



## SAILABILITY NEWS

# Signals Newsletter

JANUARY 2015 Edition

## We will miss you Barry!

Our long and faithful member Barry will be going away for a few months sailing. Barry will be back supporting us later in the year and we look forward to his return.

## Run for Sailability Manly

Our lovely volunteer Alice has a friend who will be running a marathon in support of Sailability Manly! If you are interested in following him and supporting our branch, please sponsor Jason Kozub

<http://run.gofundraise.com.au/page/KozubJ>

## Port Stephen's Cup

Our annual trip to the Grahamstown Dam is coming up on 14<sup>th</sup> and 15<sup>th</sup> March. We'd love to have some sailors and a cheer squad so please get in touch if you'd like to come along!

## Women's Challenge

The annual womens challenge is on 21<sup>st</sup> March this year and Manly Sailability would love to have a group of our female members join us. This is a competitive event with Hansa Dinghies and Manly Yacht Club who we vie with for number of boats of the same class in the race. Please let us know if you can join us

## New Year's Eve Fun

Sailability Manly got together to ring in the New Year at Manly Yacht Club lower deck, along with family and friends. We all had a great evening, and a wonderful, close up view of the 9.00 o'clock fireworks. It was great to see 3 of our group homes get together for this event, along with many able bodied participants.



## Upcoming Sailing Schedule

### Saturdays

7<sup>th</sup> February

21<sup>st</sup> February

7<sup>th</sup> March

14<sup>th</sup>/15<sup>th</sup> March – Port Stephens Cup

21<sup>st</sup> March – Women's Challenge

### Wednesdays

11<sup>th</sup> February

25<sup>th</sup> February

11<sup>th</sup> March

25<sup>th</sup> March



Manly Sailability thank all of our sponsors, members, sailors and friends for their support

## First 2015 Sailing Day!

18 very eager sailors arrived this morning looking forward to the first sailing day of 2015. Our little group from Rap'n'Rave were there first very keen to get into boats which had been rigged earlier by our keen team of Barry, Denis, Peter, Juliette, Jackie and Caroline.

Lauren, Jordan and Mark were first onto the water, with Megan, Juliette and Alan going for an early sail. Cosette and Leith, visitor helpers from Orange did a fantastic job getting boats out, then down to the water. I don't think they had time for a sail, as they were quickly whisked away by their parents for the rest of the day's program. Ashley, Anna, Judy and Kerri were the next to go, then the BIRDS started arriving.



*Ivan with Jordan*

Roger, Brad, Stuart, Carlo, Dirk and Danielle were whisked away by the strengthening breeze, then Vanessa, Jonathon and Bart were taken for a very enjoyable sail.



*Roger with Michael*

Matt arrived in full voice and enjoyed his sail so much, that he decided to sit in the boat for a little while to stretch out the enjoyment. Eventually he realised it was time to go, so he hopped out with full speed.

Because of the lower numbers than usual, we were able to give everyone a little longer time on the water, which was very much appreciated.

Jackie was wonderful as the Sailing Coordinator, until her skills as a sailor were

requested, when Helen took over this important role. Ralph and Caroline were drivers for Charlie's Chariot, Megan was Registrar, Time Keeper and Radio Operator, a big job for one person to handle. Sailors today were John Connor, Denis, Jackie, Ivan, Peter and Michael. Tony was everywhere, helping in his inimitable style...on the deck, on the pontoon, on Charlie's Chariot; a fabulous volunteer.

Helping on the pontoon were Barnabas and Amir, with Jon Petrie helping up on deck after his sail, Helen and Juliette were the chefs.

Barry was feeling poorly, so he went home, so that we were fairly short handed for the putting away process. That is when extra helpers come in so handy, so Barnabas's Mum and Uncle helped with this. Thank you so much to this family, who had driven all the way from Foster this morning. Without you, we would still have been there at 4.00 p.m.

*Eli.*



## Magical Wednesday

14<sup>th</sup> January 2015

This was one of those really magical days when we had a wonderful supply of helpers, just the perfect amount of breeze for most of the time, beautifully behaved participants, and helpful carers.

Marc, Helen, John B. Brian, Caroline, Col, Rob, Denis, Tony, Philip, John W, Ivan, Corey, Juliette, John C, Steve and Michael got the boats rigged and down to the pontoon while Barry went over and picked up the newly anti-fouled and serviced Charlie's Chariot in preparation for a big day. .

Tony filled up the fuel tank and we were ready to go by the time our first participants arrived.

Luca, Alan, Lisa, Elliott, John, Jess, Murray, Yvette, Millie, Gerrard and Carla had a great time on the water, as well as opportunities for lots of volunteer practise as well, because we were low on numbers of participants this morning. There were some moments when this practise was necessary because of the gusty nature of the breeze, and the difficulties of getting back into the pontoon in strong westerly gusts.

Caroline made a wonderful effort on her first time as Sailing Coordinator, Juliette helped enormously on Charlie's Chariot in her role as observer, Col was his usual, calm self as

Pontoon Manager, even though there were some difficult moments catching boats in the strong gusts, as well as difficult participants to place in boats. All sailors had an extended time on the water. So the day was magic from all points of view. Carla, on her first time sailing made a fantastic effort and is to be commended on her courage and determination. Hopefully, she will be back for more. Gerrard's travel training is coming along well, so that maybe next time it will be an earlier start at sailing.

We finished with a very quick wash of the boats, and Carla was noticeably willing in this task. This helped us to put everything away quickly, efficiently and neatly, ready for our next day out in a few days.



*Denis and Millie*



*Yvette and Michael*



*Juliette in Charlie's Chariot*



*Rob and Alice*

## Charlie's Chariot Maintenance

Sat 3<sup>rd</sup> January 2015

A great start to the New Year, Barry and David G brought Charlie's Chariot across for her annual anti-fouling and engine servicing. This is just an example of some of the work that goes on behind the scenes to keep our events happening day-to-day. Thanks you so much David and Barry, we really appreciate the hours and effort you put in to keep Charlie's Chariot in peak condition



Participants Oliver, Judy, Vanessa, Jonathon,

## Sailing Day

Sat 24<sup>th</sup> January 2015

Our regular Saturday Sailing Day was held in bright sunshine and a steady North Easterly breeze of around 10 knots. Our Charlie's Chariot Crew of Ralph, Cecelia, and Caroline cleaned up the boat, filled it with fuel and took off with the sailing dinghies already rigged by Denis, David, Ray, Jack, Juliette, Peter, Barry, Jack, and Ivan. Some of the sailors had a practise sail with the newer helpers; Evan, Juliette, Barnabas while we waited for our participants who were very slow in arriving this morning, except for Alan, who arrived early, sailed early and long and came back full of self-satisfaction that he had done so well

Finally, young Curtis arrived accompanied by Dad, Jamie and Mum, Kylie. Dad called for Charlie's Chariot to return so that he could observe his son, and Mum took off in one of the sailing boats, accompanied by Vince, so that she could keep an eye on him from the water. Ivan, Vince, Denis, Ray, Peter were our starting sailors this morning, with Jack the Pontoon Manager, Jill the Registrar and sun-screen manager. John C and Evan helped up on deck, Michael was the time-keeper.

Curtis, Kerrie, Analise, Virginia all had a most enjoyable sail. Oliver chose to sail with Denis because he said he teaches him the best, Vanessa chose Helene, and Virginia had a wonderful time splashing herself and her sailor with water pulled from Manly Cove, keeping them both cool in the heat of the day. Denis F chose to wait for Ivan to return so that the mates could sail together, which made for a slightly late finish to the day. No-one minded, because the weather was so perfect for a leisurely day out.

*Eli*



# Australia Day Regatta

Mon 13<sup>th</sup> October



## Eli's Report:

A heavily overcast day with a strong South Easterly breeze was the outlook this morning, resulting in less boats going out than originally expected. Alan, Philip, Lars and Luca opted to stay at home and enjoy the day in other ways.

Ivan and Denis, Jack and Ollie, David W and Tony, Peter and Juliette, Helene and Adam, Michael and Craig decided to brave the weather, and enjoy the discomfort. Pam and Bruce were in the Start Boat, and set a long course for the racing boats. Barry, Caroline, Colleen and Eli went in Charlie's Chariot as the cheer squad, and to take photos, as well as drive the boat, keep their eyes out for safety purposes, and set and change the course buoys.

The first race started with all boats clearing the start line within 10 seconds. First across the line were Peter and Juliette (Black Swan). A variety of approaches was made to the first buoy, with Helene and Adam going in the opposite direction to everyone else. Denis and Ivan (Woody) were clearly in the lead by the time they rounded the first buoy, with Jack and Ollie (Eli D) not too far away. David and Tony (Vin) were also in the first rounding group and it was a race for the second buoy, when Vin managed to overtake Eli D. Helene and Adam (Dolly Wallis) were swiftly making ground, while Black Swan was doing its best to pass them. The race finished in very good time, while the weather closed in, the wind speed picked up. At this stage, Jack and Ollie, as well as Michael and Craig elected to go home, as the skippers did not feel that racing was safe with their participant crews.

That left Woody, Dolly Wallis, Vin and Black Swan to contest the lengthened race in strong winds and a rapidly rising swell. Racing was very exciting, with the field completely spread out over the course area, only coming together to round the buoys. In the end, after a very hard fought race, Woody came in first, Vin second, Dolly Wallis, 3<sup>rd</sup> and Black Swan 4<sup>th</sup> in the second race.



## Adam's Report:

They say we should all learn something new every day. Today, that funny little streamer on the mainsail had both a name and a use. Thanks to Helene, I spent as much time looking over the bow as I did looking up at the sail. Until this point, wind on Manly Cove had been something of a mystery; how to judge it and navigate for it. The Australia Day 2015 regatta provided plenty of opportunity to test the new knowledge.

Casting off on an overcast and blustery day, matching wind direction with cresting waves meant Dolly moved with far greater momentum and consistency than this helmsman had managed before. Suddenly there was salt spray and we were gaining on several competitors. Of course, what was also chasing all of us was a heavy rain shower. At about the same time we noticed the headland veiled in fog and far more foam on the waves, heavy rain came down.

It was hardly worth abandoning the second race, as whatever we did, we were in for a good soaking, so tacked out to the buoy bobbing out towards the headland. Amid salt spray, rain and behind a pair of glasses that were as easy to see through as a sheet of frosted glass, I was welcomed to what real sailors call sailing. And then, the rain left as soon as it came, taking much of the wind with it, making for a surprising slow and genteel return to the pontoon. Of course, this provided time for my appetite to come to life, so then Eli fortuitously mentioned lunch in the clubhouse! What she didn't mention was the presentations, where Dolly came in third. How much of this result is down to Helene trimming sails while also conducting on-water training in the rain, is probably answered by the fact that I achieved a first ever medallion today.

Colour	Name	Skipper	Crew	Place
Dark Blue	Woody	Denis	Ivan	1
Red	Vin	David W	Tony	2
Purple	Dolly Wallis	Helene	Adam	3
Fluoro	Black Swan	Peter	Juliette	4
Lt Blue	Eli D	Jack	Oliver	5
Aqua	Alex	Michael	Craig	6