

# Signals from Sailability Manly

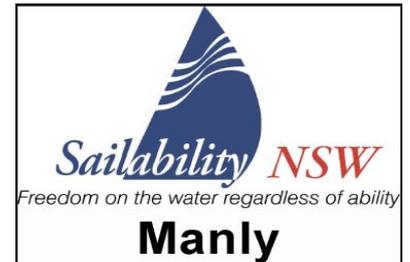
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[www.manlysailability.com.au](http://www.manlysailability.com.au)

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## Diary Entries-Don't miss these events

### Sailing Days during Winter Months:

**Saturdays: 20<sup>th</sup> June, 18<sup>th</sup> July, 22<sup>nd</sup> August. Don't miss these opportunities to sail. Just book in and come down. A hot meal prepared for you after sailing.**

**Wednesdays: 10<sup>th</sup> June, 8<sup>th</sup> July, 12<sup>th</sup> August. Lots of groups are booked in for these days, but if you are on holidays, please feel free to join us. Don't forget to book.**

**Memberships are now due for the coming year. Please fill in membership form on [www.sailabilitymanly.com.au](http://www.sailabilitymanly.com.au) and pay by direct debit. (See page 5)**

## Sailing Schedule for Winter, 2015

<u>Day</u>	<u>Date</u>	<u>Booked Groups</u>
<u>Wednesday</u>	<u>10.6.15</u>	Arranounbai, CAPS Fostville;HWNS, RFW, Forest High
<u>Saturday</u>	<u>20.6.15</u>	General, BIRDS, Lollipops
<u>Wednesday,</u>	<u>8.7.15</u>	MAPS St Ives, SEALS, Sunnyfields, Fr Forest; Forest High
<u>Saturday</u>	<u>18.7.15</u>	General, Balmoral, Housing Connection
<u>Wednesday,</u>	<u>12.8.15</u>	DYIM, Achieve, RFW; Amaroo, Forest High
<u>Saturday</u>	<u>22.8.15</u>	General, BIRDS, Rap'n'Rave

# Signals from Sailability Manly

## A Break in the Weather. 2.5.15.

This morning there was a break in the weather that enabled us to have a regular sailing day in the middle of that East Coast low that has been soaking the East Coast of Australia from Queensland to Victoria. How lucky was that?

Having programmed a sailing day, our good volunteers arrived to put out 5 boats because we had expected 3 groups down to sailing. It seems that the groups are more tentative than we are, because they did not bring their groups down, in spite of the very optimistic message on the machine. Oh well, these things happen. It gave us opportunities to take our newer volunteers for a sailing practise, and to get the boat room tidy after some very strong winds and high tides had caused havoc earlier in the week.

Barry and Caroline took Charlie's Chariot, Helene was the Sailing Coordinator, David the Boat Operations Manager, Tony the radio-operator, and Ray the time-keeper. Sailors Ivan, Cathy, Bob, Jack, John and Michael took Megan, Maurine, Oliver, Tony, Jacob for a sail while we waited to see who else would turn up. This meant that everyone received a really long sailing practise time until Philip, Vanessa, Craig and Matt arrived. We were also able to take Matt's helper, Jason, at the same time. Helen had some delicious sausages ready by the time the sailors got back, so the putting away became easy and companionable. Thanks to everyone who helped today, particularly those who did not have a definite job, who moulded into the activity to give a hand wherever necessary; Bob, Denis, Jannie, Jim.

## Volunteer Expo DYRSL Wednesday, 13<sup>th</sup> May, 2015.

On a very windy Wednesday Caroline, Eli, Maggi and Helen took ourselves down to DYRSL to publicise our activity, along with around 30 other Volunteering organisations. It was an extremely well-run Forum, with each volunteering group able to hang pictures and banners, decorate their tables, and hand out brochures to all interested people. We were shoulder to shoulder with organisations like Bush Fire Brigade, Life Line, Meals on Wheels, etc, and table holders were kept busy explaining their operations, taking lists of names, handing out lollies, and inviting people to take part.

At the Sailability table, our team took 12 names and addresses.

All of these people have now been contacted, and will come down

to Sailability to try volunteering over the next few weeks. The new volunteer cook-book, *Volunteers Stirring the Pot*, was handed out to all comers.



Brad Hazard opening the expo.



Megan enjoying her sail



Cathy with Dan



Jack out with Chris

Saturday, 16.5.15. After so many sailing days missed because of the absolutely horrible weather, it was good to get the message that sailing would go ahead this morning.

Volunteers: Ray the Sailing Coordinator, Denis, Jim, Helen, John, David G; the Boat Operations Manager, Ewan, Tony and new helpers Jay and Shahob, Cathy L, Jack and Cathy Y swiftly got 4 boats down from the racks and set them up for sailing. When it came to Charlie's Chariot, there was a small drama; the last person to drive her had put the keys in such a safe place that we were not able to locate them. All was not lost, a spare pair was located and the sailing day was able to get underway.

In the meantime, Maurine, Megan and the gang from Rap'n'Rave arrived, so there was a quick transition to getting people on the water with the sails furled, so that sailing in the heavy conditions would be easier. Lyn arrived for the registrations and the cooking, and Barry and David W to help with the finishing touches

## *Signals from Sailability Manly*

to the rigging and set up of the day. It was good to see Helene, Rowell and Jill, all of whom were able to give us a hand as the day continued.

As usual, all of our participants hugely enjoyed the experience of sailing in the windy conditions, some asking to come back to the pontoon earlier, as the water became rougher than expected. Dan, Ben, William and Chris from Rap'n'Rave with their helper, Andrew, had an unexpected bonus of second chance for the keen, as they had arrived early, and the other groups were late. Craig, Oliver, Denis and Phillip came for a sail, then Luca, Susan, Robert, Alyssa and Ben with helper, Elsa. It was wonderful to see Alyssa donning a life-jacket and striding down to the pontoon in anticipation of a sausage sandwich meal when she returned. Then Ginny, Kerri, Linda, Jessie and Annaliese arrived with their helper, Sandy.

The weather improved as the day wore on, so that it would have been lovely to stay on later as the sun came out and the wind dropped. This was when we decided we had all done enough sailing, and put all the boats away, with the original keys of Charlie's Chariot discovered in the pocket of a life-jacket.

Right at the end of the morning, when everything had been put away, we had an unexpected visit from Michael W who has been absent for quite a while now. He is desperate to get back on the water, but we need to fit a special seat for him, with a stabilising head-rest. It was a lovely boost to our morale to see him and lovely wife, Tanya. They will be back when we get the seat organised. Stay tuned!!!!



### The Manly Fun Run Saturday, 23<sup>th</sup> May, 2015

It was a cold morning at the time that our Sailability Runners met on the Corso to warm up, greet each other and organise how we were going to manage our distances. Colleen decided to run the 10 km, along with Byron, Maggi and Mark, while Oliver, Eli, Helen and Gail decided that we could manage the 5 km, if only slowly.

It took a while for the race to get started, as 500 people turned up to register at the last moment. By 8.35, everyone was on their way, all the way along the beachfront, and up to Shelly Beach was crowded with people running and walking their way into the most beautiful day.

The most important facet is the bringing together of our volunteers in a way that is not experienced down at sailing, but also important is the fact that we raised over \$1,000.00 which will help us this year to provide a wonderful service to all of the people who benefit from Sailability. We all finished, and felt really fantastic and fit at the end of the race. And Oliver kept the crowd entertained at the finish line with his version of a victory dance.

Thank you so much to the organisers of the run, Manly Rotary, the people who ran, and the wonderful people who supported us with their donations.

#### 27.5.15. A lovely day on the water.

Finally, a day when everything looks perfect. After many weeks of difficult decisions about whether to go ahead with sailing, contending with massive swells, strong winds and continual rain, the sun is shining, the sky is a steady blue, and the wind a steady north westerly between 5 and 7 knots.

The volunteers took advantage, so that we were inundated. Caroline, Ivan, Steve, David G and David W, Jim G and Jim Y, Peter, John, Adrian, Marc, Ray, Helen, Jay, Bob, Sheila, Corey, Denis, Margaret and Tony took their places on the deck, taking boats out of the boat-room, organising morning teas and registration table, erecting tents and umbrellas, getting the day ready for our participant groups.

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New volunteers James, Alison, David, Malcolm, Warwick and John arrived in time to help with the setting up and to be welcomed to the group. Thank you so much to these people who met us at the Volunteer Expo in DY just a few days ago, and decided to come down to try volunteering at Sailability. All of these people will become a very important part of our group, and all expressed their pleasure in the day.

Our first Group for the morning was from Royal Far West. Amy, Dylan, Jonas, Jess, Sakan and Jaroup went for a beautiful calming sail, while Jessica and Jeremy elected to go in the Support Boat.

Craig, Denis and Gerrard turned up, then Lynette with Bill, all enjoying the sailing.

Finally, Jayden, Max, Bailey, Sam, Ruby, Marcus arrived to go off with their helpers: Jim, G, David G, Bob, Jim Y, David W and Adrian. At this point, some of the volunteers elected to go home, so that by the time this group arrived back at the pontoon, the kids just had to help us get the boats in, de-rig and wash, and put everything away. It was impressive to see the way the students from Forest High coped with this, all especially enjoying the hosing off of the boats, as the day had become quite warm.

Thanks so much to all of the carers today, and the Mum's who came down to watch their children at their first day sailing, some going for a sail as well. Also their teacher, Sue, who took great pleasure in having a sail. A huge thank you to Warwick, who took the most beautiful photos today.



Margaret on Charlie's Chariot



David and Bob



Jessica and Jeremy



Sam



Lynette and Bill

### **Regatta, 30.5.15**

This morning looked perfect for a Sailability Regatta. Our team of Jack, Denis L, Caroline, Ivan, Cathy, Tony, Michael, Maggie, Jackie, David, Oliver, Craig, Jon, Ewan, Barry, Ralph, Michael and Denis F arrived at the club to get out the boats so that day could get underway. Pam arrived a little later to arrange the Race Management side of things, and left with the list of racers and the buoys.

The boats were rigged and set out with the following skippers and crew: Denis with Ivan in Woody, Jackie and Tony in Dolly Wallis, Cathy and Maggie in Alex, David and Craig in ING, Crosbie and Michael in Vin, Jack and Ollie in Black Swan, Ewan and Jay in Eli D. Barry was in Charlie's Chariot with Caroline, and Pam and Bruce in the start boat.

Final results in the table:

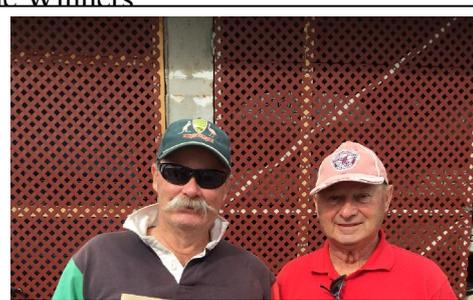
Boat Colour	Boat Type	Name	Sail Number	Skipper	Crew
Purple	303	Dolly Wallis	753	Jackie Morgan	Tony Jones
Dark Blue	303	Woody	833	Denis Linney	Ivan Demeny
Green	303	Alex	1662	Cathy Lorho	Maggie Le Breton
Orange	303	ING	1598	David Webb	Craig De Sousa
Red	303	Vin	2232	Crosby Lorimer	Michael Burnett
Yellow Green (fluoro)	303	Black Swan	2238	Jack Bennett	Oliver Williams
Light Blue	303	Eli D	2413	Ewan Nicholl	Jay

# Signals from Sailability Manly

The crew



The Winners



Thank you so much to Caroline for organising this race. It was fantastic the way everything came together in the end. Thanks to Pam and Bruce for being the Race Officers, and to Crosbie for taking the photos. A huge thank you also to Barry who drove Charlie's Chariot, dropped the buoys in the right places, and supported the race.

**Memberships now due.** Last year's membership runs out on 1<sup>st</sup> July, 2015. To renew your membership for 2015-2016 please go into our web-site: [www.manlysailability.com.au](http://www.manlysailability.com.au) click on Membership. You can fill in this form online and send to Helen, and pay by direct debit. If you would prefer to print off the form, fill in by hand, and pay at sailing, this is also good. New people wishing to join as members, also use the same form.

**Cathy's fundraiser.** Cathy Lorho, one of our volunteers is going to sail on a round the world clipper. While doing this arduous sail, she will be raising funds for us with My Cause. If you would like to support Cathy, and us at the same time, please go into the My Cause website and look for My Race with Clipper Around the World for Sailability Manly. Thanks for doing this, Cathy.

## We thank all of our sponsors for their generous support.

• Patron: Jean Hay, Mayor of Manly
• Hugh Treharne: Donation \$2,500.00
• Manly Yacht Club
• Manly Council
• Bunnings Warringah Mall: New picnic table and Umbrella Stand
• Manly Rotary: Donation \$3,000.00
• Bendigo Bank: Gazebo, brochures, shirts.
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• JayCar Electronics: Power Supply for Radio
• Jason Kozub's New Zealand Marathon brought in more than \$1,250.00

## The Committee of Sailability Manly.

President: Brian Guest.	Minutes Secretary: Rob Southam
Secretary: Eli Demeny	Race Organiser: Caroline Holdstock
Treasurer: Patrick Alexander	Committee Members: Evelyn Shervington
Membership: Helen Hendry	Ray Rampton
Maintenance: Denis Linney+committee	Ralph Newman
MYC rep: Jackie Morgan	Nancy Newman
NSW rep: Denis Linney	Chris McGrory
Volunteer Coordinator: Eli Demeny	David Webb
Webmaster: Alan Bimson	Social Secretary: Sue Gladstone