lift, Corey handled the radio, Helen the registration and Covid Sign on sheets, and all others had a pleasant sail.

Pete explained what the Seabin is all about...a vacuum cleaner for the water. Ours is the 23rd one in Sydney Harbour, and the 900th one for the Globe. Hopefully, the world's oceans will give up the scourge plastic to be recycled into useful objects and allow the water to retain the fish populations.

After the wonderful switch went on faultlessly, the boats were brought up the ramp, de-rigged and put away with a minimum of fuss.



Zali Steggall opening the SEABIN

*The Helly Hansen Women's Challenge.
Monday 24 October 2020*



1st Place, Catherine and Savannah

An excited group of ladies arrived at Manly Yacht Club early in the morning of 24th October, 2020. Excited because finally the MYC Women's Challenge was here. Finally, because after months of coping with Covid-19 Challenges, the highly anticipated Regatta was going to take place. The weather forecast was not the best, and some ladies had pulled out earlier in the week because of this, but we managed to get 6 crews prepared to take the risk of high winds in favour of the excitement of their very own regatta.

Jennie did not know whom she was to expect as crew until just about the last moment. In the end, it was Carol who was going to be able to sail with her. They were in Woody. Sarah and

Margaret were in Ralph Newman, Ragnhild and Janette in Alex, Catherine and niece, Savannah in Black Swan.

Race Officer of the day was Steve, accompanied by the lovely Pam, and on Charlie's Chariot, the Support Crew was Skipper, Kerrie, with John W and Devin as the muscle for placing the buoys, and Margaret the photographer. John S also went along to make sure everything was proper.

Our land crew to make everything run smoothly compiled Ken on radio, Denis, on rigging and de-rigging later, Helen looking after Covid-19 essentials, and Michael of the height and muscles to do the higher, heavier lifting.



2nd Place Ragnhild and Janette

While this was going on, the wonderful organisational skills of Bruce saw several other groups rigging and setting up boats for other activities that were going on at MYC at the same time.

Out on the water, meanwhile, the race crew were setting up for the race, at the same time keeping a weather eye out. A triangle with loop course was set up, and the race start commenced at 10.20. Black Swan just galloped away at the start, and never looked back. Alex came in second a couple of minutes later, then Ralph Newman, Eli D, Vin and Woody in fairly quick succession.



3rd Place Nicole and Heather

The second race started at 11.10, and the results were totally different: This time Black Swan came in first, Eli D close behind,

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In the first race, the difference in time between 1st and 6th was just over 7 minutes. In the second race...a great improvement for all boats, the difference between 1st and 6th was only 4 minutes, keeping our Race Officers busy.

At the end of the racing, our tired and very happy crews pulled out the boats, de-rigged and sanitised, and placed all the gear back in the boat room.

Ecstatic place-getting crews were:

First, Catherine and Savannah in Black Swan.

Second, Ragnhild and Janette in Alex.

Third, Lyn and Heather in Eli D.

The others won in enthusiasm and learning and all had a great morning on the water.

First Aid Courses for Northern Met. Region, 2020

Timeline: 2020

February, Applications published.

March, Application for 20 First Aid Courses completed and submitted.
Covid-19 lockdown in NSW.

June: Application accepted, and funding received. Grant notified to Manly, Pittwater, Middle Harbour, Rushcutters Bay Branches of Sailability NSW open to application.

July: Successful participants advised, First Aid Plus notified, training papers received and distributed. Students worked on papers and completed the written section of the course by 2nd August.



August: First attempt to meet at MYC to complete course was postponed due to Covid-19 Restrictions. Papers were handed in for marking, and 4 scenarios distributed to be filled in by students.

Attempts made to arrange Practical Section of First Aid Plus course later in 2020.

October: Finally, Practical section of First Aid Plus course planned in 2 sessions: 11th and 25th October, limit 10 people for each course. These courses were successfully carried out with all students who attended successful. Unfortunately, due to the lengthy drawn out nature of the course 2 students were unable to finish for various reasons, so that we ended up with 18 successful course attendees.

The end result is: Manly 11 newly trained First Aiders

- Pittwater: 5 newly trained First Aiders.
- Crystal Bay: 2 newly trained First Aiders.

Congratulations to all of these determined students and a HUGE THANK YOU to our teachers: Maz and Gary Troop from First Aid Plus, who worked very conscientiously through all of the course work in spite of the broken up and unusual nature of this course, which we will all remember as completed in the Year of Covid.

28.10.20 Informal Regatta Wednesday 28 October

This morning we decided to hold an informal regatta with whoever turned up for sailing.

Quickly, we set up Woody, Black Swan, Newman, Vin and Dolly Wallis, and into skippers and crews.

Warwick and Ken went out to Charlies and set out across the bay to lay one so that we could use the other fixed Manly Cove for a triangle course. Denis meeting and racing instructions with the set off across the water.

Denis and Ivan in Woody, Peter W and Black Swan, Brian and Ben in Eli D, Michael in Ralph Newman, John and Sasha and Heather in Dolly Wallis.

Two wonderful races were held in conditions taking in almost the length Manly Cove in the brisk southerly had sprung up. Warwick was the Race Charlie's Chariot, Ken the

Corey kept his position as radio person Helen minded the shop with cups of the visitors in case we had any, as well Registrar, and Covid-19 officer.

The results of the race were the best thing of all.... overall winners tied for

1st Place, a 3-way tie: Woody, Ralph Newman and Vin.

2nd Place Dolly Wallis.

3rd place; Black Swan and Eli D.

The photos show how close those first 3 boats were over the line each time, and how close the other 2 were battling for their place. All participants agreed that it was the best fun we had had since Covid 19 struck in March, and that we all increased our sailing skills, and confidence in the boats.



informal regatta with

Eli D, Ralph arranged ourselves

Chariot, fuelled up, buoy for the course, navigation buoys in gave a race-start various crews, and all



Peter B in Jennie and Eli in Vin,

perfect and breadth of breeze that Officer in photographer.

on shore, and coffee/tea for as being



At the end of the race, we all raced for the pontoon, as black clouds were emerging, and fat raindrops were falling. It was the quickest, most efficient sanitising and putting away operation ever, all completed in time for the real storm to hit.

The Committee of Sailability Manly 2020 -

2021

Volunteer Coordinator: Eli Demeny, Warwick Mackenzie	Maintenance: David Webb, David Goldner and Denis Linney
Volunteer Roster: Warwick McKenzie	Systems coordinator: Ken Boyes
Race Organiser: Denis Linney and Ken Boyes	Social Committee: Jackie Morgan, Ragnhild Purcell
	SNSW rep: Eli Demeny
Sailing Groups coordinator: Jennie Fogarty	Signals editor: Jennie Fogarty
Committee Members: Warwick Mackenzie, Jackie Morgan, David Webb, Ragnhild Purcell, Denis Linney, Eli Demeny, Ken Boyes, Alan Bimson	Systems coordinator (including Covid 19 Officer): Ken Boyes

Thank you so much to our sponsors:

• David Webb \$1000 for radio and extra bits and pieces
• Betty and Peter Baines \$1000 for membership subsidies and Volunteer Recognition Evening
• Patron: Michael Regan, Mayor of Northern Beaches Council
• Hansa Sailing Systems \$5000 for seven new sail suits for Invictus Games, and then donated to Manly Sailability
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Lion's Club of Manly, \$2,000 towards maintenance of Charlie's Chariot
• Warringah Mall Community Club \$500
• Balgowlah Masonic Lodge: Donation \$3,000
• Bendigo Bank: New Marquee \$1533.40
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• Lynette Gould Ruffled Painting bought Stabilo Equipment