



Signals *from*

Sailability Manly

October 2018 Edition 155

www.manlysailability.com.au

Edited by Jennie Fogarty. Please send articles to eli@manlysailability.com.au

Web content to Alan Bimson: webmaster@manlysailability.com.au

Sailing Schedule for November to January

Day	Date	Groups
Saturday	3 November	Balmoral, Rap'n'Rave, Housing Connection, Sargood, Cooyong, Creativity Inc, Tramway.
Wednesday	7 November	DYIM, Choose and Connect, Unisson St Ives, AFFORD
Saturday	17 November	Camp Lionheart
Wednesday	21 November	RFW, Arranounbai, Fisher Rd, Achieve, Unisson Pymble, Verne Barnett
Monday	26 November	JARBEL, Freshwater, BIRDS
Saturday	1 December	Family Day, Creativity Inc, Rap'n'Rave, Flourish.
Wednesday	5 December	RFW, Truscott St
Saturday	15 December	Regatta
Monday	31 Dec	New Year's Eve Fireworks from Pontoon.
Saturday	5 January	Booked Groups
Wednesday	9 January	Booked Groups
Saturday	19 January	Booked Groups
Wednesday	23 January	Booked Groups
Saturday	26 January	Booked Groups

Family Day Saturday 1st December

Saturday 1st December is a special day on our calendar because we invite families of our volunteers as well as some of our groups to attend Sailability to see what we do, and to take part in our activities. All of our visitors become Temporary Members for the day, and have a special Christmassy lunch. We have also invited some of our Special Groups to take part, and their families are also welcome. Included in these, is a special group called Flourish, and they may become regular sailors in the future. Please book for this special sailing day ASAP by calling Eli on 9976 2747, or eli@manlysailability.com.au.

Regatta Saturday 15th December

The last Sailing Saturday of 2018 is a Regatta. If you would like to take part in this, please contact Denis at 9939 3320 or Ken at krboyes@optusnet.co.au immediately. Places are running out fast.

FREE MOVIE NIGHT FOR VOLUNTEERS

As part of International Volunteer Day 2018 celebrations Community Connect Northern Beaches is organising a free movie night for volunteers. Please bring along your partner or a friend.

We would like to say a big **Thank You** for your commitment and selflessness in giving back to the community!



It will be a fun filled night with friends and family and fellow volunteers from different community organisations in the Northern Beaches.

Bohemian Rhapsody is a foot-stomping celebration of Queen, their music and their extraordinary lead singer Freddie Mercury. Freddie defied stereotypes and shattered convention to become one of the most beloved entertainers on the planet. The film traces the meteoric rise of the band through their iconic songs and revolutionary sound.

Date: Thursday 8 November

Time: 7:00 pm

Venue: Unite Cinemas Warriewood – Grand Theatre

RSVP Eli Demeny, ph 9976 2747 or eli@manlysailability.com.au before 4 November

New Year's Eve Fireworks.

As usual, our pontoon and deck will be available for our members to come down to Manly to celebrate the New Year and watch the 9.00 p.m. Fireworks. Everyone who can make it down there is welcome, and it is great fun for our more needy people to sit down on the pontoon for a late picnic.

Wonderful Wednesday 3rd October 2018

This morning the children from Vacation Care for Guide Dogs, NSW and ACT came over to Manly by ferry with helpers Sarah and Darren and a cohort of carers. The amazing thing the Sailability helpers noticed was that the children managed to stay close to each other by constantly chatting to each other, and having the most wonderful time doing activities that were totally strange to them....riding on the ferry, walking from unknown place to unknown place, managing steps and stairs with their sticks, negotiating the floating pontoon - all with a sunny smile. The incredible delight they took in sailing was a wonder. No-one had a problem embarking or disembarking, and some even managed to have a turn on Charlie's Chariot and went zooming across the smooth water.

What an amazing bunch! Some even more amazing than others. You tackled the travel training of catching two trains with a platform change in the middle, a long ferry ride with some bumps going across the heads, a walk from the ferry to the boat shed, a sail in Manly Cove. Then lunch, the long

walk back to the bus-stop, a one hour bus-ride back to Chatswood, then a walk back to Guide Dogs.



Children from Blind Dogs vacation care enjoying the adventure on the water.

You must have been exhausted by the end of the day.

Carers Claire, Sarah, Nicole, Nicola, Darren and Carolyn were a huge help for making the day run smoothly. Several of the children have expressed an interest in taking part in more sailing and will probably contact their closest Sailability so that this can happen. In particular, Leah showed a natural flair for sailing as she took the helm, felt the breeze in her face and took off across the cove, totally managing the steering as her skipper took charge of the sails and described where to go. Star of the day was Ruby, who was extremely tentative getting into the boat and finding a comfortable position to sit, then, once this was achieved totally enjoying the experience. She stood up at the end of the day and thanked the Sailability Volunteers on behalf of herself and the rest of the group. We were very proud to hear this thanks, as we are the ones who are grateful.

All of the Sailability Volunteers were honoured to be part of the group that experienced this today: Corey, Denis, Ivan, Jennie, John, Eli, Steve, Brian, Helen, Ken, Malcolm, Peter, Tara, David, Michael, David G and Sailing Coordinator, David W.

Busy Wednesday 10th October 2018



Our small team gathered at MYC to complete several jobs:

1. remove all advertising from all 303's
2. check rigging on the boats.
3. practice towing as many boats as possible in preparation for the run over to RANSA next Saturday.
4. wash the boats in readiness for the Invictus Games stickers to be placed on them on Friday.
4. take any sailing participants who attended for a sail.

The weather was not with us today. We managed the first 3 tasks, and to bend a jib-mast in the process.

By the time the first sailing participants arrived, the rain was falling steadily, and the wind had started to rise. We dressed the first group, Rebecca, Ben, Vanessa, Emily, Jocelyn, Adonis and Luke in warm, waterproof clothing and organised sailors to take them for a quick spin, but it was not to be. By the time they got out there, the wind had really started to blow, and the rain became torrential. So we called them all back in, and started the packing away process. On the way over, Michael was hit by a gust and managed to lose his boom out of the holder, so needed to be towed back, and at the same time, Jim was hit by a similar gust, and decided to beach Dolly Wallis, rather than attempt to cross the ferry line. He left Dolly Wallis where she was left on the sand to be picked up later, and brought his participant, Vanessa, back to the club-house. Needless to say, sailing was abandoned so the second group had to miss out on a sail today.



By the time David, Warwick and Eli trudged across to the beach to pick up the beached boat, all other boats had been put away by our inestimably efficient team. Dolly Wallis needed to be emptied of sand and water in the gale which was blowing by then, so it was a late end to an extraordinarily hectic day.

Our fabulous team for today was: Malcolm, Wilma, Warwick, Eli, Kevin, Corey, John, Ken, Heather, David, Reginald, Michael, Denis.



Jocelyn and helper Fiona in Charlies Chariot



John and Luke in Alex

The

*Saga of Invictus Games in Sydney.
Friday, 12th Monday,
22nd October.*



Our story starts mid-September, when Manly Sailability offered our 7 Hansa 303's to the Invictus Games organisation so that all Hansas in the competition would be identical in rigging, and it would be easy to transport them across the harbour, rather than be trailered across to the Eastern

Suburbs by road. The number of boats required kept wavering between 4 and 8, so we arranged to borrow an extra one from Middle Harbour, so that all would work well whatever the final number. It took a while, because sails had to be ordered and fitted with Invictus Insignia, sails marked with the country of the competing sailors, and hulls cleaned of any advertising material. We also had to check that all blocks were the same size, all ropes correctly aligned, and each boat had the correct additions, such as bailers, joy sticks, etc.

The fun started when we were notified that 2 boats would be needed at RANSA from 13th October for practise by the Aussie Team. This meant that everything had to be completed by 12th October. Accordingly, at the working bee on 12th October, sails were changed, hulls washed and cleaned, ropes and appliances checked, and James Griffin was present for photos of the readied boats.

On Saturday 12th October, Black Swan and Eli D were towed across the harbour, and reports sent back on the astonishing progress made by the two Aussie Sailors, Bear and Pete in the following week. Included in this was a scary photo of David (Bear) sailing in conditions of wind and rain that were far worse than we would have allowed for sailing at Manly. On the Thursday, 18th October, we towed the other four boats that were needed across to RANSA with the rest of the gear. It was amazing how many people spotted the boats practising in Farm Cove from the ferry, and sent me photos and reports of sightings.



Sunday 21st October dawned extremely bleak, so it was not a problem to see that there were not many people waiting in Farm Cove for the racing to start. There were a few people from local Sailing Clubs, and it was good to chat with them as we waited for the regatta to begin. However, at around 11.00 a.m. the sun came out, the wind dropped to a very pleasant southerly about

10 knots, and quite a large fleet of spectator boats drew up at a respectful distance.

The racing of the Hansas was amazing. Just 5 boats, one with 2 people, as the American sailor needed a support person in his boat. Jack Hunt from Penrith Lakes Sailability took this role. The other 4 Hansas made an amazing race: constantly changing leaders, and quite dazzling in the beautiful sunshine, with a complete change of scenery to our usual Manly Cove views. The Harbour Bridge, the wall on the Botanical Gardens, the Opera House, Garden Island and the city of Sydney as the backdrop ... stunning!

We ended up with an extremely hard fought result. The French Sailor, Cyrille Chabon sailing in Woody, (with the Middle Harbour Sail) won by half a point, Eli D with Peter Arbuckle second and Davin Bretherton in Black Swan third.

Monday 22nd October was the date for bringing the boats home. Finn Irvine from Manly Sailing came to help with Robbi R, and Warwick and Jim brought Charlie's Chariot for the tow back home. We also had to bring home lots of gear - carpet pieces, the trolley, a hoist and slings. It took a while to stow it all in the boats and do the tie on of boats to be towed across. We also had a wonderful team to help at the Manly end, to get all of the boats washed and put away in the boat shed.

Huge thanks are due to the Manly Team, who cheerfully gave their time to help with this enormous project. An enormous debt of gratitude to Bob from Pittwater, Alan for the basic organisation, Michael and Tish Leydon from Bateman's Bay, Lyndsay from RANSA and Ron from Sailability

Rushcutters Bay, the official Volunteers and Boat Captains from various other Sailability Branches. Everyone was happy to get involved, and the organisation was team work in action! And Thanks, Harry and Meghan for having the idea and making it all happen.

A Wild and Woolley Wednesday 24th October 2018

Not another cancellation on a Wednesday, it couldn't possibly be too windy again today!! But it was.



The Royal Far West group



Maggie, Ruby and Tiffany



Joe, Willem and Mattieu



Jain and his teacher

We decided to make good use of Charlie's Chariot, seeing that the wind was too strong for a regular sailing day. First of all, Jim had a trial with Jake, but they soon discovered that waves were breaking into the boat, and that it was a very uncomfortable ride. Maggie, Ruby and Tiffany hopped into Charlie's Chariot after being dressed up in protective clothing and had a great time flying over the waves, with the occasional splash over the side. They returned and we took Jake and his mate for their turn.

Arranounbai arrived just as they were finishing, so we decided to continue with the same routine. Jatin, Joe, Zoe, Sarah, Matthieu, Riley, Willem had their turn, absolutely loving the experience, as did the teachers who accompanied them.

We gave the same experiences to Jack and Chelsea from Because We Care, then Rhian, Mahaina, Melvie, Anna, Georgia, Ellen and Adrian from Unisson French's Forest.

Lastly, we took Ross, Rob, Scott, Toby, and Charley from Pymble and Turramurra Unisson Groups.

We didn't need a large crew to manage this event, but were very happy to see John, Helen, Byron, Corey, Ivan, Jim, Denis, Warwick, Brian, John B, Michael, Eli and Helene front up on a very windy day to check the Invictus boats for damage that needs fixing, check the riggings and furling systems, and then meekly put the boats away, beaten by the wind.

Hopefully, things will be better next time we have a Wednesday sail.



Rob and Liz



Scott, Toby and James

Back to normal sailing 29th October 1018

What a great team we had today to ensure that our three Monday groups had a wonderful time on the water.



Our very smart looking new sails

Warwick was the Sailing Coordinator.
Brian the Charlie's Chariot driver.
Jennie the Observer.
Eli the Photographer.
Denis put all of the boats together carefully, noting details of items to be fixed.
Sailors: Ragnhild, John P and John B, Ivan, Jim, Michael and Jennie
Pontoon Manager, Malcolm.
Radio officer and Time-Keeper: Corey
Registrar: Helen
Extra hands on deck and the pontoon: Jackie, Peter
A small team, but ultra efficient to make the day run smoothly.



John B and Alan in Vin

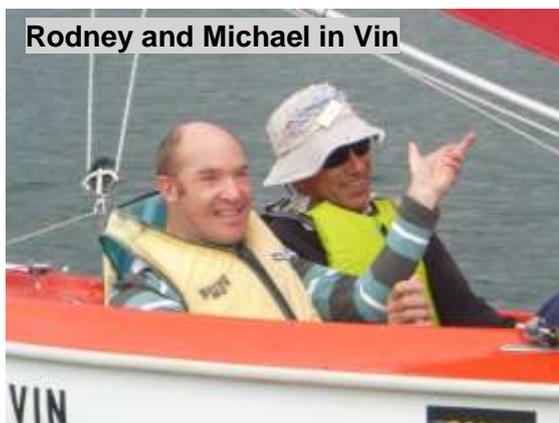
The boats made a beautiful sight as they were rigged in their brand new Invictus Sails and set off across Manly Cove with the students from Freshwater High, Malena, Danny and Emma.

JARBEL from Sunnyfield arrived next, so that Jocelyn took her place in Charlie's Chariot to supervise Adonis, Rodney, Ben, Emily, Luke. It is wonderful that this group is now coming early to fill the gap between

Freshwater and BIRDS.

Our large group from BIRDS arrived with helper Bella, Brad, Stuart, Danielle, Alan, Catherine, Jimmy, Carlo, Patrick, May and Steve all went for a sail, while Carlo sat in Charlie's Chariot and supervised from a height.

Damage caused during the Invictus Games will all be fixed by next week, thanks to excellent work



by Denis, Malcolm, David W and the crew.

We will be welcoming Judith back to Sailability within the next couple of weeks, so will do the run up to Toronto to pick up her servo 2.3 and get it modified back so that she can use it.

We welcome Alan back to sailing now that he is independent in a chair, rather than being forced to drive his car and find parking. Also, welcome back to Byron, who has been away for a while, and now back with us, in his new, slimmer shape.

Thank you so much to our sponsors:

• David Webb \$1000 for radio and extra bits and pieces
• Betty and Peter Baines \$1000 for membership subsidies and Volunteer Recognition Evening
• Patron: Michael Regan, Mayor of Northern Beaches Council
• Hansa Sailing Systems \$5000 for seven new sail suits for Invictus Games, and then donated to Manly Sailability
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Lion's Club of Manly, \$2,000 towards maintenance of Charlie's Chariot
• Warringah Mall Community Club \$500
• Balgowlah Masonic Lodge: Donation \$3,000
• Bendigo Bank: New Marquee \$1533.40
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• Lynette Gould Ruffled Painting bought Stabilo Equipment

The Committee of Sailability Manly 2017 -2018

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