



# Signals from Sailability

May 2013 Edition 91

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p4 Manly Fun Run

[www.manlysailability.com.au](http://www.manlysailability.com.au)



**Diary Dates - don't miss out:**

## Upcoming Sailing Dates

**Saturday, 22nd June, 2013**

**Wednesdays, 12th June, 2013**

More dates on page 2

**NEW**

## Winter Roster for 2013

**New winter roster for all volunteers  
(refer to email update)**

We need all hands on deck for upcoming winter series, so please save all dates and let Eli know early of any changes regarding the roster.

For more info contact Eli

Eli ☎ 9976 2747)  
[eli@manlysailability.com.au](mailto:eli@manlysailability.com.au)

Helene ☎ 9879 7414  
[helenefrancois@hotmail.com](mailto:helenefrancois@hotmail.com)

# Sailing Schedule

For latest updates visit [www.manlysailability.com.au](http://www.manlysailability.com.au)

Unsure about the weather?

Call ☎ 9976 2747

## 2013

May 2013						
M	T	W	T	F	S	S
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

June 2013						
M	T	W	T	F	S	S
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

August 2013						
M	T	W	T	F	S	S
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

### What's on?

8 Booked Groups / General

## Visitors are always welcome!

Give it a go - it's only \$5 to try and annual membership includes unlimited sailing for \$30.

Register with Eli a day ahead to ensure we can fit you in. ☎ 9976 2747. Sailing starts from 9.30am.

### VENUE

#### Manly Yacht Club

East Esplanade (end of Wood St)  
downstairs dockside via accessible ramp

### PARKING

Parking permits available and special arrangements for mini-buses and wheelchair lift vans.

### WHAT TO BRING?

Sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Life-jackets are provided.

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# A Great Sailing Day

## Christening ceremony of Black Swan

4th May - We started the morning with the christening ceremony of Black Swan, the 303 that had been donated to us by Cromer Golf club. Judy arrived at the club in plenty of time to give her a good polish, and she was definitely looking her best for the big occasion. The actual christening was carried out by Katrina, President of Cromer Golf Club, who says a few nice words over Black Swan to ensure she always carries her sailors safely.

This was the last Saturday for general sailing for this season. We had some wonderful new helpers this morning, and it was lucky that we did, because the number of volunteers who were rostered for duty today was missing quite a few people, some due to illness, some due to holidays, and others were unexpected absences.

The very dedicated crew who were there: Support Boat Driver, Brian; observer, Helen, Pontoon Managers, David and Michael, Sailing Day Coordinator, Eli, Registrar and chef, Sue, and sailors; Denis, Ivan, Judy, Evelyn, Steve, David did a wonderful job, and the helpers in the different areas were fantastic!!!! Tony, Konrad, Philip, Jannie managed life-jackets, harnesses, hoisting, boat catching, safe retrieval of sailors, helping with the barbecue so that our participants could all have a wonderful time on the water, and feed the inner man when they returned.

Our new helpers, Nic and Niamh got straight into it, and helped wherever possible. Niamh became our time-keeper, a most important job today with so many people arriving, and Nic alternated between

helping on the Support Boat, helping on deck, and then washing boats and packing up gear at the end of the day.

The people who benefited from today's lovely weather and sailing team were Kerri, Anna, Ashley and Grant from Washington, with helper, Alex, Rob, Duncan and Jackie from Housing Connection, with helper Barbara, Lauren, Danny, Jess, Danice, Shane, Mark, Jordan, Bart, from Rap'n'Rave, and the last group, Brad, Robert, Stuart, May, Carlo and Steve from BIRDS, with helper Gaynor.

Apart from these groups, there were Luca, Vanessa, Kate, Jonathan, Denis and Philip our sailors who come privately.

It was lovely to learn today that we have some extra expert sailors: Lars, Luca's Dad, Jannie, who has been learning to sail and is now competent enough to take people out, and a helper, Will, from BIRDS, who will be able to take his own clients out when they come down next time - *Eli*



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# Sailing Report

**8 May** - Sailing morning with Royal Far West, Forestville CAPS and Achieve.



We sailed this morning first of all with the keen Royal Far West students, 3 Chloe's, Beau, Brody, Michael, Hallie, Christopher, Geoffrey and Brayden. These students came early, and had plenty of time, so each one managed a sail, and a turn in the support boat. Some are sailing well after their second or third visit, and enjoyed steering across the ferry lane in the quiet conditions, while others just sat and took it all in. After this group, Gary, Hannah and Alice from Forestville arrived. All three had a leisurely sail around, mostly asleep, and definitely very relaxed. Our last group for the morning was Kaye, Andy, Susie and Fowzia from Achieve, another group who just love their sailing and enjoy calm, light breezes. Alan arrived a little later to help up on deck, and to go for a training sail.

This sailing was made possible by our excellent team, this morning consisting of Sailing Coordinator

Extraordinaire, Sue, Pontoon Manager, Eli, Support Boat Driver Pam, Observer, Corey, Sailors; Denis, Ivan, David, Michael, Deck hands: Helen, John, Barry and Karen, Pontoon hands: Philip, Konrad, Michael, Caroline, and Tony.



While the sailing was running along nicely, some of our trainee sailors took a 303 out solo, to get used to the feeling of being in complete charge. It appears that we now have 2 more competent sailors, and 2 more that need a little extra training.

## Later in the afternoon

After staying around for a restful lunch hour, Philip came down for his sail in Alan Wood. With our team of Denis and Eli in Dolly Wallis, Judy and David in Charlie's Chariot, and accompanied by a film crew from the Duke of Edinburgh Organisation, Philip showed off his bravery and sense of fun by sailing solo to and fro across the waters of Manly Cove, leading everyone a merry chase. In only 4 lessons, Philip is now sailing confidently in the light winds we have experienced so far, and next time may attempt the sailing back through the moored boats. - *Eli*

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# Volunteer Expo at DYRSL

Today was the Volunteer Expo at DYRSL. More than 40 Volunteer Organisations in Manly, Warringah and Pittwater were showing off their wares at this Expo.

The Meeting was opened by Peter Risbey, from Easy Gardening, guest of honour was Jamie Durie from the TV Gardening Show Backyard Blitz, and on call for his work in Warringah was mayor, Michael Regan.

Our team, consisting of Eli, Philip, Denis and Helen in the morning, set up the table with the computer, complete with slide show, the Fluoro jib and banner at the back, and brochures and jelly beans on the table. Almost immediately, there were several people waiting in a queue to talk to us about Sailability and how they thought they could help, and we were kept busy for the rest of the morning, explaining our role in the community.

After lunch, the numbers died slowly, and Pam joined us at the Sailability table.

The best attended Volunteer Expo in its 4 years more than 200 people came into the exhibition and were fascinated by the variety of volunteer occupations there are in this area. Of course, Sailability was one of the most popular destinations to have a look-see, and we have gained several useful volunteers by attending this occasion. *Eli*

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# Sailing Report

**22 May** - After a gloomy forecast, we decided to go ahead with sailing as the rain seemed to be holding off, and the wind was perfect.

Karen, Helen, Denis, Ray arrived early to put the boats out. We decided that five boats would be enough, as we have several volunteers who were not well enough to sail today, and we were not expecting a large number of participants.

Two new volunteers arrived today, David and Colin, along with Kandy, David W, Pam, Tony, Caroline, Brian, Philip, and John.



## **Emma (pink hat) Teacher Kim, Harrison, Jake**

Our little group from Fisher Rd came early and was immediately swept into boats, along with their teacher, Caroline. Emma, Jake, Harrison, Michael, Adam and Hannah had a quiet sail, all behaving with perfect aplomb.

While they were out on the water, our little friends from Verne Barnett played on the swings, or on the grass until it was their turn.



## **A big smile from Michael with John**

Amelia, Thomas, David, Anthony and Finley came across as the Fisher Rd children returned, some to sail, and some to have a go on the Support Boat. These children were wrapped up in sailing, and could have gone for another few hours, but their friends also needed a turn. They were replaced by Naoto, Callum, Anthony, Ryan, Daniel and Alush. Ryan kept everyone in stitches with his astute observations, and Alush was not far behind.

As we got close to the end of the morning, Shirley, Alex, Stephen and Alun from Sunshine Pymble came down after a hard morning's line-dancing. Shirley to rest on the seat, Alex to draw a picture of his car, Stephen and Alun for a sail.

Thank you so much to their helper, Rachel, who was amazingly patient with her participants.

Our two new volunteers seem to be very good value, with Colin already an accomplished sailor, and David almost there, but also the holder of a Power Boat Licence. Both will be invaluable over the Winter months, when many of our usual volunteers are on their annual pilgrimages to Europe.



## **Brian taking Phil for a sail**

After putting all these boats away, the main body of helpers left, leaving a skeleton staff of Denis, David and Eli for Philip to do some filming in Alan Wood. Unfortunately, the rain came down about 5 minutes after Philip, his Mum, Lillian and the film crew from Cerebral Palsy Alliance arrived, so we had to pretend to go sailing while sitting in the warm, dry boat room.— *Eli*

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# Manly Fun Run

**19 May** - This was also a 4th Anniversary. The 4th time Manly Sunrise Rotary has organised a Fun Run to support their charities. Seeing that Manly Sunrise Rotary has been supporting Sailability Manly for over 10 years, we decided to put in a team, as a way of having fun away from the water, creating some extra publicity for our activity, and helping Rotary in return. All three aims were met, with the first being the most obvious.



Our team was amazing!!!! We met in the freezing cold at 7.30 a.m., competing in the 2km, 5km, and 10 km runs and walk. The 10 km runners went first... Britta and Suzanne, Tuscia.

Following them the 5 km runners were Caroline, Peter, Karen, Ella and Marie. Jessika, Brenda, Hunter and Wiebe took off at a great rate of knots, followed by the strollers: Helen, Eli, Jayme-Ann, Sue, Alice and her friend. We all came home excited, warm and happy and full of stories about our fabulous morning.



It seems a definite goer as an annual event, as it showcases our skills off the water and puts us right in the public eye. When Wiebe, Jessika, Hunter and Brenda crossed the finish line, a huge cheer went up, thrilling us all.



Thank you so much to the people who could not get down on the day, but supported us with their donations, which will come directly to us: Helen M.D Eadie, Sue, Evelyn, Natalie, Pam, SD Abeysinghe, Shiela, Craig, Carol, Victor, and Youssef. It is wonderful that we have such a great supporting team. – *Eli*

To view further info and results visit the [Manly Fun Run homepage](#).

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# The regatta that wasn't

**8 May** - This was one of those mornings when it is difficult to predict how the weather is going to shape up.

Sunny? Yes, definitely, but also strong winds and a strong swell.

Eli, Denis, Helen, Judy, David's Goldner and Webb, Ella, Niamh, Alan, Barry, Konrad, Michael and Ivan came down, wishing for the wind to drop so that we could get the racing under way.

While waiting, 5 boats were rigged, three of them taken down to the pontoon and launched. This was when Wiebe and crew arrived to drive Charlie's Chariot, and Pam and Bruce, Race Officers arrived to take Carlisle. So we had a full crew, plenty of hot water, tea and coffee.

But the decision had to be made. Judy and Barry went out for a trial run, but returned within a few minutes with reports of very strong gusts, well over safe racing conditions, as well as a choppy swell that filled Lionheart and got them wet.

So we calmly put all the boats away, had a cup of tea and a chat, and that was the end of the regatta. – *Eli*

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## 2012/2013 Committee

President/Chairman	Jude Cole	9977 1867
PR		0405 419 566
Treasurer	Patrick Alexander	9913 9848
Vol/ Sec/SNSW Rep	Eli Demeny	9976 2747
Maintenance/Safety	Barry Newell	0404 470 195
Memberships	Helen Hendry	9949 6667
MYC representative	Jackie Morgan	9949 7847
Social Sec	tba	
Race organizer	Helene Francois	9879 7414
Webmaster	Alan Bimson	0400 328 268
Members	Peter Hamilton	9975 1434
	Ray Rampton	9948 8180
NSW Rep.	Denis Linney	9939 0320
	Evelyn	
	Shervington	9976 2134
	Ralph Newman	9451 9462
	Peter Singer	9416 8749
	Susan Gladstone	
	Mia Hallergen	
	Brian Guest	
	David Webb	

## NEXT COMMITTEE MEETING

Wed June 5<sup>th</sup>, 6.30pm  
**Manly Yacht Club (upstairs)**  
**all welcome-**

Edited by Audrey Johnson.

Articles and feedback welcome, please contact  
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 0466 9999 71

Web content to Alan Bimson:  
[webmaster@manlysailability.com.au](mailto:webmaster@manlysailability.com.au)

## It's Sailability NSW's 18th Birthday – Congratulations!

Hi All,

Just thought that I would remind you all that today is Sailability's 18th year anniversary. Today we had our first come and try day at Dobroyd Aquatic Club - May 14th 1995. How time has flown.

From our humble beginnings in 1995 at DAC - forming a partnership with the sailing club with Peter Wrigley's support and vision we were able to accomplish what many people thought was not possible. Bringing Freedom to people on the water regardless of ability. What a wonderful feeling. We should all be very very proud of what we have all accomplished within the Sailability family.

From that day at DAC we have created 26 branches in this State, created Sailability branches in all States in Australia and have many many Sailability branches worldwide. WOW WOW !!!!!!!

Enjoy the day and remember that we all make a difference!!!!!!!!!!!!!!!!!!!!!!

**Paul Tayler** (Email May 14, 2013)

## Sponsors & Donors

Patron : Jean Hay, Mayor of Manly –
PAUL NEWMAN'S OWN safety boat
MANLY YACHT CLUB
TREHARNES MANLY BOATSHED, Fairlight use of slip and pressure washer
PETER LONG – BLUE PETER RIGGING Mast makeover and rigging ALAN SIM – shipwright – invaluable advice
MANLY Council (Accessible Walkway) (\$1000 towards running safety boat)
SUNRISE MANLY ROTARY CLUB (\$750)
BUNNINGS – Prizes for Regatta valued at \$180 Barbeque \$100
HEMPEL Marine Paints – antifoul for Fergo Fgi – Fibreglass & Resin Riley Fittings – Rig fittings for Fergo
BENDIGO BANK FRESHWATER – Shirts to the value of \$800
CERNO INSURANCE - \$2500 from Charity Golf Day, running costs and new sail for Fergo
SPARKS CARPETS – Brookvale – carpet worth \$350
JIM BROWN FOUNDATION – Winches for Fergo - \$200
CROMER GOLF CLUB - \$12,000