



Signals from

Sailability Manly

February 2017 Edition 135

www.manlysailability.com.au

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Diary Dates: Don't miss these:

Please note these carefully as some dates have changed due to circumstances beyond our control.

1. The Date of the Women's Challenge has been changed to 18th March, 2017.
2. This has left us with a day on 11th March which will become a regular sailing day for these groups: Balmoral, Freshtracks, Young Sailors, Rap'n'Rave and general sailing for our families and people who live in the community.
3. 25th March will be the President's Cup, at Dobroyd Sailability, at Rodd Point, near Fivedock. We will take 3 boats over for this fun Regatta Day.

Volunteers, please check your rosters carefully so that we have enough helpers for each of these dates. If you are available to help at Rodd Point on 25th March, please let Eli know at 9976 2747.

Sailors and families, if you would like to join us at Rodd Point, also please let Eli know. It will be a great day to watch the sailing, experience a Sailability Regatta without travelling very far, and join in the fun. (9976 2747 or eli@manlysailability.com.au)

Sailing Schedule:

Day	Date	Groups
Wednesday	1 st March	Forest High, Arranounbai, St Ives CS, DYIM, Waitara W
Sunday	5 th March	Trip on Tenacious (Fully Booked)
Saturday	11 th March	Balmoral, Young Sailors, Rap'n'Rave, Freshtracks, General
Wednesday	15 th March	RFW, Forest High, Verne Barnett, Fisher Rd, Waitara W
Saturday	25 th March	President's Cup, Rodd Point, Fivedock.
Monday	27 th March	BIRDS, Freshwater High
Wednesday	29 th March	Forest High, Fisher Rd, Sunnyfield Fr Forest, Waitara W
Saturday	8 th April	Freshtracks, Housing Connection, Young Sailors
Wednesday	12 th April	Achieve, AFFORD, Sunshine Fr Forest, HWNS, Waitara W
Saturday	22 nd April	Balmoral, Rap'n'Rave, Young Sailors, Lorikeets
Monday	24 th April	BIRDS, Freshwater High
Saturday	6 th May	Freshtracks, Housing Connection, Lollipops, Young Sailors
Wednesday	10 th May	RFW, DYIM, Arranounbai, Achieve
Saturday	20 th May	Regatta

Another Great Sailing Day. 1 February 2017

Our wonderful team for today was:

Sailing Coordinator: John W
Pontoon Manager: Col
Registrar: Helen
Life jackets: Wilma
Boat Operations: Denis
Charlie's Chariot Skipper: Rob/Warwick.
Observer: Meg
Sailors: John P, Ivan, Denis, Michael, Jim Y, Helene, Jim G.
Radio: Corey, then Shelia.
Staff on deck: Tony, Kath, Sheila, Corey, Ros, Allison.
Pontoon staff: Brian, Kath.



Our great teams sailing this morning all arrived at around the same time because of a massive hold-up in traffic on Mona Vale Road earlier in the morning, making it difficult getting to the centres. This created an opportunity for long, drawn out morning teas, and a chat and exchange of information for the carers. Sunshine sent two groups, from two different centres. Millie, Brodie, Anna and Georgia came first, then Ashley, Derek and Judy in the second group. Millie was her beautiful bright self, always standing back and letting 'someone else' go next. Jonathan arrived with Doug for a ride on Charlie's Chariot this morning. Then Ross, Nina, Tiara, Denis, David, Mikey, Paul and Stefan from House With No Steps.

Travis arrived next, and was full of language. He said that sailing was awesome, much to the amazement of his carer, Mark. Matt, Sascha, Alan and Les arrived from Catholic Care, Waitara, then last of all, Lauren, Jackson and Alessandro from Afford, over in Ashfield.



All taken together, a most successful morning, in spite of the continually threatening, but never arriving rain, and the distinct lack of a worthwhile breeze.

We had a visit this morning from a lovely English Lady, Meg, from Wealdon Sailability in Kent, UK. This amazing character kept us all amused with her tales from home, and became a marvellous observer on the Support Boat.

State Championships,
Coomba Sailing Club. 11th and 12th February, 2017.

Sailability Manly took 3 boats up to Coomba Park for the State Championships on the weekend 11th, 12th February.



Philip sailing confidently on the lake on Friday afternoon.

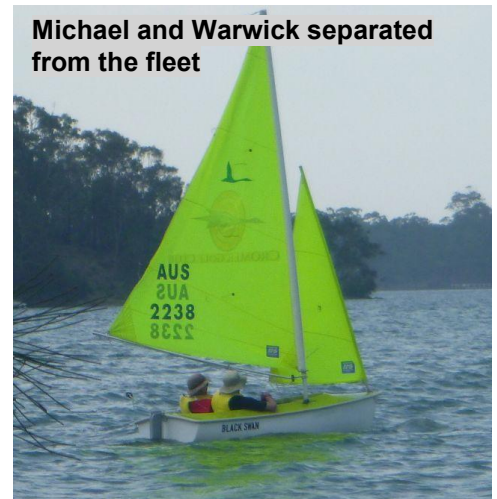
Thanks so much to Warwick for towing the boats. Denis and Ivan sailed in Eli D, Michael and Warwick sailed in Black Swan, Philip sailed in Alan Wood. The population of the small town of Coomba Park was swollen by 112 people, who came to sail, help with the sailing, or just sit in the sun having a nice time. The meals put on by the local community were amazing, and the entertainment on Saturday night even better. 44 boats in total competed in 303 doubles or singles, 2.3 doubles, singles or servo.

Philip was amazing in his stamina and determination and did a fantastic job for Sailability Manly. His boat worked really well, constantly for many hours, thanks to the batteries, and the set up. He practised on the Friday afternoon, then sailed for over 2 hours, getting

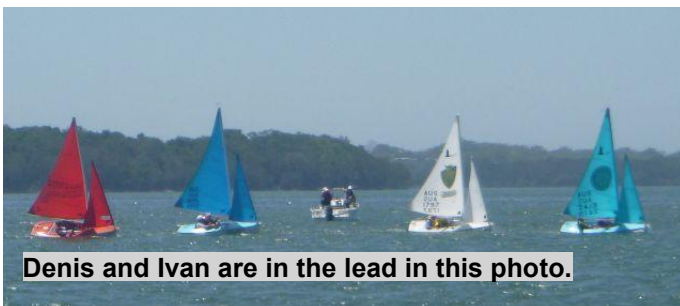
in 3 races with an 8th, 5th and 9th place, racing against the very top sailors. On Sunday, he became a little confused about the courses, but managed a 6th place in Race 5. Wow! Philip, you received the Encouragement Award for this series with a 7th overall.

Michael and Warwick, racing in Black Swan did well, learning how to get around the course in company with 14 other boats, learning the course on the Saturday, and making huge improvements on the Sunday, with the best result a 6th place.

Denis and Ivan came very close to a 3rd place, coming in in 4th place overall. A great effort against some of the sailing elders of Sailability NSW.



Michael and Warwick separated from the fleet



Denis and Ivan are in the lead in this photo.



Some of the Regatta Fleet

15th February, 2017. A Great Sailing Day.

Thank goodness for a cooler day today. The sky was heavy and overcast, and the wind quite light, making it a pleasant task to put the boats out.

Volunteers today were:



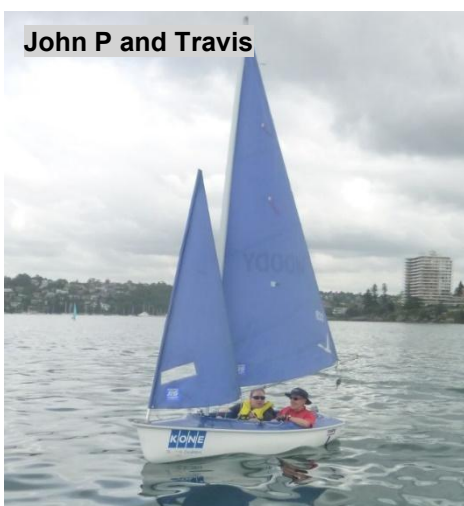
The Support Boat Crew

Warwick, Corey, John P, John B, Helen, Wilma, Jim, David G and David W, Allison, Sheila, John W, Denis, Ken, Ivan, Ros, Michael and Helene. We spread the jobs around, each taking a turn at everything, so that we always had 6 sailors on the water, a Support Boat Driver and observer, a person on the radio, usually Wilma helping with life-

jackets, and a variety of Registrars. It put a different focus on things, and was a little more relaxed than usual.



Sascha and Helene



John P and Travis

We had 3 lovely groups in, starting with our Royal Far West Students: Malayla, Aiden, Kristie, Lachlan and Rebecca. These 5 went off for a sail while our very large group from Truscott St arrived, first of all in singles, then in a rush. Liam was there with his Mum, then Syle, Zara, Tyson, Harry, Maria-Carmela, Tom, Ruby, Maggie, Riarna, Ethan, Sam, Jazmine, Sion, Ricky, Jessica, Annabelle, Manu, Yu-Yu, 19 in all with helpers, parents, Grandma's, etc.. It was a very large

group on the deck.

In the meantime, Connor and Ruby came with their teacher, Michelle from Forest High, Travis with his helper, Mark, then last of all: Waitara Wonders, who showed wonderful patience arrived with helper, Bianca. Needless to say, everyone had a beautiful, smooth sail, some with a tow back to the pontoon, returning with the hugest of grins.



John and Maria-Carmela

Monday Sailing, 27 February 2017

Just 13 helpers today took two small groups for a sail in weather that was very uncertain, with winds changing continuously, and rain threatening every so often.



Denis and Steve



Ivan and Marlena

Brian was Sailing

Coordinator, Warwick the skipper in Charlie's Chariot, Col the observer, John G the photographer, Helen the registrar and Cory the time-keeper.



James and Jackie

Sailors were Denis, John P, John G, Ivan, John, Jackie and Kath.

Participants from Freshwater High had a fabulous and long sail, arriving at 9.15 and not leaving the water until 10.30. The Students loved the relaxed feeling that a long sail produces, with Marlena's huge smiles, Steve's incorrigible grin and Lucy's elation a feature of this section of the morning.



John P and Stuart

It took a while for the BIRDS to arrive, but once there, they were quickly put into boats and taken for a sail. May is truly enjoying her sailing now, and Danielle sailing solo in whatever boat is available. Stuart, Alan, James, Brad, Steve D, Peter loved their sail, while Denise sat on the pontoon and watched, as she feels she is not ready to participate in sailing yet.



John and Lucy

Thank you so much to our sponsors:

• Patron: Jean Hay, Mayor of Manly
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Manly Council \$1,250.00 Charlie's Chariot Maintenance.
• Bunnings Warringah Mall: New picnic table and Umbrella Stand
• Balgowlah Masonic Lodge: Donation \$3,000.00
• Bendigo Bank: PFD's, part of the Defibrillator.
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• David Webb Donation of \$1,000 towards much needed equipment.
• Lynette Gould Painting for Raffle brought in \$2,000.00.

The Committee of Sailability Manly.

President: Rob Southam	Minutes Secretary: Rob Southam
Secretary: Eli Demeny	Race Organiser: Caroline Holdstock
Treasurer: Patrick Alexander	Committee Members: Ken Boyes
Membership: Helen Hendry	Ray Rampton
Webmaster: Alan Bimson	Col Gregan
Maintenance: Barry Newell+committee	Warwick McKenzie
MYC rep: Jackie Morgan	Vice President: David Webb
NSW rep: Denis Linney	

About Manly Sailability

Venue: Manly Yacht Club, East Esplanade (end of Wood St) downstairs dockside

Visitors are always welcome to try us out for \$5.

Annual membership is \$30 and includes unlimited sailing for. Please call **Eli (ph 9976 2747)** a day ahead to ensure you get a sail.

Sailing starts from 9.30 am.

Parking: We have parking permits for your car, if you don't already have a disability parking permit,

Extras to bring: All sailors and volunteers must bring a hat that stays on. We supply cool water, sun-screen and life-jackets.

Volunteers: Please be at the **Manly Yacht Club pontoon by 8.30am. We finish at approx 1.00 pm** If your name appears on the roster, and **you are not available**, please let the Sailing Coordinator of the day know. If you're not rostered on, please turn up anyway – we'd love to see you.

We don't sail if the wind is over 12 knots or if it is heavy rain. Call 9976 2747 to check that sailing is on.

State Titles, Coomba Park, 2017.

