



Signals from Sailability

January 2013 Edition 87

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p3 Australia Day Regatta

www.manlysailability.com.au



Diary Dates - don't miss out:

State Championships

9th and 10th February, Gosford

To join contact Eli

2013 Women's challenge

24th March

Contact Eli

Volunteers: For a copy or updates on your roster please contact Eli

Contact Eli ☎ 9976 2747)
eli@manlysailability.com.au

Special Thanks:

Bendigo Bank gave \$500.00 towards new marketing material. Brochures are now ready and will hopefully encourage new members to join

Dave Goldner – special thank you for fixing the cleats on the pontoon

Sailing Schedule

For latest updates visit www.manlysailability.com.au



Visitors are always welcome!

Give it a go - it's only \$5 to try and annual membership includes unlimited sailing for \$30.

Register with Eli a day ahead to ensure we can fit you in. ☎ 9976 2747. Sailing starts from 9.30am.

February 2013						
M	T	W	T	F	S	S
26	27	28	29	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	1	2	3

March 2013						
M	T	W	T	F	S	S
26	27	28	29	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	1	2	3

April 2013						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

2013

What's on?

- 8 Booked Groups / General
- 24 2013 Women's challenge

April 2013						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

May 2013						
M	T	W	T	F	S	S
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

June 2013						
M	T	W	T	F	S	S
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Race Practice (*RP): 12 – 3pm – Don't forget booking is essential

VENUE

Manly Yacht Club

East Esplanade (end of Wood St)
downstairs dockside via accessible ramp

PARKING

Parking permits available and special arrangements for mini-buses and wheelchair lift vans.

WHAT TO BRING?

Sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Life-jackets are provided.

Australia Day Regatta

26th January - Our regatta was not due to commence until 11.00 a.m., but several members were down at Manly Yacht Club by 8.30 to put it all together. Thank you so much to Ralph, who went across to pick up Charlie's Chariot, Helen, who brought the lunch, Barry, David, Judy, Denis and Helene, who got the 6 needed dinghies rigged and down to the water. By the time this was done, the rest of the contingent had arrived. A short briefing by Helene reminded us of the courses, and then Pam gave us some pointers about starting times and flags.



Then the boat loading commenced: Peter took Alan across the bay in Vin, followed by Kate and David in Lionheart, then Denis and Helene in Woody, Eli and John in Alex, Jude and Tony in ING, Ivan and Barry in Black Swan.



Charlie's Chariot had Ralph, Jules (the photographer), Helen, and new volunteer Samantha, while the official start boat, Carlisle, had Pam and Bruce. Thank you so much to these people for fulfilling their roles, we can't race without you.



The race was most exciting for the sailors. There was a strong northerly blowing, and gusting irregularly, as well as a small swell. All positions were well fought, with dinghies trying both sides to get to the windward buoy first. It seemed there were many more tacks needed

than is usual in a race due to the constantly changing wind-strength.



Once the windward buoy was managed, the other buoys were reasonably easy to manage. In the two races we ran today, the positions did not change. Judy and Tony came first twice, Denis and Helene 2nd twice, John and Eli 3rd twice, David and Kate 4th, Ivan and Barry 5th, and Peter and Alan 6th. Our decision on this is that next time we race; there will have to be 3 shorter races, which will even up the competition.



Once the races finished and we were back on the pontoon, it was a quick and easy job to get all boats away, lunch eaten, and prizes presented. Thanks for this has to go to the Lawson family and Yuka who arrived in time to pack everything away and get lunch cooked.



A huge welcome today to Lara and her Mum, new participants who came to watch the race as an introduction to the new activity, and to Samantha and Tomas, who will be new volunteers next time we sail. *Eli*

Sailing Day Report

9th January – The wind was just at that level where it is possible to sail with the sails furled, and the water has a slight swell to it. We decided to go ahead in a limited area, as the forecast was for the wind to ease, and we were expecting four groups.



David offering a helping hand

Instead of easing, the wind became stronger, and the waves became larger, so we decided to call a halt before every one of our groups had sailed. Some stayed on and had a short run on Charlie's Chariot, but the bulk of our participants opted for a ferry ride, or a walk on the beach. Thanks so much to helpers: David W and David G., Corey, Karen, Peter, Caroline, Helen, Philip, Sheila, John Connor, John Baker, John Gray, Sue, Barry, Jim Young, Jim Gale, Brian, Ivan, Denis, Tony and Ibuku.



Elyce, Stephen and Paul on Charlie's Chariot

It turned out to be a worthwhile day, because we discussed a few items for our future, picked up the new Racing Rules Books, and had practice launching, reefing and emptying and washing boats. – *Eli*

Sailing Day Report

12th January - The weather forecasting in the Sydney Metropolitan Area is becoming over the top. We could have cancelled on Friday, with a forecast of 39 degrees and strong North Westerlies for Saturday, but we decided to wait and see what Saturday morning brought.



The two Denis's sailing together

What was apparent, was that sailing could go ahead without risk to boats or participants. The sky was clear, the breeze almost non-existent, but enough to carry our little 303's, and the temperature a very moderate 26 degrees. A small amount of cloud cover built up over the morning to keep the temperature reasonably cool, and the breeze

picked up to a nice little 8 to 10 knot breeze through the morning.



David checking Nadine's sailing skills

Thank you so much to our fabulous helpers: Sailing Coordinator Helene, Support Boat Driver Ralph, Pontoon Manager Kevin, sailors David W, David G, Jackie, Mark, Barry, Ivan, Jim, Registrar Helen, Time Keeper, Ray - also to the general helpers on deck Susan, Ibuku, Michael, Peter, Britta, Denis, Tony, Mia, John. It certainly makes the day easier when we have plenty of helpers. We also had two new helpers this morning, Nadine and Morgan, who will be excellent helpers for the future, both being accomplished sailors, and very keen to get involved.

We also had a very nice team of sailors with a disability here this morning, the very keen ones who had not got turned off by the terrible forecast. Thanks so much for coming down and making the day worthwhile for us all Kate, Alan, Megan, Denis, Jonathan, Jonathon, Mikey, Alyssa, Ben, Susan and Robert. *Eli*

A Fabulous Race Training Session

12th January - Immediately after the regular sailing session, Helene put us through our race training paces. We rigged up an extra two boats, so that we could have 7 skippers and crews in the race. By the time this was completed, a strong southerly had erupted with strong gusts, and periods of relative stillness. Expecting heavy traffic in Manly Cove, we went right over to the western side of the cove, into the relative calmness of North Harbour. Ralph set up the course, a simple sausage, aided by Helen and Sue.

Beating down into the wind proved quite difficult, although Ralph had set a short course, and everyone involved got quite wet. It was the waves, as well as the wind that were difficult to manoeuvre, and quite a long run was necessary to the East to get around the windward buoy. Once there, the run down wind seemed like a dream, although some waves were still breaking over the back of the boats.

There was lots of jockeying and changes in position, because of the flukiness of the wind, and lots of loud laughter and cheering could be heard from skippers and crew. David was spotted having a cooling off swim in one of the changeovers, but managed to get back into his boat with Kate in time for the next race. It wasn't really necessary to get out of the dinghy for a swim, as most of them were at least half-full of water by this time. What with the bailing necessary, and a constant fight against waves and wind, there was not much resting in the hour or so of the training session.

We managed to get in 3 races before dashing back across the Cove, and apart from the Winners and the Wooden Spooners, there was very little between the results of the other 5 boats. This was the most fun we have had on water, and I'm sure that our participants with a disability got as much fun out of it as our able bodied sailors got.

A great afternoon, Helene, and thanks so much for organising this training. A huge thank you also to Ralph for setting the course, doing the race starts and finishes, getting out the buoys and anchors, and putting everything away. Also to Helen and Sue who had the horrible job of dropping and heaving up those heavy anchors, and keeping their eye on the race. Those three deserve the most pay and all the prizes for today's efforts.

Places for the session:

1. Denis and Eli (Woody)
2. Barry and Ivan. (Alex)
3. David G and Kate. (Black Swan)
4. David W and Jonathon. (Lionheart)
5. Peter and Ibuku. (Vin)
6. Helen and Tony. (Dolly Wallis)
7. Morgan and Michael. (ING)

Without photos, a word picture: Wind, waves, laughter, hard-work, fun of competition, exhaustion, enjoyment, thousands of people on the waters of Manly Cove enjoying a beautiful afternoon, observing the 16 ft skiffs championships, and joining us in the fun. *Eli*

2012/2013 Committee

President/Chairman	Jude Cole	9977 1867
PR		0405 419 566
Treasurer	Patrick Alexander	9913 9848
Vol/ Sec/SNSW Rep	Eli Demeny	9976 2747
Maintenance/Safety	Barry Newell	0404 470 195
Memberships	Helen Hendry	9949 6667
MYC representative	Jackie Morgan	9949 7847
Social Sec	tba	
Race organizer	Helene Francois	9879 7414
Webmaster	Alan Bimson	0400 328 268
Members	Peter Hamilton	9975 1434
	Ray Rampton	9948 8180
NSW Rep.	Denis Linney	9939 0320
	Evelyn	
	Shervington	9976 2134
	Ralph Newman	9451 9462
	Peter Singer	9416 8749
	Susan Gladstone	
	Mia Hallergen	
	Brian Guest	
	David Webb	

NEXT COMMITTEE MEETING

Wed Feb 6th, 6.30pm

Manly Yacht Club (upstairs)

all welcome-

Edited by Audrey Johnson.

Articles and feedback welcome, please contact audreylouisa@gmail.com
0466 9999 71

Web content to Alan Bimson:
webmaster@manlysailability.com.au

Sailing Day instruction videos

Please check out the suite of short training videos on the website which attempt to cover most of what we do on Sailing Days. The aim is to make your volunteering contribution as productive and satisfying for you as possible.

Instead of waiting to be told what to do, or have to ask for instruction, you'll come with some background knowledge. If a regular, you'll see some of the innovations we've introduced to make the day run smoothly.

Sponsors & Donors

Patron : Jean Hay, Mayor of Manly –
PAUL NEWMAN'S OWN safety boat
MANLY YACHT CLUB
TREHARNES MANLY BOATSHED, Fairlight use of slip and pressure washer
PETER LONG – BLUE PETER RIGGING Mast makeover and rigging ALAN SIM – shipwright – invaluable advice
MANLY Council (Accessible Walkway) (\$1000 towards running safety boat)
SUNRISE MANLY ROTARY CLUB (\$750)
BUNNINGS – Prizes for Regatta valued at \$180 Barbeque \$100
HEMPEL Marine Paints – antifoul for Fergo Fgi – Fibreglass & Resin Riley Fittings – Rig fittings for Fergo
BENDIGO BANK FRESHWATER – Shirts to the value of \$800
CERNO INSURANCE - \$2500 from Charity Golf Day, running costs and new sail for Fergo
SPARKS CARPETS – Brookvale – carpet worth \$350
JIM BROWN FOUNDATION – Winches for Fergo - \$200
CROMER GOLF CLUB - \$12,000

Topics covered are: Duties of the Registrar and deck helpers; Getting everything ready (Boat Operations); Rigging; What happens on the Pontoon (Pontoon Manager); Using the hoist.

1. Logon to the website:
www.manlysailability.com.au
2. Choose Training from the main menu on the left
3. Click on the video you'd like to check out

<http://www.youtube.com/user/manlysailability>

If you watch these, you'll find you'll be well prepared and more involved. Let's have your feedback and suggestions. *Jude*
