



# Signals from

## Sailability Manly

November 2018 Edition 156

[www.manlysailability.com.au](http://www.manlysailability.com.au)

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Thank you to everyone in our Manly Sailability community - the participants, the carers, teachers and assistants that support participants and the volunteers. Wishing you all a very Happy Christmas and best wishes for 2019.



Christmas Regatta: Saturday 9th December



### New Year's Eve Fireworks

Members and their friends are invited to watch the New Year's Eve 9.00 p.m. Manly Fireworks together on Monday night, 31st December, 2018 at Manly Yacht Club, downstairs on the deck. Tables will be set up from about 7.30 p.m., so if you want to come and have a picnic dinner, that is fine. Otherwise be there at around 8.00 p.m. to mind a spot. Bring some nibbles to share.

## Sailing Schedule for August to November 2018

Day	Date	Groups
Wednesday	5 December	RFW, Truscott St
Saturday	15 December	Regatta
Monday	31 Dec	New Year's Eve Fireworks from Pontoon.
Saturday	5 January	Sargood, Tramway, Balmoral, Washington
Wednesday	9 January	HWNS, Unisson St Ives, Sunnyfield Fr For, AFFORD
Saturday	19 January	Rap'n'Rave, Balmoral, Housing Connection, Sargood, Tramway
Wednesday	23 January	Unisson Pymble, BcWc, Achieve, Choose and Connect
Saturday	26 January	Australia Day Regatta

No Monday sailing owing to Public Holiday		
Saturday	2 February	Rap'n'Rave, Washington, Tramway, Sargood, Freshtracks
Monday	6 February	RFW, C&C, DYIM, Unisson Fr For,
Saturday	16 February	Tramway, Sargood, Washington, Balmoral, Housing Connection, Freshtracks
Monday	20 February	Truscott St, Unisson St Ives, Unisson Pymble, Fisher R
Saturday	25 February	Jarrbel, Freshwater High, Sargood, BIRDS

## *Regatta Saturday 15th December*

The last Sailing Saturday of 2018 is a Regatta. If you would like to take part in this, please contact Denis at 9939 3320 or Ken at krboyes@optusnet.co..au immediately. Places are running out fast.

## *Sizzling Saturday 3rd November*



**Claire, Ella our volunteer, and Susan from Balmoral House on Charlie's Chariot**



**Hugo and Judy in Eli D**

What a beautiful day it turned out to be today. Fairly warm for this time of the year, with a very pleasant 10 to 12 knot South Westerly breeze, until this increased just as we were about to finish sailing for today.

A couple of groups had cancelled the day before, as the weather that day had not been suitable, and they decided to play it safe.

Our fantastic team of Tony, Ella, Wilma, Warwick, Helen, Claire, Helen, Alice, Denis, David W, David G., Jim, Jasmin, Ivan, Vince, Michael, Alan and Helene took turns in the roles they took to make the day a successful one.

It was great to see Jasmin picking up Charlie's Chariot from the mooring, and return it later in the day.

Our numbers were a little down from the usual. James came down with Min, Elsa brought Allyssa, Susan and Ben.

Bri brought Jarod. Then Julie brought Bec and Helen. Anna and Kerri came from Washington House, then Adonis and Judy from Wandella. Jackie, Tess and Diane came from Housing Connection, with helper Kunder.

Last of all was Ollie, with Mum, Colleen.

It was great day for Alan today. He is back at sailing as a result of receiving his new, super-smart wheelchair, which travels easily in the bus. He no longer needs his car or his walker outside, making life a whole lot easier for him, and much more exciting. He admits to feeling that today was only 25% successful, as the sailing was more difficult now than it had been a year ago. He needs a lot more practice before he is back to where he was last year.



**Alan and Jim enjoying the lunch break**

Also presenting herself this morning was Judith, who we have not seen for about 3 years. She will be sailing solo in Alan Wood after David W fixes the switch and obtains a new set of batteries and a charger that works well.



**Helene and Helen from Cooyong**

Thank goodness for the two David's as we had a couple of breakages today, which will be repaired as soon as possible. One of the hoists came detached from its base, luckily with no ill effects to anyone, and one of the sun shelters needs some repairs after about 15 years of very good service. Helene

coped beautifully with Woody, when the steering line detached, and she needed to manoeuvre herself and the boat back to the pontoon without a working joy-stick. But all can be fixed, and will be, so that we can go sailing again next Wednesday.

## *A Wonderful Wednesday 7 November 2018*



**Riley, Malachi and Nikalaos on CC**



**Mia and John in Alex**

Congratulations to our exceptional volunteers who made today such an incredible day.

Sailing Coordinator: Jennie

Pontoon Manager: Steve

Charlie's Chariot Driver: Brian

Sailors: Rob, John P, John B, Warwick, Ragnild, Malcolm, Michael, Jim, David.

Radio Operator and Time Keeper: Corey

Registrar: Helen

Life-jackets: Wilma



**Charles in Dolly Wallis with Malcolm**



**Isaac and Rob in Eli D**



**Jekobi in Dolly Wallis with Malcolm**



**Elias and Michael in Woody.**

Help up on deck and on the pontoon: Ros, Sheila, Denis, Helene.

And most of all, thanks to Ken, whom we needed to check on the kids who used the bathroom upstairs, as the steps were unable to be used, so the kids needed to do a 50m hike to get to the bathroom. Thanks, Ken, a boring job, but essential in the circumstances.

Thanks also to the carers of the participants who were there today. You braved the forecast, which was unsailable, to have a most pleasant experience on Manly

Cove. Carmel from Dee Why, and Qian and Russell from St Ives.

Best of all were the smiles on the participants: Isaac, Charles, Sienna, who lost her hat and had it returned by some miracle seamanship from Brian, Melissa, who may not be able to see well, but she certainly knows how to show her enjoyment. Then Mia, Soraya, Nikolaas, Riley, Jekobi, Felix, Oliver, Lowanna, Jade, Dolkar, Malachi, Jed.

Then: Oliver, John, Kath, Jimmy Elias and Leesa from St Ives.

An extra at Sailability today was the seal, maybe the same one who was the signature at the Invictus Games in October, who kept surfacing near the boats, keeping the kids excited and involved, but unfortunately too quick to grab a photo.



**Ollie in CC**

## *Camp Lionheart 17 November 2018*



**The briefing before we started**



**Joshua enjoying the pirate battle**

What a perfect morning we had for our Camp Lionheart participants, who stopped off for a sail at Manly on the way to Narrabeen Sport and Rec Camp. They were an absolute delight, and so

excited about the coming weekend, which was carefully organised by Westmead Children's Hospital.



**Ivan with Oscar in Alexander Martin**



**John P with Amy in Black Swan**



**John B with Alan sailing in Vin**

Corena arrived early, and was taken for a sail while we were waiting for the bus to arrive. It was only a few minutes later that the bus arrived from Westmead, and we were able to allocate the children to boats which were waiting ready and rigged next to the pontoon. Amelia, Ahmed, Jacob, Riley, Tessi, Baden, Shanaya, Marcus, Milla, Ingrid, Joshua, Christine, Harry, Monique, Shaniqua and Christopher all went for a short, 'getting used to it' sail. They then came back to the pontoon for a bite to eat and a drink before heading out for another turn if they wanted. Our volunteers were amazed at the ease with which some of them picked up the skills of sailing. These children will be directed to their local Sailability so that they will be able to have further sailing experiences, once they are back home again. A couple of them decided to be pirates, and were practising their 'Water-Pistol' skills as well.



**John B with Nathaniel, with arm stroking the water**



**Kyle enjoying the fresh air and sunshine**

Our team consisted of Sailing Coordinator Extraordinaire: Scott.

Pontoon Manager: Nikki.

Support Boat Driver: Jasmin, and mate Laurie, with Observer: John, Photographer: Maleea.

Help up on deck: Helen, Wilma, Tony, Lyn, LingLing.

Help on the pontoon: Ella and Mal.

Sailors: Jim, David, Ivan, Denis, Michael, Helene, Mal, Crosbie.

It didn't take long to put everything away, as the children were very efficiently whisked away in the bus, and the helpers stayed around for a while to put everything away and then partake of an extra delicious sausage sizzle.

## *An Unusual Sailing Day Monday 26th November 2018*

The decision to sail this morning was based on a deep seated wish...if only the wind would drop!!!!

Our first group was from Freshwater High, their last sailing day ever, as all of these people will be leaving school and entering into a different life in just a couple of weeks. We decided that it would be fun to be pirates, attacking the real world with Water Blasters, from the area populated with moored boats, where the wind was manageable. These 3 young adults had a great amount of fun, water blasting everything that moved, and some things that didn't. They all became extremely wet, and enjoyed the unusual experience.



**Malena and John W in battle mode**



**Danny loading up**

Thanks, Danny, Malena and Emma for the experience of facilitating you to sail for the last 4 years or so. It has been a real pleasure, and this was a fun way to say thanks.

By the time the next group arrived, we had decided to pull the boats out of the water, and took them all for a ride, in groups of 3, on Charlie's Chariot. Not exactly a sailing experience, but one which they all appreciated. Luke, Rodney and Vanessa, Adonis, Emily and Ben showed their appreciation of this experience with the huge smiles they gave us.

This was repeated with some of our last group for the day, some of whom decided to just sit in the



**The pontoon ramp at high tide in strong winds**



**Glenn and Emily enjoying the weather**

sun and enjoy the scenery, while those who wanted a motor boat ride were similarly treated. Peter, Alan P, Carlo, Patrick, Jimmy and Brad enjoyed the ride while the others enjoyed the atmosphere.

Thanks so much to helpers: Tony, Warwick, Ted, Sasha, Brian, Denis, Jim, John P, John W and John B, Ivan, Corey, Helen, David W and David G and Marc.



**A huge thank you to Helen from BIRDS**



**A thoroughly wet Emma, loving every moment**

## Thank you so much to our sponsors:

• David Webb \$1000 for radio and extra bits and pieces
• Betty and Peter Baines \$1000 for membership subsidies and Volunteer Recognition Evening
• Patron: Michael Regan, Mayor of Northern Beaches Council
• Hansa Sailing Systems \$5000 for seven new sail suits for Invictus Games, and then donated to Manly Sailability
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Lion's Club of Manly, \$2,000 towards maintenance of Charlie's Chariot
• Warringah Mall Community Club \$500
• Balgowlah Masonic Lodge: Donation \$3,000
• Bendigo Bank: New Marquee \$1533.40
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• Lynette Gould Ruffled Painting bought Stabilo Equipment

## The Committee of Sailability Manly 2017 -2018

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MYC rep: Jackie Morgan	Maintenance: David Goldner, David Webb, etc.
Volunteer Coordinator: Eli Demeny	Systems coordinator: Ken Boyes
Race Organiser: Denis Linney and Ken Boyes	NSW rep: Denis Linney, Eli Demeny.
Minutes Secretary: Rob Southam	Signals editor: Jennie Fogarty
Committee Members: David Webb, Jennie Fogarty, Ray Rampton.	Roster Manager: Warwick McKenzie



"BearBretherton" sailing competitor at The Invictus Games, second place getter, had this Tattoo completed on his return home to Rockhampton. There he is, in Eli D, surrounded by art work to memorialise the games for him, on his arm.