



Signals *from*

Sailability Manly

November 2016 Edition 132

www.manlysailability.com.au

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Welcome from the editor

Hi! I am a relatively new volunteer for the Sailability Manly Team and a 'hands up' was requested for Signals editor. So here I am! A little about myself – I enjoy sailing, have recently moved to the Manly area, I am a retired school principal – I like working with people, and I have done a few newsletters in my time! So let's hope I can do a good job of this! Thanks to Eli and the team for welcoming me to Manly Sailability.

Jennie

Diary Dates: Don't miss these:

Christmas Regatta, Saturday, 17th December. Please contact Caroline Holdstock, caroline.holdstock@gmail.com to register as crew or Skipper.

New Year's Eve, 31st December, Lower Deck of MYC from 8.00 p.m. 9.00 o'clock Fireworks.

Sailing starts for 2017 Saturday, 14th January.
Wednesday, 18th January.

Australia Day Regatta, Thursday, 26th January, contact Caroline to register.

NSW State Hans Dinghy Championships at Sailability Great Lakes, Coomba Park, (Near Foster) the weekend of 11th, 12th February. Further details in December.

Sailing schedule

Day	Date	Groups
Mon	28 th Nov	BIRDS, Freshwater short regatta.
Sat	3 rd Dec	Housing Connection
Wed	7 th Dec	Truscott St, RFW, Freshwater, HWNS
Sat	10 th Dec	SACCS Camp
Tues	13 th Dec	Camp Sababa
Sat	17 th Dec	Regatta
Saturday, 31 st December, New Year's Eve Fireworks, on the deck at MYC.		
Sat	14 th Jan	School holidays Balmoral, Housing Connection
Wed	18 th Jan	School holidays Sunshine Pymble, St Ives CS, SEALS, Sunnyfields, Fr Forest
Thurs	26 th Jan	Australia Day Regatta
Sat	28 th Jan	Freshtracks, Housing Connection, Freddos, School Holidays
Mon	30 th Jan	BIRDS, TBA

About Manly Sailability

Venue: Manly Yacht Club, East Esplanade (end of Wood St) downstairs dock

Visitors are always welcome to try us out for \$5. Annual membership is \$30 and includes unlimited sailing for. Please call **Eli (ph 9976 2747)** a day ahead to ensure you get a sail.

Sailing starts from 9.30 am.

Parking: We have parking permits for your car, if you don't already have a disability parking permit,

Extras to bring: All sailors and volunteers must bring a hat that stays on. We supply cool water, sun-screen and life-jackets.

Volunteers: Please be at the **Manly Yacht Club pontoon by 8.30am. We finish at approx 1.00 pm** If your name appears on the roster, and **you are not available**, please let the Sailing Coordinator of the day know. If you're not rostered on, please turn up anyway – we'd love to see you. We don't sail if the wind is over 12 knots or if it is heavy rain. Call 9976 2747 to check that sailing is on.

The Wide Blue Sea. Tenacious Trip Booking Reminder



If you are thinking of joining us on the Tenacious Trip on Sunday, 5th March, this is your last opportunity to book early and get a discount.

Just \$240.00 will buy you a beautiful day out, outside of Sydney Heads, on a completely accessible wooden Tall Ship, and allow you to help sail it, if you feel inclined to do that. All meals included.

Please call Eli on 9976 2747, or email eli@manlysailability.com.au for further booking details.

Sailing Report, Saturday, 5th November, 2016

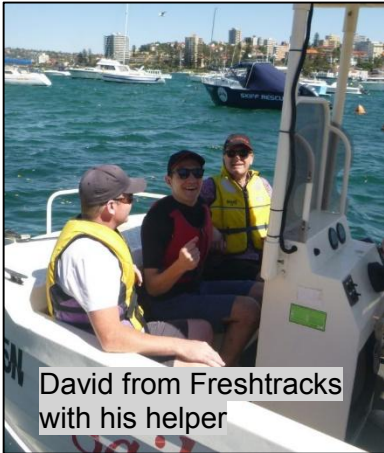


Jenny and Steve out in the stiff breeze

We decided to try our hardest to get people on the water this morning, as it would have been our third sailing day in a row that we would have had to cancel because of very strong winds on Manly Cove. We also had a new group trying us out for the first time, Freshtracks, and we did not want to let them down. We also had a visitor showing us a range of supportive seating, and several community members who were absolutely looking forward to the social side of Sailability.

We put a couple of boats up on the deck to add to the atmosphere, brought Charlie's Chariot around to the pontoon, set up the Morning Tea table, and proceeded to hold a sailing day without the sailing component.

Thanks so much to the helpers who came down this morning: Ray, Denis, Barry, David Goldner, Mal, Megan, Wilma, Josh,



David from Freshtracks with his helper

Samir, Ivan, Ken, Tony, David W, Lyn, Helen, Helene, Vince, David Grinston, Jannie. Ray was thrilled to be back with us after several weeks out of action. Helen, Josh and Samir were the cooks.

Volunteers for special mention were Mal, Charlie's Chariot Driver, and Ken, his observer, who worked extremely hard keeping the morning flowing.

Thank you to Alex from Specialised Wheelchair Company for allowing us to actually use some of the furniture he had brought down to show us.

Our lovely participants on the day were: Grace, Juliet, Oliver, Steve, Judy, Venessa, Patrick, Adoni, Maddison, Lachlan and Hayley and all of their families and carers who attended.

Everyone who wanted a turn on Charlie's Chariot was thrilled to be taken out on the wild water even if only for a few minutes, and the others had a great time meeting each other, chatting, trying out the seating equipment and just appreciating the atmosphere.



Ray and Colleen waiting for some action

A Wonderful Wednesday 9th November, 2016

Pictures will do better than words to describe today's wonderful sailing day.

Helpers were:

Registrar: Helen;

Life-Jackets: Wilma;

Time-keeper and Radio; Ray,

Assistant: Tony;

Boat Operations; Denis;

Pontoon Manager; Marc;

Sailors: David W, David G, Warwick, Malcolm, Rob,

Bob, Ivan, Steve, Col;

Sailing Coordinator; Brian;

Helping on deck; John, Phillip;



Richard and Denis

Support Boat Driver; John; observer; Corey, then Kai then a few changes around to give people a break.



Richard with smiling Lizzie



Tony with the red flag

We started with participants from Royal Far West with helper, Craig: Micah, Richard, Sarah, Lizzie, Ashleigh and Jarod had a wonderful time: a few had a go on Charlie's Chariot before venturing into a sail-boat, and all finished less fearful, and smiling on the water.

Our four young sailors from Fisher Rd with helper, Alex, were also able to have a choice, with Sekayi and Daniel opting for a quick run out, then everyone into the sailing boats to give Joshua, George and Riley an opportunity to wet hands and arms down close to the water on the sailing boats.

Ben arrived next and had the best sail ever in the freshening breeze. This morning he was full of confidence and took off solo across the bay and back again for quite some time before making it back all the way past the ferries and moored boats totally solo, and glided back to the pontoon in full control, and with the hugest smile ever.



Sascha being helped out of the boat by Brendan

Paul, Stefan, Kris, Nina and Michael popped in for a sail.



Riley getting his hands wet

And finally, our friends from Waitara Wonders, Elizabeth, Samantha, Kathrine, and Sascha, with helpers Brendon and Paige, took their turn on the water. We have managed comfortable seating for Elizabeth after a few weeks of trying different options, and next time we'll have something more suitable for Samantha.

Jon turned up with Helper Doug and proceeded to the pontoon for a ride on Charlie's Chariot, then a good long sail, then Philip arrived with Dad for a solo go on Alan Wood.

It didn't take long for our helpers to cooperate in boat washing and putting away ready for next time.

Wet and Wild Saturday 19 November, 2016

Helpers today:

Ray, keeping time.

Margaret, Bruce, Elaine: Visitors.

Crosbie: Sailing Coordinator.

Pontoon Manager: David then Kevin.

Support Boat Driver: Peter then Jackie

Sailors: Denis, David, Cathy, Ivan, Vince, Michael, Jack.

On the pontoon: Kevin, Jackie, Nicholas, Jay.

On the deck: Wilma, Lyn, Jet, Barbara.



Mark and Michael.

Our sailing participants were a very brave group this morning. The wind had been forecast to drop steadily during the day, but instead remained close to our higher limit. This whipped up a million tiny waves that constantly broke into the sailing dinghies, causing some wet clothes, and a large swell. Very exciting conditions for: Grace, Rodney, Mark and Daniel. Then Juliet, who is going to enter the regatta, and Paul, Daniel and Sam from Freshtracks.

Paul showed us just how enjoyable sailing is going to be for him by taking his turn twice, with huge, visible enjoyment. Then next on the water were Ollie, Judy and new member George with his Dad Steven.

David G and Jenny came with Freshtracks and enjoyed being helpers. Kerry, Anna and Ashley



Paul showing his enjoyment with a raised fist.



Cathy and Megan before their sail

came with Alex. Philip came with brother Nicholas and some other family members. Ben, Robert, Alyssa, and Susie came with Siaosi and Lawrence. Philip, as usual, gave us some thrilling moments as he keeled over almost allowing the top of the sail to touch the waves, then managed to get the boat on course again.

Last group to arrive were Creativity Inc, Hayden, Nicholas, Josh and Noah with helper Ruby. They were truly enjoying the moment, and best of all was the sausage sizzle provided by Helen, Wilma and Lyn.

Thanks everyone for a lovely day.

Wonderful Wednesday, 23rd November, 2016

It just keeps getting better. This morning, Helen was the Sailing Coordinator. She kept a wonderful check on everything that was going on, and made sure everyone had plenty of sailing in the perfect conditions.

Denis ensured that all of the boats were properly rigged before going down to the pontoon, where Barry was the Pontoon Manager, soon to change places with Brian.

Wilma was in her element choosing the correct Life-jackets for everyone, and also took a hand in the registrations. Ray was the Time-keeper. Warwick started off as Support Boat Driver with Corey as observer, and some visitors to our sailing day. Elaine and friend accompanied the boat out with Ken as photographer.



Steve with Keren



Charlie's Chariot on the job

Our sailors this morning were: Rob, Col, John W and John P, Jim, Ivan, Steve, Michael. All of the other helpers also managed a sailing lesson this morning, as our participants wandered in slowly. John P was very impressive, sailing with our participants for the first time, after many lessons and opportunities to gain confidence.



Liz sailing with Col.

Later on, Jim took over on Charlie's Chariot with Tony as observer. When the participants arrived, Allison was very busy on the deck and pontoon. Brian took over as Pontoon Manager and the day swung into our usual smooth operation.

Our first participant for the day was a very excited group from Dee Why Special class.

Most managed to have a turn on both boats, and some managed two turns. Dylan, Felix, Lowanna, Lachlan, Samuel, Oliver, Jayden, Riccy, Jecobi, Soraya, Talon, Heath and Alan were really learning about the environment, and enjoying the stiff breeze. It will be sad to lose a couple of these

students to Cromer High next year.

Steven arrived on his own from Freshwater High, and made a great effort to be as independent as possible on the water. His big chance to show off his skills will come on Monday when his class is going to take part in a Regatta. Ben was next, now confident enough to take out Clea solo, manoeuvring through the moored boats and past the ferry lane with almost no help. He had a

wonderful time out there for close to an hour, and came back without any help at all. Great work, Ben.

SEALS were next. Nikita, Zoe, and Chantel enjoyed their sail, then Achieve arrived with Alex, George, Hannah and Keren, who is very vocal about enjoying his sailing. Last of all, Liz and Robert came down from Waitara Wonders. While Samantha had her morning tea, they took off for their sail in the still stiff breeze, showing very obvious enjoyment.

Marvellous Monday, 28 November 2016.

We couldn't have asked for a better sailing day for our two Monday sailing groups. We needed only a limited volunteer group, as we had a limited number of people coming. The helpers put six boats out, then added a seventh to accommodate Sarah, the Paralympic Physio, who came to look at the Hansa 303, which will be one of the next Paralympic boats.



James and Warwick

So a shortened crew consisting of Tony, Corey, Wilma, Warwick, Jennie, Col, Barry, Jackie, Jim, Ivan, Helen, Ken, Michael and Denis put boats out, rigged them, mended the steering line on one of

the 303's drove Charlie's Chariot, observed, took photos, sailed, washed and put away boats and. There were no spare people standing around, every member of the team was either sailing, or working in another capacity.



The team from Freshwater High

The Freshwater High group held a regatta, with everyone being a winner. Congratulations: Leah, Danny, Steven, Lucy, Daisy. Lucy pronounced it the best sailing day she had ever experienced.

The BIRDS Group quickly, with their volunteers. An job how to fit the into the boats, and then out at the end of the sails, then reverting to BIRDS helpers to manage them back into the buses and out for lunch.



Dianne and Dennis

were also out onto the water carers also being Sailability interesting project, learning on the slings, use them to hoist people

Stuart, May, Brad, Danielle, Steven, Peter, James, Alan, Dianne appreciated their time on the boat.



Col and Daisy

A New Home for Our Trailer.

After many years of storing our boat trailer at Sunnyfields, we were asked to move it to make room for some rebuilding that was taking place on the grounds. It took us a long time, but finally, we were able to find a new home.

Our good friends at Cromer Golf Club, who in the past have bought us a couple of 303's offered to store the trailer on their grounds. We are so thankful for this, as it means that we are able to continue our program of going to regattas in places other than Manly, creating new interest, and outlets for the participants in Sailability.

To the kind people from Cromer Golf Club – thank you!

Thank you so much to our sponsors:

• Patron: Jean Hay, Mayor of Manly
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Manly Council \$1,250.00 Charlie's Chariot Maintenance.
• Bunnings Warringah Mall: New picnic table and Umbrella Stand
• Balgowlah Masonic Lodge: Donation \$3,000.00
• Bendigo Bank: PFD's, part of the Defibrillator.
• Cromer Golf Club: Hansa 303 Black Swan and trailer storage
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• David Webb Donation of \$1,000 towards much needed equipment.
• Lynette Gould Painting for Raffle brought in \$2,000.00.



The Committee of Sailability Manly

President: Rob Southam	Minutes Secretary: Rob Southam
Secretary: Eli Demeny	Race Organiser: Caroline Holdstock
Treasurer: Patrick Alexander	Committee Members: Ken Boyes
Membership: Helen Hendry	Ray Rampton
Maintenance: Barry Newell+committee	Col Gregan
MYC rep: Jackie Morgan	Warwick McKenzie
NSW rep: Denis Linney	Vice President: David Webb
Webmaster: Alan Bimson	

