

# Signals from Sailability Manly

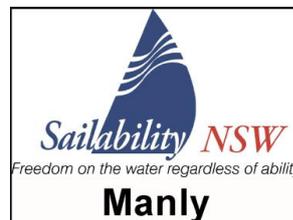
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[www.manlysailability.com.au](http://www.manlysailability.com.au)

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Freshwater High.



## **Diary Items for the rest of 2016.**

**Committee Meeting: Monday, 14<sup>th</sup> November.**

**Planning Meeting, 6.30 p.m. MYC Meeting Room.**

**Special day for BIRDS and Freshwater High,**

**Monday, 28<sup>th</sup> November.**

**Saturday, 10<sup>th</sup> December, St Andrew's College Camp.**

**Tuesday, 3<sup>rd</sup> December, Camp Sababa.**

**Saturday 17<sup>th</sup> December, Regatta. Please email Caroline to register your interest. ([caroline.holdstock@gmail.com](mailto:caroline.holdstock@gmail.com))**

**New Year's Eve Fireworks from our pontoon. Saturday, 31<sup>st</sup> December. 8.00 p.m. for 9.00 p.m. fireworks.**

### Sailing Schedule

<u>Day</u>	<u>Date</u>	<u>Booked Groups</u>
Saturday	5.11.16	Freshtracks, Future Crew, General.
Wednesday	9.11.16	RFW, Freshwater High, Pymble CS, Fisher Rd, HWNS, Waitara Wonders, General
Saturday	19.11.16	Balmoral, Rap'n'Rave, Milky Way, General.
Wednesday	23.11.16	Freshwater, DYIM, Achieve, SEALS, Waitara Wonders, General
Monday	28.11.16	BIRDS, Freshwater High (Regatta)
Saturday	3.12.16	Housing Connection, Freshtracks, Rap'n'Rave, General
Wednesday	7.12.16	Truscott St, RFW, HWNS, General
Saturday	10.12.16	St Andrew's Camp.
Tuesday	13.12.16	Camp Sababa
Saturday	17.12.16	End of 2016 Regatta.

### A New Sponsor for Signals.

Donna White and Total Physiotherapy will be sponsoring Signals for the next 12 months. The Team at Total Physiotherapy were the Physiotherapy Team for sailing at the Rio Olympics, and were very thrilled to meet the Paralympic Sailing Team, so they decided to donate one day's takings when they arrived home with their haul of medals. We were the lucky branch that scored enough money to sponsor Signals for this year. Please visit them to say hello at 295 Condamine St, Manly Vale, or for any special treatment you may need after a hard day at Sailability.

# Signals from Sailability Manly

## What we were up to in October.

### 8.10.16 Working Bee.

We were forced to cancel our regular sailing day because of the gale force winds, which were not only forecast, but were actually happening on the water while a small group of us went into our relatively sheltered area to complete some of the tasks that have been mounting up over a number of months.

We formed 2 teams.... The cleaning team of Marcos, Helen and Eli who washed and mended lifejackets, pillows, etc, and checked for damage beyond repair.

Barry, and the 2 Davids had a much bigger job: 2 masts needed a small repair, and 2 furling systems were ready for replacement. This demanded boats being balanced on a lifejacket stand, so that they could be worked on upside down, and work with a very slow hardening fibreglass mixture to attach the furlers. Fiddly jobs that needed doing and today was the perfect day for it.



### 12.10.16 Another Wonderful Wednesday.

The morning started with a little more breeze than we are used to, but it wasn't long before it settled down to its forecast 6 to 8 knots, which is absolutely ideal for our purposes.

Groups at sailing today were Royal Far West with Craig: Jack, Damon, Daniella, Brody, Liam. We thought that Daniella would be a little out of her depth with the big kids, but she was keen, eager and enthusiastic and had a great time. A great deal of courage was shown by Jack, when he needed to hop in and out of the boat a few times to get some repairs done. Liam also showed a lot of courage, but chose to watch with binoculars rather than venture on to the water. Maybe next time he is here from Western NSW we will get him into a boat.

Next group down was Fisher Rd: Riley was fine with the strap holding him still in the boat, and the rest of the team, Sekayi, George, and Daniel went off happily with their usual sailors. This is becoming a great team, with helper, Rosie.

Our key story for this morning arrived next. Ben decided to take the huge step of sailing solo, with a couple of modifications to the boat handling equipment to make it easier for his hands to manage the controls. Under the supervision of helper, Kel, and our training instructor, David, he was settled in Clea, towed out to the clear water, given a couple of final instructions.....and he was off, free on the water. What a smile, the mouth is stretching from ear to ear, and those hands are doing all the work. After an hour or so, he glides back up to the pontoon under his own steam with a thousand thanks to the volunteers, and after being lifted out into his wheelchair, he is back up the ramp with promises to be back next time.

Daisy and Stephen from Freshwater High arrived next and took off across the water, then the Hadar family, and finally; The Waitara Wonders: Alan, Elizabeth and Claire arrived for their sail in the wind that was becoming so gentle, it was almost non-existent, so it was a gentle rock out the ferry lane and back in time for lunch while the helpers washed and put the boats and other equipment away.

Fabulous helpers today were:

Sailing Coordinator; Eli.

Pontoon Manager, Brian, then Colin.

Boat Operations Manager: Denis.

Registrar, Wilma.

Radio and Time Keeper: Corey, then Ken.

Support Boat Driver; John.

Observers: Ken, then Corey.

Sailors: Jim, Warwick, Jennie, Ivan, David, Peter, Jim, Bob, Helene, Michael.

Helpers on the pontoon: Marcos, Jim, Allison, Ros, Kath.

Helpers up on deck, including Life-jackets; Tony, Warwick, Philip, Barry.

Thanks so much to all of these people, we make a great team.



Ben's first attempt at a solo sail.

# Signals from Sailability Manly

## A Special Extra Day. Monday, 24<sup>th</sup> October.

So many of our regularly programmed days have been abandoned due to inclement weather, that it was a great relief that this morning looked like a perfect sailing day, if you ignored the huge swell.

We only had 2 groups coming down this morning, first of all the Special Class from Freshwater High, and then BIRDS.

Our helpers were a limited group consisting of Col, Helen, David, John, Ivan, Corey, Jackie, Peter, Jim, Denis, Michael.

This gave us just enough to crew 6 boats, with a Support Boat Driver, an observer, a time-keeper and a registrar. This made for a busy, full on morning.

The Freshwater Group: Steven, Danny, Daisy, and Lucy arrived just as we were finishing the rigging, and had a full sail over towards Reef Beach. They stayed out for almost an hour, until BIRDS arrived in the bus.

Danielle was the first to the deck, and took her boat out for a while until the huge swell brought her back in. It was a first time sail for James and Chris, and these two young men were at first intrigued by the heavy seas, then asked to return to the pontoon. Stuart, May, Brad, Roger, Steve and Peter are 'old hands' and managed to stay out for a bit longer, so we ended up having an extended morning in the beautiful weather.

It was indeed a beautiful day, and we were all very happy that BIRDS Mondays will become a regular feature.



Peter sailing with Stephen.



Ivan sailing with Kris.



Steve sailing with James.

## 26.10.16 A Welcoming Wednesday.

This morning the weather was totally welcoming to sailing, and we welcomed some of our regular groups to Sailability. Early to arrive were our helpers, Sailing Coordinator; John, Boat Operations Manager; Denis, Registrar; Helen, Life-jackets, Wilma, Pontoon Manager, Col, Support Boat Operator; Rob, then Barry; Radio and Time Keeper, Corey and Tony, Sailors: Ivan, Denis, David G, David W, Bob, Steve, Michael, and extra helpers; Kath, Marc, John P, Photographer; Ken.

This all made for a beautiful sailing day for Royal Far West: Neta, who was determined to sail for New Zealand, and would have made it, too if the wind had not died completely, forcing her to come back before she got out of area. Aidan, Ethan, Charlie, Brianna, O'Shera, Andrea as well as Teacher Craig sailed around for almost an hour before they returned to the pontoon because of the arrival of Stephen from Freshwater High, then Dominique, Evie, Anna, Gary from Sunshine French's Forest, then Ben, An, Joseph, Robbie and Lizzie from Waitara Wonders.

Between all of these, Ben from Royal Rehab came down with his O.T., Lisa. On only his 3<sup>rd</sup> solo sailing, it was quite amazing to see Ben confidently steering using the joy-stick, then swapping hands for a moment while he adjusted the sails, then regrabbed the joy-stick to turn around the buoy to come back to the pontoon, all the while managing that swap over for the 30 minutes or so it took him to sail back home again. A wonderful experience for Ben, as well as for everyone watching. This is the Freedom we are aiming for.



Charlie's Chariot crew.



Aiden sailing with Bob.

# Signals from Sailability Manly

## A Trip on Tenacious.

Tenacious is a wooden Tall Ship, built in the UK by many thousands of people, both with a disability and able-bodied. She took more than 4 years to complete, and was launched in April, 2000. Since then she has been sailing the high seas with different crews, both able-bodied and people with a disability, from different ports around the world. At the moment she is sailing around the south coast of Australia, between Melbourne, and Adelaide ports. She will be back in Sydney late in December, then again in February/March, 2017. While in Sydney, she sits at the Australian National Maritime Museum at Darling Harbour. Tenacious is totally accessible, and can be sailed by both able-bodied people, and people with a disability.

**Sailability NSW will be chartering Tenacious on Sunday, 5<sup>th</sup> March, 2017 for a day trip outside of Sydney Harbour, on the wide blue sea. This will be a fantastic experience for the first 43 people who get their names in to me and money into the account.**

**We have an early Bird Special for those who book before 30<sup>th</sup> November of \$240.00.**

For Bookings after this date, it will be \$250.00 per person.

**Bookings will be by Direct Debit, after an email or phone call to me, 9976 2747 eli@manlysailability.com.au.**

**When you email or call to book, I will give you an account number to Direct Debit the correct amount.**

**Please identify who you are by putting your name and branch name into the identification line.**

Further details will be given to those who have booked as we get closer to the time.



## Thank you so much to our sponsors:

• Patron: Jean Hay, Mayor of Manly
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Manly Council \$1,250.00 Charlie's Chariot Maintenance.
• Bunnings Warringah Mall: New picnic table and Umbrella Stand
• Balgowlah Masonic Lodge: Donation \$3,000.00
• Bendigo Bank: PFD's, part of the Defibrillator.
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• David Webb Donation of \$1,000 towards much needed equipment.
• Lynette Gould Painting for Raffle brought in \$2,000.00.

## The Committee of Sailability Manly.

President: Rob Southam	Minutes Secretary: Rob Southam
Secretary: Eli Demeny	Race Organiser: Caroline Holdstock
Treasurer: Patrick Alexander	Committee Members: Ken Boyes
Membership: Helen Hendry	Ray Rampton
Maintenance: Barry Newell+committee	Col Gregan
MYC rep: Jackie Morgan	Warwick McKenzie
NSW rep: Denis Linney	Vice President: David Webb
Volunteer Coordinator: Eli Demeny	Webmaster: Alan Bimson