



## Signals from Sailability

November 2013 Edition 96

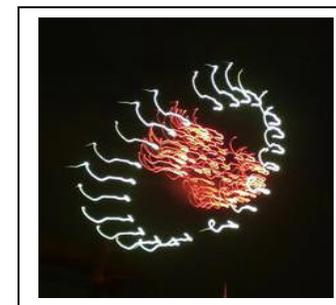


**As we approach summer there are some exciting events coming up for all of our members and supporters.**

**See the upcoming events on Page 2 for more information!**

### New Years Eve.

As usual on New Year's Eve we will be opening the downstairs deck and pontoon for people to come and share the celebrations. (7.30-9.30 p.m.)



**Visitors are always welcome!**

**Give it a go - it's only \$5 to try and annual**



# Special Events

## **Sunday, 1st December: The President's Cup**

The Presidents Cup will be a regatta to celebrate the International Day of Persons with a Disability. Bring your boats, pack your Water Pistols, bring a friend or two and be prepared for a ton of fun. The theme of the day is Pirates, so dress up to be in the running for many prizes!

We would love members and supporters to come and support us at Dobroyd Aquatic Centre, Rodd Point (Off Henley Marine Drive, Fivedock)

## **Saturday, 7th December: Family day.**

We would like families of the volunteers to come and see what your family member is doing when they tell you they are working hard as a volunteer for Sailability. Come and experience the joys of sailing or going for a run in Charlie's Chariot. Have lunch with us, and enjoy the Sailability atmosphere. Family members of our participants also welcome.

## **Saturday, 14th December: Christmas Regatta**

We would like as many participants and volunteers as possible to join us for this Regatta Day. We need 14 people to make it a successful day of fun and racing. If you have not already registered with Helene, please do so now. Great prizes for all and a great way to bring everyone together for Christmas cheer to finish off the year

# Sailing Schedule

## **Sunday.**

**1<sup>st</sup> December, 2013. President's Cup, Rodd Point.**

## **Saturdays**

7th December, 2013 Family Fun Day  
14th December, 2013 Christmas Regatta

4th January, 2014 School holiday, Balmoral, General  
18th January, 2014 School holiday, BIRDS, General, Housing Connection  
1st February, 2014 Balmoral, General. Recreation Rendezvous.  
15th February, 2014 BIRDS, General.

## **Wednesdays**

27th November, 2013 Arranounbai, HWNS, SEALS, CAPS Forestville  
11th December, 2013 RFW, Truscott St

8th January, 2014 Forest CAPS, Achieve, Recreation Rendezvous, Amaroo  
22nd January, 2014 School holiday, GreVILLEa, Sunnyfield, HWNS, MAPS  
12th February, 2014 Truscott St, RFW  
26th February, 2014 Fisher Rd, Verne Barnett

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## Camp Lionheart

### Saturday 9<sup>th</sup> October 2013

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We were really into summer today, with high temperatures and a very light northerly breeze. Our team arrived early to get everything ready for 17 kids from Camp Lionheart to go for a sail. Ralph went across to pick up our Support Boat, but this was not a possibility because of a flat battery. Instead, we borrowed a R.I.B from the Manly Juniors with Barry as driver and Helen as observer.



*Aaryan with Mehul, Karen & Jenny*

Ray was a fastidious Boat Operations Manager, with 6 boats quickly rigged and ready to take off

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when the kids arrived. Sailors: Jack, John, Ivan, Jackie, Evelyn, Jim were ready in the boats after taking some of our new volunteers for a practise sail, when Jasmin, Joseph, Declan, Riley, Cameron, Marny-Clare, Chithic, Darcy, Adam, Natalia, Blake, Doug, Aman, Aaryan, Jacob, arrived. They quickly arranged themselves into groups....who wants to sail first?.....who wants morning tea first?....who wants more than one go?..... Sailing was ready to start.



*Jack & Joseph on the water*

Kevin made a wonderful pontoon manager, with lots of help from Jerome, Mal and Tony. Up on deck, we had Jenny in the role of Registrar and radio operator, Ray was the time keeper, Ariane helped with traffic to and fro between the deck

and the pontoon, Denis kept a watchful eye on the boat riggings, Niamh, Rowena, Marie, David G, Jannie, Nicola and Alice were taking photos, making the kids feel at home, with a little swapping around of sailors as the day became really hot, and it was good to have a break and change roles.

Jack, we weren't going to let on that this was your first time in the boat with a person with a disability, but you looked as if you were having a great time, and because we could not unglue you from the boat, I am sure everything was satisfactory.

Judy, it was so good to see you back, even if for just a few short hours while you are on your travels.



*Roberto & Natalia*

Some of these kids had been last year, and it was great to see them with so much courage, just setting off for a sail with all the confidence in the world.

Our wonderful lunch was made by some students from ICMS completing the volunteering component of their course. Thank you so much, Maya, Emmie, and the gang whose names I did not catch. You did a wonderful job and got some terrific photos for your C.V's. The fantastic clean-up job you did at the end was just stupendous.

Last of all, a special thanks to the helpers from Camp Lionheart. You did an extraordinary job keeping all the children happy, full, hydrated and occupied on a warm busy morning, and getting them all up the ramp in time for lunch.

**Eli.**

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## Sailing Day

**Wednesday 13<sup>th</sup> November 2013**

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I was not able to participate in the sailing day today, but pass on grateful acknowledgement to our team of helpers for the day

- The Guv (Barry)
- The Support Boat Driver. ( John)
- The Boat Operations Manager. (David)
- The Pontoon Manager. (Brian)
- The Registrar. ( Helen)
- The Sailors: (Pam, Joely, Jim, Ivan, Tom, John M, John B., David G.)
- The Radio Operator: Sheila.
- The Observer. (Corey, Rob)
- Extra help from: Denis, Kandy, Michael, Samantha, Susan.)

And our wonderful participants and their carers:

Hannah, Ashleigh, Jack, Peter, Jessica, Yvette, Anna, with Clare, Lisa and Sofia.

Fowzia, Andy, Kerry, Stephen, with Karen.

Toby, Alex, Allan, Matt, Mark with Matt.

**Eli.**



*Fowiza sailing with Mark*



*The Day is Dancing  
in the Wind*

*Apologies to  
Rowena Bennett,  
1948.*

*The Day is Dancing with the wind,  
It dances over waters blue,  
And tosses high our coloured sails.  
It lifts the boats and never fails,  
To make our breathless guests renew  
Their zest for life, with enchanted wails,  
The Day is Dancing with the wind.*

*The Guv comes down with encouraging shouts,  
And all the helpers run about,  
To set the sails and tend the rudders,  
So each of us can join the others.  
And even dolphins swimming by  
Lift up their tails, and fix their eye,  
On people laughing in their pleasure,  
Taking exercise and leisure,  
At Manly Sailability,  
Whenever the weather has suitability.  
While the Day is Dancing in the wind.*

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**A Glorious Wednesday**

## Saturday 16<sup>th</sup> November 2013

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A slow start this morning, with the weather almost impossible to predict. In spite of an overcast Sydney sky, we decided to go ahead, as there were people booked in who did not want to miss the social side of Sailability, as well as the possible exercise.



Dirk being helped out of the boat by Ivan

Barry was relishing his role as “The Guv”, with minions Eli, Helen, Steve, Ivan, Nicola, Jack, Ralph, Philip L, Joely, Bob, Lianne, Chris, Jacinta, Helene, Denis, John and Patrick there to carry out every command. Ralph started in Charlie’s Chariot with Philip L as observer, Nicola kept time, Eli sat behind the registration table, Steve and John minded the pontoon and Ivan, Denis, Helene, and John took people out sailing. Later, The Guv took

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over on Charlie’s Chariot, putting Chris and Jacinta through their training routines.



Alan takes a leisurely sail

Alan arrived to take out Clea, and was in his element with his ‘video-sun-glasses’ attached. I can’t wait to see the results on the web. The perfect breezes out there kept him out for a long time, and it was quite a surprise when he turned back up at the pontoon 2 hours later, ready to call it a day.

Philip OH appeared with his Mum in tow, and seeing that Alan Wood was ready, it wasn’t long before he also was out there in the sunshine and fresh breezes, churning up the water, and staying well ahead of his Mum and John, who had accompanied him out there to ‘teach’ him how to sail’. In fact, the opposite was true, he was giving them the lesson.



Chris and Barry man Charlie’s Chariot

Also on the books this morning, Lars and Luca practising for the President’s Cup, Judy, Maureen, and May, Brad, Dirk, Robert, Stuart and Steve from BIRDS.

The Ninja’s from ICMS, who were our project group of volunteers this morning, made the most delicious lunch, which was enjoyed by all. Thanks so much, Sigourney, Joy, Monique D, Kjeth, Susana, Monique H, Taylor, Anwstoffer, Mim, Christina, a beautiful lunch, a perfect day, good friends, a job to do, what more can we ask?



**Eli.**

## Committee Members

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MYC representative	Jackie Morgan	9949 7847
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Signals Editor	<b>Lianne McGrory</b>	<b>0412 007 388</b>

## Sponsors

- Patron. Jean Hay, Mayor of Manly
- Hugh Treharne Donation: \$2,500
- Manly Yacht Club.
- Manly Council. Maintenance and Fuel for Charlie's Chariot. \$1,000.00
- Bunnings, Warringah Mall. Regatta Prizes, barbecue.
- Manly Sunrise Rotary. \$3,000 donation. New sail and support for Royal Far West School of Sailing
- Bendigo Bank. Shirts and Brochures.
- Cromer Golf Cub. \$12,000
- Cerno Insurance. New Boat, Black Swan
- Blackbaud Pacific: \$500
- Jeff Smit at Premier Automotive, Beacon Hill. Inspection for trailer

We thank all of our sponsors for their generous and ongoing support

Signals Editor: Lianne McGrory

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### VENUE

**Manly Yacht Club**  
East Esplanade (end of Wood St)  
downstairs dockside via accessible ramp

### PARKING

Parking permits available and special arrangements for mini-buses and wheelchair lift vans.

### WHAT TO BRING?

Sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Life-jackets are provided.