



Signals from Sailability Manly

May 2017 Edition 138

www.manlysailability.com.au

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Diary Dates: Don't miss these:

Membership payments for 2017-2018 season now due.

Membership Forms available on Web-site www.manlysailability.com.au Click on Membership on top line. Direct Debit payment welcome.

First aid course Sunday 2 July (for those who have registered)

Register interest to be a Manly delegate for the NSW Sailability Conference in September

Sailing Schedule:

Day	Date	Groups
Sat	10th June	Balmoral, Rap'n'Rave, Kookaburras, A.H.
Wed	21st June	RFW, Arranounbai, St Ives, CS, Choosing Connect, Waitara
Monday	26th June	BIRDS, Freshwater High
Sunday	2nd July	First Aid Practical Day
Sat	8th July	Housing Connection, Freshtracks, Lorikeets, Kookaburras
Wed	19th July	RFW, Sunshine Fr Forest, SEALS, Sunnyfield Fr Forest, DYIM
Monday	24th July	BIRDS, SEALS
Sat	12th August	Balmoral, Rap'n'Rave, Lorikeets, Creativity Inc.
Wednesday	23rd August	RFW, Verne Barnett, Fisher Rd, Sunshine Pymble, Narooma Special Needs.
Monday	28th August	Freshwater High, BIRDS
Saturday	2nd Sept.	Training Day for all volunteers

Memberships for 2017-2018 Now Due



Thank you to those who have already paid the membership fees for the next season!

Membership fees have remained the same for the last 15 years and are \$30.00 a year for single memberships, \$45.00 a year for families. We expect any regular volunteer or participant sailor to pay this very nominal fee.

If you sail or help at Sailability more than 4 times a year, it is of great benefit to you to be a member. You will receive Signals each month, be included in invitations to social occasions, go on courses, be invited to attend Regattas, etc.

Last year, our Membership base reached 90 people. Let's try to get it up to 100 this year. Our sailing days have increased to 5 days a month from September to May, and 3 times a month in June, July, and August. In total there are 54 opportunities to sail in a year.

Helen is waiting for your Membership Forms to be filled in online. Go to our web-site: www.manlysailability.com.au Click on Membership, under the video, right hand side.

Click on Membership Renewal Application Form.

Click on Edit.

Fill out the form, send it to Helen. Decide on a payment method. The best way to do it is by Direct Debit.

Thanks for doing this, it is a great way to start the season.



A reminder that all areas close to Manly Yacht Club are 2 hour parking only.

It used to be the rule that if you were a Manly Resident, you could double the time stated on the posts that you stood in our streets without a fine. In September, 2016 when the councils were amalgamated, the rules changed. Now, you are only allowed to park for the time stated on the posts, unless you have a permit to stand for longer. That is why you need to pick up a Parking Permit from the registration desk at Sailability if you

are going to be at Sailability for more than 2 hours.

First Aid Plus



The First Aid Course is now fully booked. Registered participants need to complete the worksheet prior to the practical component of the course, on Sunday 2 July 9:00 am – 3:00 pm @ Manly Yacht Club

Volunteer Recognition Evening, 3rd May, 2017. It was a truly beautiful evening when 44 excited people arrived at Manly Yacht Club at the other end of the day from our usual routine. The sun had set, the lights were on, including new Fairy Lights courtesy of Manly Yacht Club. The purpose was to celebrate the 21st Birthday of Sailability Manly along with our



The setting of the party

annual Volunteer Recognition Dinner.



Jackie, MC for the evening

We were pleased to welcome Michael Regan from Northern Beaches Council, and his lovely wife, Bronwen, as well as Carey Budd, Maz and Graeme from Manly Yacht Club and as many volunteers

as we could fit to make the evening a most worthwhile one. Lovely food from Brazilian Barbecue,



Carer and volunteers Gaynor, Evelyn and Michael



Some of our happy guests



Warwick McKenzie with volunteer medal

and a noisy, large contingent of our volunteers, as well as a couple of carers and participants in our sailing made the evening a huge success. It was lovely to welcome back some of our earliest Volunteers, as well as welcome some of the newest people.

Warwick McKenzie was awarded a certificate and medal to acknowledge his outstanding contributions. Jackie, our MC for the evening also acknowledged the efforts of some of our volunteers in her usual light hearted manner, to the great amusement of the gathered guests.

Ken was there with his camera to record the evening. Everyone had a great time, enjoying the food, the atmosphere and the companionship of friends, normally meeting up in a totally different

setting. It was agreed that we will probably all be there again in May 2018 to continue our great story.

Sailing Day, Saturday, 6th May.

A very limited number of Sailing Participants gathered on Saturday for a long, leisurely sail. It was great practice for the volunteers who relished the steady north westerly, enabling a long training sail.



Our participants, Oliver, Paul, James, Judy, Sid, Sam and Eddie loved this extended sail, as did their carers who had a long chat while waiting for their charges to return. The relaxed atmosphere today, also gave Sid an opportunity to get to know the environment, how it feels to wear a life-jacket, a ride on Charlie's Chariot and lots of fun on the deck. In the meantime, Mum, Rajni, also got the feel of Sailability and am sure will be back for more.

Volunteers: Caroline, Ray, Tony, Helen, Denis, Lyn, Ivan, David G and David W., Michael, Nick, Ros, Jim, Ken, Helene, Jannie also enjoyed the day, Denis taking the opportunity to do some repairs to ING, as well as go for a long training sail with Nick, getting him up to scratch for taking participants out for a sail in the coming weeks. Caroline had a session on Charlie's Chariot after many weeks of concentrating on sailing, and also managed to fill the program for this month's end of season Regatta.

Helen was busy with the barbecue. Thanks so much, Helen, I have had several comments on how beautifully cooked this week's sausages and onions on bread were.



Volunteer Expo at Dee Why RSL for Community Connect 10th May 2017

9.00 a.m. saw Helen and Eli setting up for the Volunteer Expo at Dee Why RSL. There were over 40 Community Groups that use volunteers show casing their activities, and encouraging people to become a volunteer in their work place. These included two Sailability groups, Manly and Pittwater, as well as St John, Easy Transport, Palliative Care, Northern Beaches Library, etc.

It became a Market Place for selling the idea of volunteering for all who attended. Tables were allocated to each group, and brochures, photos showing the range of activities, banners, balloons, lollies and more encouraged people to put their names on the lists.

At 11. 30, Ken appeared, and Helen went over to the Palliative Care table.



Helen at the Volunteer Expo

The Expo was well attended, and we managed to have 10 people on our list who showed interest in being Sailability Volunteers for the future.

A lovely Sailing Day 10 May 2017

Team for today:

Sailing Coordinator: Warwick

Pontoon Manager: Col

Time Keeper: Ray

Life-jackets: Allison

Registrar: Ray, then Eli

Support Boat Driver: John W

Observer: Corey.

Photos: Ken

Sailors: Ivan, Denis, Michael, David G, David W, John P, Bob, Brian, Jim Y, John B.

Help on the pontoon: Brian, Jay, Helene.



David w and Jonah with a wet arm

We started with the Royal Far West students. For most of them, this was their first time on the water and they absolutely loved the experience. Hannah, Chloe, Ethan, Blake, Trevena, Jesse, Daniel, Lexie, Blair, Jasmine and Luke, all managed to have a sail as well as a ride on Charlie's Chariot.

Arranounbai School students arrived early as well, so they were able to have their morning tea while waiting for the RFW children to complete their sailing. Eli, Michael, Aaron, Wenbin, Kit, Jatin, Evie and Jonah had a wonderful time, with Jonah getting his hands wet up to his elbows, and Michael commenting loudly all the way across the bay. These students have all sailed with us



Denis and Eli in Eli D

before, and are getting used to the routine. They are more confident climbing into the boats, happier to don life-jackets, and were full of cheerful chatter.



Bob with chatterbox Michael in Dolly Wallis

Michael arrived next from Menimbah with his friend Mehader, and Vincent arrived with Melin. Jonathan came down with Doug, and together they went off in the Charlie's Chariot for their on-water session.

Choosing Connect, from the Aspect Centre came down for the first time. What wonderful participants they are! No life-jacket problems, no hanging around, just into the boats as they became available, and away with those huge smiles.

House With No Steps, with participants: Dennis, Nina, Paul, Stefan, Tiara, Mikey and David came with helpers Amanda, Gabby, Matt and Gok, thoroughly enjoyed their morning tea, then happily went for a sail for the rest of the morning.

It was the best packing up we've done for a long time, with David W making sure everything squeezed into as tight a space as possible. Thanks so much for making it a lovely day, everyone.

End of Season Regatta. 20 May 2017

After a few worries about the expected weather early in the morning, we decided to go ahead with the regatta, leaving the decision about whether to turn up to the skippers and crew. Every booked crew arrived, and a couple of extras, so we knew we had a close run race on our hands.

The boats were rigged by the people who would sail them, placed in the water under the watchful eye of the two Davids and we were off to the other side of the bay to meet our race officers, Pam and Bruce. Warwick and Ken in Charlie's Chariot set the buoys, the sailors arrived in the general area, and the race start procedure commenced.

Crews taking part were: David W and Ollie, Denis and Ivan, Cathy and Judy, Michael and Nick, John and James, David G and Caroline, Jannie and Adam.



Hovering on the start waiting for a breeze



Judy and Cathy rounding the final buoy in the second race

The first race started very slowly, with a drop in the breeze. This picked up quickly, giving Woody the advantage and allowing a huge space to develop between first and second, with the remainder of the fleet spread out behind. The second race worked differently, with a sudden drop in the breeze allowing Alex to get in front and fly home ahead of Woody, with many changes in position.

In the meantime, over at MYC, Eli and Amin were working on the new boat, getting it ready for the water. Amin begged to be allowed to take it out on the water, and off he went to join the race, right in the middle of the first

race. Strict instructions were given to stay clear until the second race, and then Amin was able to join in.

Rita, Sally, and Colleen made lunch for when the hungry hordes returned. There was a quick washing and packing away of boats, then lunch, and finally the giving of prizes.

First went to Ivan and Denis, sailing in Woody.

Second to Cathy and Judy, sailing in Alex.

Third to Caroline and David G, sailing in Black Swan.

The main winner of the race was the fun everyone had, and the delicious lunch provided by the ladies.

Thanks very much to Pam and Bruce for being the Race Officers, and to Warwick and Ken in Charlie's Chariot.



The Winners, Woody, Denis and Ivan

'Wicked' Wednesday 24 May 2017



The Charlie's Chariot team



Piper and Rob in Alex



Adam and Peter in Woody



Warwick and Dustin in ING

Wednesday was *WICKED* in the sense that everything worked smoothly, everyone had a great time, and this was the most efficient day we have ever had. The helpers arrived promptly at 8.45, swished 7 boats on to the deck, rigged and set up the boats, had them checked by wonderful Boat Operations Manager, David W, and had just completed the briefing when our Royal Far West participants arrived ready to sail.

Crew for today was:

Sailing Coordinator: Helene

Pontoon Manager: Col.

Charlies Chariot Driver: John

Photographer: Allison

Observer: Corey, then Jay

Radio: Ray, ably assisted by Tony

Sailors: Ivan, Warwick, Brian, Steve, John, Jennie, Peter, Bob, Michael.

On the pontoon, David G, David W, Malcolm

Helpers on the Deck: Helen, new volunteer, Angela, Jim, Marc.

Jonathon in Charlie's Chariot



Our participants had the most wickedly wonderful helpers today, ensuring that everything went smoothly. Craig, from RFW brought Harrison, Piper, Bailey, Dustyn, Cheyne. All had a whopping time on the water.

Rebecca and her team from Fisher Rd brought Jasper, Eddie, Kyle, Dylan, James and Alexsandra. There were no problems getting any of these onto the boats.

Soon our Green Team from Verne Barnett arrived with Sarah, Oliver, Callum, Camden, Trista, Ashley, Archie, Kai, Oscar, Ryan, Christian, Alexander, Leo. What a fabulous Birthday present for Trista, who turned 6 today. These children sat down to a Morning Tea while they waited patiently for their turn on the water. As the Fisher Rd participants returned to the pontoon, these children exchanged places in the boats. At one stage, Michael managed to ground



Getting a tow home

his boat in the rapidly falling tide. Our rescue operation was efficiently carried out as we have practised many times using a long rope with a float attached. There was no change in the rhythm of the day.

Jonathan arrived with Doug and went off in Charlie's Chariot.

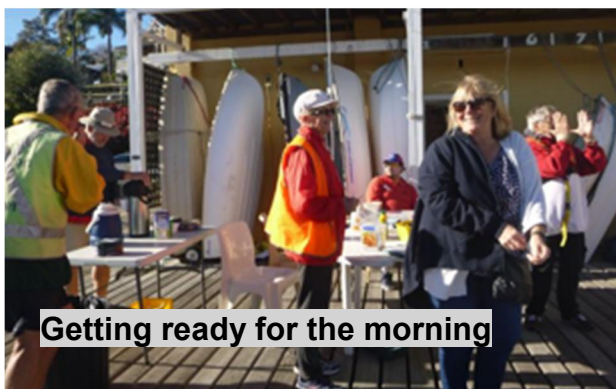
Last of all, the jet-pilot from AFFORD, Kris, arrived with Michael, Adam, Alessandro, Gus and helper Ann.

While all of this sailing was going on, the 2 Davids on the pontoon decided to scrape the oysters off the pontoon piles, increasing their efficiency, a necessary chore that needs to be done little and often.

Thank goodness, the weather forecast for the day was way off the mark. What was forecast to be a rainy, windy day with strong gusts turned out to be mild, with a steady breeze from the west making an ideal day to take lots of participants out on the water, giving them and their carers a lovely break from routine.

Scraping the piles





Getting ready for the morning

Crew for today:

Sailing Coordinator: Helen.

Pontoon Manager: Malcolm.

Registrar, Life-Jackets: Wilma.

Support Boat Driver: Warwick.

Observer: Ken, Ivan.

Photographer: Eli

Sailors: John G, John P, John W, Michael, Peter, Malcolm, David W.

Extra help on deck: Jay, David G.

Time Keeper and Radio: Corey.

Trainee Power Boat Driver: Col.

Monday Sailing - Last Sail of the Season 29 May 2017



Alan and Diane in Charlie's Chariot



John and Malena – look who's steering!



John and Danny

It was our last regular season session for this year, and exciting to have our group down at Manly for our final sail for this season.

Danny and Malena came from Freshwater High with helpers Jane and Shirley to have a sailing lesson, then Danny hopped into Charlie's Chariot to see the situation from a different angle.

Then BIRDS, with helpers Gaynor, Neil and others arrived. The wind was a steady, fairly strong south westerly, making for a cold, windy day. This caused a few of the BIRDS to decide to sit in the sun, rather than sail. Those that sailed had a brisk time on the water. Steve, Stuart, James, May, Brad, Danielle, Kris, and Patrick sailed, while Alan, Katherine and Dianne elected to go for a ride on Charlie's Chariot.



Michael and James in Dolly Wallis



Brad and John in Vin

Thank you so much to our sponsors:

• Patron: Jean Hay, Mayor of Manly
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Manly Council \$1,250.00 Charlie's Chariot Maintenance.
• Bunnings Warringah Mall: New picnic table and Umbrella Stand
• Balgowlah Masonic Lodge: Donation \$3,000.00
• Bendigo Bank: PFD's, part of the Defibrillator.
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• David Webb Donation of \$1,000 towards much needed equipment.
• Lynette Gould Painting for Raffle brought in \$2,000.00.
• Seniors Club of Warringah Mall, \$500.00 donation
• Toyota Financial Services. \$1,000.00 donation

The Committee of Sailability Manly.

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