

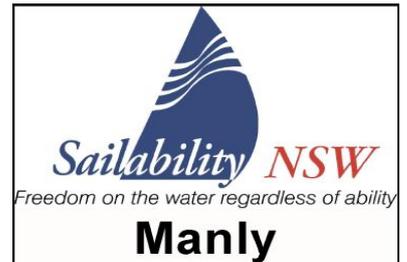
# Signals from Sailability Manly

June, 2015 Edition 116

[www.manlysailability.com.au](http://www.manlysailability.com.au)

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## Diary Entries-Don't miss these events

### Sailing Days during Winter Months:

**Saturdays: 18<sup>th</sup> July, 22<sup>nd</sup> August. Don't miss these opportunities to sail. Just book in and come down. A hot meal prepared for you after sailing.**

**Wednesdays: 8<sup>th</sup> July, 12<sup>th</sup> August. Lots of groups are booked in for these days, but if you are on holidays, please feel free to join us. Don't forget to book.**

**Training Day for all volunteers. Saturday, 5<sup>th</sup> September. Lots of interesting, new material to learn. Look through our Child Safe Policy and Code of Conduct, connect through rigging and sailing practice, check the 'putting away plan'.**

## Sailing Schedule for Winter, 2015

<u>Day</u>	<u>Date</u>	<u>Booked Groups</u>
<b><u>Wednesday,</u></b>	<b>8.7.15</b>	MAPS St Ives, SEALS, Sunnyfields, Fr Forest; Forest High
<b><u>Saturday</u></b>	<b>18.7.15</b>	General, Balmoral, Housing Connection
<b><u>Wednesday,</u></b>	<b>12.8.15</b>	DYIM, Achieve, RFW; Amaroo, Forest High
<b><u>Saturday</u></b>	<b>22.8.15</b>	General, BIRDS, Rap'n'Rave

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## What we've been up to in June.

5 of our Power Boat Drivers, Cecelia, Caroline, Jackie, Rob and John W will be taking advantage of Yachting Australia's offer of 'free' Safety Boat Courses. Before these courses can be undertaken, the fabulous 5 needed their current Power Boat Licence and a Boat Handling Certificate. The Boat Handling Certificate called for a day out on the water, practising boat manoeuvres in a Rubber Duckie in areas of the Harbour other than in our nice sheltered Manly Cove. Now that this is completed, the Safety Boat Course, which includes real-life Man Overboard Skills will take place towards the end of July.

## YA Powerboat Handling Course 31/5/2015 By Caroline Holdstock.

On a cold and dull Sunday morning Felix our instructor met myself, John, Cecilia and Stuart from MYC, at the floating pontoon. We were there to learn powerboat handling a pre-requisite for the YA safety boat operator course. After introductions we set off, taking turns driving the RIB, on our way across the harbor. First stop was Sow and Pigs reef for revision of the main IALA marks found in the harbor. We continued on to Cremorne point where we had the first man overboard drill. Felix made it a little more realistic than usual and we really had to look for the 'man' a 5L white plastic bottle! I was asked to steer and instructed to drive three times round Fort Denison, somewhere on the way we lost another 'man' overboard and again had to retrace our steps to look for him, with me instructing the crew. Luckily he was eventually found! After morning tea at Darling Harbour we practiced our parking skills in the berths at Cockle Bay, one at a time. First we went in starboard side to pontoon, then portside to pontoon, then backwards to both sides and finally a tight 360 in a berth. A very steep learning curve for me, and interesting exercise in a very public place!

A late lunch was eaten at the RMYC Squadron in Kirribilli and then we headed back to Manly, still taking it in turns to practice our driving skills. Once at Manly we picked up Charlie's Chariot and practiced towing a boat tied alongside the RIB. It was very interesting to work out how differently the RIB moved with another boat attached, and a useful skill to have even though I hope I never have to use it. The day ended back at MYC.

Felix was an interesting and entertaining instructor and had loads of useful tips, which could be applied, to any powerboat. I personally found the day a lot of fun and I have learned many new skills and gained some valuable experience.



Ivan and Tony



Jacob and Ollie



Roger and Denis

## Mid-Winter Wonderful! 20.6.15

This was a wonderful morning sailing. What a pity more people did not take advantage of the fact that sailing was perfectly suitable today, as the weather turned out to be just fantastic, and the limited number of volunteers and participants had a great time on the water.

It was hard work for the volunteers, though. It is a long time since everyone present needed to put such an effort into the basics, because we have always had a million willing hands to make the work lighter. So a huge thank you to Ray, Helen, Denis, new helper Amaru, Jay, Caroline, Ivan, Ewan, Ralph, Cecelia, Tony, Lyn, Jake and Hugo.

Ray became the Sailing Coordinator, Helen, Registrar and chef, Lyn was the time-keeper, Denis the Boat Operations Manager, Ralph, then Cecelia, the Support Boat Drivers, Amaru had a sailing lesson, and did lots of work on the pontoon. Sailors Denis, Ivan, Ewan, Jake and Hugo kept things moving on the water, and we had a few change-overs as the day continued. We are indebted to Alice and Jason, who came down

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later to help us with the final sailing sessions, and stayed to stow everything away neatly at the end of the day.

Maurine, Oliver, Craig and Vanessa had a good long sail at the beginning of the day in the brisk South Westerly that is a feature of Manly Cove in Winter. They were warmly dressed and relished the fast movement across the bay, round the buoys and back again while we waited for our BIRDS contingent. Dirk, Mark, Robert, Stuart and Roger really loved their sailing, although Dirk was feeling a little cold in his shirtsleeves. Then Brad, Daniel, Carlo and Peter went for their sail in the rapidly dropping breeze. Thanks, brave souls for taking part today, and making the day a great one for all.

We haven't been able to do much sailing in June because of the weather patterns. Sailing was programmed to take place on 10<sup>th</sup> June, a total blow out with winds gusting to 30 knots in Manly Cove, then 20<sup>th</sup> June, which was a beautiful day. Hopefully the weather will be kinder to us in July.

### News from Niamh

Niamh was a constant volunteer with us in 2012/2013/2014. Last year she left us to concentrate on her new business, which is a cart in Manly Wharf, where she serves delicious hot porridge to people getting on the ferry early in the morning. Drop in and say hello when you are passing through.



If you're up early these winter mornings then head down to Manly Wharf before 9am and pick up a bowl of piping hot porridge topped with a handmade fruit compote from Artisan Oats. The small business was started by Niamh Fitzpatrick last year and, despite having to get up at 4.40am to make the porridge, she loves meeting the Manly locals every day and serving them a delicious, homemade, healthy breakfast. The porridge is served in take-away pots, ideal for enjoying on the ferry trip into the city, and customers can choose from three fruit compote toppings: roast rhubarb, poached pear or apple & cinnamon. Niamh firmly believes breakfast is the most important meal of the day and loves to brighten the morning of Manly locals with her tasty offerings. The Artisan Oats cart is in Manly Wharf Mon - Fri from 6.45am - 9am.

### **Rotary Manly Award. 25.6.15 The Paul Harris Fellow Award**

Last Thursday evening, I was very honoured and humbled to become a Paul Harris Fellow at the Manly Rotary Club changeover event.

The occasion was the changeover of co-Presidents at Manly Rotary, from Ken Hopley and George Mc Lelland to Enza Prestipino and Maggie Shanahan. It was a really lovely meal, and evening, and the most honouring moment came when I was presented as a Paul Harris Fellow. This was a huge surprise to me, as not one of all the 'people in the know' had let on to me that this was going to happen.

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A quick Google search has revealed to me that Paul Harris Fellows have been in existence since 1957. I am one of more than a million of Paul Harris Fellows around the world, who have been presented with a certificate, a medal, and a beautiful pin.

A person who is not a member of Rotary, but has been recognised as a person with an outstanding commitment to the community can be nominated as a Paul Harris Fellow. Is this really me? I feel so thrilled to be in company with Pearl Bailey, Boris Yeltsin, Jimmy Carter, Jonas Salk (of polio vaccination fame), and more recently in Manly with Dave Darcy. I'll have to work really hard now, in order to deserve this award. Eli.



## Opening of Old Pilot Station at Watson's Bay as a Child Safe Water Sports Training Facility.

Tuesday morning, 30.6.15 saw a large number of people gathered at the newly renovated Old Pilot Station at Watson's Bay.

Representing Sailability were Neil, Paul and Jack from Sailability NSW, and Colleen and Oliver, Susanna and Luca from Manly. Also present were Chris and Jackie from Hansa Dinghies, and Graeme and Jason from Port Stephens, as well as lots of VIP's from the Old Pilot Station, local politicians, the mayor of Vaucluse, and Duncan Gay and Gabrielle Upton from the State Government.

It took a long time to get going, having been invited for 10.00 a.m., and still waiting at the coffee shop at 12.00, but by 1.00 p.m., the boys were sailing on beautiful, calm Sydney Harbour, the ribbon had been cut, lunch was served, and the new Water Sports Training Facility was opened with speeches from Duncan Gay, Minister for Roads and Maritime, and Gabrielle Upton, Attorney General for NSW and the local minister for Vaucluse.



## *Signals from Sailability Manly*

**We thank all of our sponsors for their generous support.**

• Patron: Jean Hay, Mayor of Manly
• Hugh Treharne: Donation \$2,500.00
• Manly Yacht Club
• Manly Council
• Bunnings Warringah Mall: New picnic table and Umbrella Stand
• Manly Rotary: Donation \$3,000.00
• Bendigo Bank: Gazebo, brochures, shirts.
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• JayCar Electronics: Power Supply for Radio
• Jason Kozub's New Zealand Marathon brought in more than \$1,250.00

### **The Committee of Sailability Manly.**

President: Brian Guest.	Minutes Secretary: Rob Southam
Secretary: Eli Demeny	Race Organiser: Caroline Holdstock
Treasurer: Patrick Alexander	Committee Members: Evelyn Shervington
Membership: Helen Hendry	Ray Rampton
Maintenance: Denis Linney+committee	Ralph Newman
MYC rep: Jackie Morgan	Nancy Newman
NSW rep: Denis Linney	Chris McGrory
Volunteer Coordinator: Eli Demeny	David Webb
Webmaster: Alan Bimson	Social Secretary: Sue Gladstone

