



Signals Newsletter – Manly Sailability

February 2014 - Edition 99

After months and months of no rain, we have had some really bad weather days recently. It is vitally important to check whether we are sailing before you set off from home by calling 9976 2747 so that you do not have a wasted trip to Manly. We cannot sail if the wind is too strong in Manly Cove, or if it is raining here in Manly.

The Autumn Roster has gone out to all Volunteers. Please check where your name is on the list and enter these dates in your diary so that you do not forget. Remember, we are all dependant on each other for smooth sailing days.

We have restocked our red shirt cupboard. If you would like to buy one, just see Eli next time you are at sailing. Shirts are \$25.00 each.

Manly Sailability is looking for a volunteer to help with boat maintenance, if you are able to offer time and skills please let us know!

VENUE

Manly Yacht Club
East Esplanade (end of Wood St)
downstairs dockside via accessible ramp

PARKING

Parking permits available and special arrangements for mini-buses and wheelchair lift vans.

WHAT TO BRING?

Sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Life-jackets are provided.



Apologies to our readers that this month's newsletter is a little late.

We have been very busy and so have a Signals packed with news and stories for you!

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Special Events

Friday 21st March, MYC End of Season Party

MYC have extended an invitation to the upcoming party for Manly Sailability members and friends. With a special theme "One night in Cuba" this is sure to be a fun filled evening. Tickets are \$30 in advance or \$35 on the night, including entry, dancing, finger food and surprises. Tickets from Jackie (0431 174 017)

Saturday 22nd March, The Women's Challenge

Similar to the December Regatta, this is a fun day of racing for women only at Manly Yacht Club. This race is in the early afternoon and we would like all of our boats out with women skippers, if you are interested in taking part please contact Helene (02 9879 7414)

Saturday, 12th April, MYC Commodore's Picnic

Held at Reef beach after our sailing session, keen Volunteers and walking Participants can sail over to Reef Beach for fun and a delicious lunch provided by the Commodore, Greg Wilkins. As well as the picnic there are games, some fun sailing activities, and lots of excitement.

Wednesday 7th May, Volunteer Recognition Evening

We invite all of our fantastic volunteers to join us at Manly Yacht Club for an evening of dinner and drinks. This will be a great way for Manly Sailability to thank you for your support and to meet all of our other volunteers

Saturday 24th May, End of season Regatta

This keenly contested regatta goes towards the Wayne Black Trophy, getting special mention at the Manly Yacht Club Awards Presentation Night. Watch out for more information about this Regatta in the March Signals.

Sailing Schedule

General Sailing Days

| | |
|----------------------------|--|
| Sat 1 st March | Balmoral, General. Rap'n'Rave |
| Sat 8 th March | Port Stephens Cup |
| Wed 12 th March | RFW DYPSC Amaroo, Sunshine Pymble, BIRDS, General. |
| Sat 15 th March | Women's Challenge, Manly Yacht Club. |
| Sat 22 nd March | SEALS, Forest CAPS, Arranounbai |
| Wed 26 th March | Balmoral, General, Rap'n'Rave |
| Sat 29 th March | |
| Wed 9 th April | Sunnyfield, HWNS |
| Sat 12 th April | BIRDS, General |
| Wed 23 rd April | MAPS St Ives, Achieve, Rec Rend |
| Sat 26 th April | General, Rap'n'Rave |
| Sat 10 th May | BIRDS, General, Inala |
| Wed 14 th May | RFW Verne Barnett, Amaroo |
| Sat 24 th May | End of Season Regatta |
| Wed 28 th May | Arranounbai, Sunshine Pymble, SEALS, DYPSC |

For latest updates visit www.mailysailability.com.au

A Special Thank You

Hi Eli,

I just want to thank you and all the volunteers for letting me come and try sailing two weeks ago. The experience blew my mind. I did not know that sailing boats can skim along so fast and I enjoyed the new feelings. (Well after the sailor explained that the boat is meant to tilt - I enjoyed the new feelings. Before that I was a little apprehensive). I think I might have been a little spoiled because I got the perspectives of two wonderful sailors. It made me really admire what the volunteers and people with disabilities achieve.

I think you are a very generous and open hearted club and I appreciated being accepted without question. I will certainly be trying Sailability again as soon as possible.

There was one disappointment, however. I thought that by the end of the morning I would be sailing the boats. It wasn't until I got in one that I realised what a complex craft sailing is and how many factors you have to pay attention to. I was surprised by all the different ways of controlling the boat and all the skills needed.

Once again thanks for making my weekend.

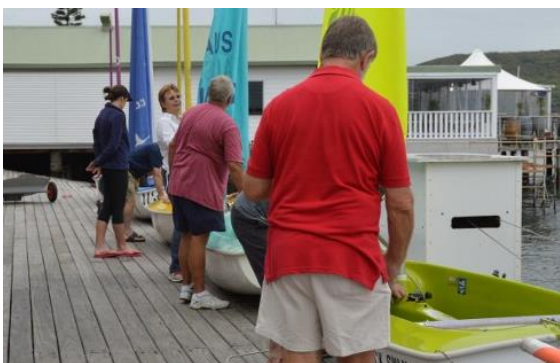
In appreciation,
Jess.



Australia Day Regatta

Sunday 26th January

The best Australia Day Regatta so far was the general consensus after the delicious lunch and prize giving presentation on Sunday. Gray skies did not dampen our enthusiasm as we quickly rigged the 7 boats needed and got them on the water. We needed to change some of the personnel racing at the last moment, as some of our registered sailors were not able to arrive. It turned out, as it always does, that all boats were filled, and all personnel who came down were able to sail, watch the racing from Charlie's Chariot, or help to prepare lunch.



Rigging the boats

The Radfords were the Race Officers on Carlysle, Charlie's Chariot crew was Barry, Crosbie, Dale and Helen, crews and boats as follows:

| | |
|--------------|------------------|
| Dolly Wallis | Caroline and Eli |
| Woody | Denis and Ivan |
| Alex | Philip and Adam |
| Th ING | Peter and Carina |
| Vin | Helene and Mike |
| Black Swan | David and Tony |
| Lionheart | Jack and Joe |

For race 1, the course was set in a moderate Easterly breeze, and the race started right on time. Th ING took an early lead and kept it all the way around the course, with Woody coming in second, and the rest of the boats finding their way to the finish line.



The second race was a lot faster, as the breeze picked up, and the course was changes slightly to accommodate a swing in the breeze to S.E. By the time the race sequence had finished, the breeze has swung back to its original setting, making the sailing a lot easier, and a lot faster. Woody came in first this time, followed by Lionheart, then the rest of the crowd. The Regatta score was based on a

count back, so the first place getters were Woody, Th ING and Lionheart with the remainder of the boats coming in very quickly.



The winners leaving the pontoon

We went home to find the lunch ready, thanks Dallas, Shauna, Jayme-Ann, Shelley, had the presentation, and packed everything away.

Thanks very much Graeme and Maz for being excellent Race Officers as usual and to Helene for organising a wonderful race. Thanks also to all of our racers for spending Australia Day with us, and to all of our photographers.

Eli

| Regatta Results | | | | | | | | | |
|---|---------|--------------|---------------|-----------|-------------------|---------------|--------|--------|-------|
| Place | Sail No | Sail Colour | Boat Name | Boat Type | Helm | Crew | Race 1 | Race 2 | Total |
| 1 | 833 | Dark Blue | Woody | 303 | Dennis Linney | Ivan Demeny | 2 | 1 | 3 |
| 2 | 1598 | Orange | Thi-ING | 303 | Peter Singer | Corinne Stone | 1 | 4 | 5 |
| 3 | 812 | Yellow | Lionheart | 303 | Jack Bennett | Joe Beskin | 3 | 2 | 5 |
| 4 | 2232 | Red | Vin | 303 | Helene Francois | Mike Burnett | 5 | 3 | 8 |
| 5 | 753 | Purple | Dolly Wallace | 303 | Carolyn Holdstock | Eli Demeny | 4 | 6 | 10 |
| 6 | 2238 | Fluoro Green | Black Swan | 303 | David Webb | Tony Jones | 6 | 5 | 11 |
| 7 | 1662 | Aqua | Alex | 303 | Phillip Broad | Adam Johnston | 7 | 7 | 14 |
| Thi-ING and Lionheart tied for second place on 5 points each. Thi-ING won on countback placing second and Lionheart placed 3rd. | | | | | | | | | |

Sailing Saturday

Saturday 1st February

What a good crew we had today to give pleasure and a sporting experience to a small group of participants. John was the Boat Operations Manager, ensuring that all boats were correctly rigged, Barry the Pontoon Manager, helped by David W., Nancy the Registrar, Helen the chef, with Sue and Jenny, Ralph on Charlie's Chariot with observer, Chris, sailors Ivan, Mal, Jim, Vince, Jack, Bob, Peter, David G, Denis, and Steve. Later in the day, John took over as Support Boat Driver, with Jacinta as trainee driver and Ray as observer.



Getting the boats rigged

Extra helpers were Lianne, Ariane, Ros, new volunteer Gail, Tony, and helpers of participants; Prue, Peter, Lars and Sue. We also had visitors who

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may turn into helpers; Ray and Ben. Jannie arrived a little later, just in time to take Jess for an extra sail, and be a fresh pair of hands for helping put boats away. So, there were plenty of learners and teachers, making it pleasant for everyone.



Jonathon in Charlie's Chariot

Our participant sailors today were Megan, Alan, (trying his hardest to sink Clea, but it won't sink, Alan, however much water you put into it.) Matthew, Jonathan, Jon, Maureen, Judy, Craig, Noah, Sofia and Jess from Dubbo, in Sydney for a Dragon Boat Race. Sam, Vanessa, Luca and Sophie from Inala.

It was a perfect sailing day with light winds and plenty of sunshine. What a lovely way to spend a Saturday morning.

Eli.



Ray under supervision from John

Sailing Report

Saturday 12th January

Another beautiful day for a sail this morning. Not too much sun, a little cloud and lots of lovely school kids busting to get out on the water in our little sailing boats.



Jim, Tazmira and teacher in the red boat

Owen, Jacob, Joshua, Brodie, Jacoba and Harrison from Royal Far West School came down with Joe, Victoria and Maurice for an early morning sail, then Harry, Lliam, Gabriel, Samantha, Ricky, Jameson, Matthieu, Jin, Sion, Max, Ethan, Milla, Mustafa, Alec, Liam, Jasmine, YuYu, and Tazmira, quite a large group arrived first of all in dribs and drabs with some of the parents, then in a bus with the remaining 12.



Rob, Mum and Ethan in the orange boat

Thanks so much to their very patient helpers and parents they all managed to have a sail in the slow conditions, and then a nice lunch in the park later on.

Of course this could not have happened without our wonderful Sailing Coordinator, Brian: Support Boat Driver and observer John and Cory, Pontoon Manager; Col, fantastic sailors; Ivan, Rob, David G, Jim, John B, Sam and John O.C. We also had some

new volunteers today...welcome Alex, and Kathy; Registrar Helen, radio operator Sheila, extra helpers on deck Denis, Michael, Terry and Phil, helpers on the pontoon Tony, Alex, Jerome and Byron.



Col and Yu Yu getting into a boat

The day got a little interesting with a huge Navy vessel fresh from the Antarctic that cruised into Manly Cove, taking up more than half of the harbour, so that even the ferries had to detour, and our little boats just bobbed around trying to keep out of its way.

Eli.

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Tony and Jin getting ready

The joys of sailing

Saturday 26th February

There was no decision to be made this morning, it was going to be a beautiful sailing morning with a light Nor Easterly breeze, and lots of eager helpers coming along for the ride.

Early birds Helen, Terry, Ray, Barry, Brian, Michael and David Gr. arrived early to start the rigging and get Charlie's Chariot to the pontoon. By the time Philip, Kathy, David Go, Corey, Samantha were on

deck, most boats were in the water, enabling our crew out on the water for a practise sail before our participant sailors arrived.



Fisher Rd students: Zane, Harrison and Matthew

A short briefing on the efficient use of harnesses started the day, and then sailors Terry, Jim, Samantha, David Gr., Michael, Ivan, took off with some of our trainee sailors. It wasn't long before Zane, Jake, Matthew, Harrison, Jarryd, Russell and Thomas from Fisher Rd School arrived, and the serious business of the day commenced.



Jake, waiting patiently for his turn

David Go was a fabulous Pontoon Manager, keeping things moving safely and efficiently, Ray was in Charlies Chariot with Observer, Corey, Caroline was in charge of life-jackets, with helpers on deck Helen, Barry, Kathy, Michael, Sheila, John, and pontoon helpers Barry, David W, Peter, Byron, John C. The Fisher Rd children, Zane, Jake, Matthew, Harrison, Jarryd, Russell and Thomas all had an enjoyable sail before the next group arrived, with Russell and Thomas opting for a ride on Charlie's Chariot along with their teacher, Trish. What a wonderful experience for these children, evoking a torrent of language.



Ivan taking smiley Jarryd

The following group was from House With No Steps, and we had a couple of changes of sailors at this stage. John C, John B and Caroline took over some of the sailing duties to give Mikey, Paul, David and Craig a sail, and Peter took over on the Support Boat. Mikey managed to have 2 bites of the cherry, as with that lovely smile, who can resist? It was also good to see that the teachers

from Fisher Rd remembered these young men from former days. Thanks, helper, Gabby.



Elizabeth's fabulous smile

This group was followed by our delightful group from Amaroo, under the management of Eluene, Tegan, Ben and Chris. Sarah, Madeline, Daisy, Chris, Elizabeth, An, Nicole, Ian and Claire also enjoyed their sail, and the picnic that followed. It has taken a few tries, but we now have Elizabeth comfortable in the boat, as evidenced by her beautiful smile, and the lovely way she communicates her pleasure. An kept us amused by his comments about all manner of things. Next time, Ashley will go for a sail or a ride in Charlie's Chariot, when we have sorted out some safe seating for her.

Michael B went for a solo sail, and next time it will be Byron's turn for this, so that we have 2 new trained sailors. It didn't take long to pack everything away with such a willing group of helpers. All in all, a very enjoyable morning.

Eli.

Committee Members

| | | |
|--------------------|--------------------|--------------|
| President | Brian Guest | 9977 2577 |
| Treasurer | Patrick Alexander | 9913 9848 |
| Vol/ Sec/SNSW Rep | Eli Demeny | 9976 2747 |
| Maintenance/Safety | Barry Newell | 0404 470 195 |
| Memberships | Helen Hendry | 9949 6667 |
| MYC representative | Jackie Morgan | 9949 7847 |
| Social Sec | Sue Gladstone | 9938 1391 |
| Race organizer | Helene Francois | 9879 7414 |
| Webmaster | Alan Bimson | 0400 328 268 |
| Committee Members. | Peter Hamilton | 9975 1434 |
| | Ray Rampton | 9400 2006 |
| | Peter Singer | 9416 8749 |
| | Evelyn Shervington | 9976 2134 |
| | Ralph Newman | 9451 9462 |
| | Chris McGrory | 0450 500768 |
| NSW Rep. | Denis Linney. | 9939 0320 |
| Marketing. | Kandy Tagg | 9977 1015 |
| Minutes Secretary | Lianne McGrory | 0412 007388 |

Sponsors

- Patron. Jean Hay, Mayor of Manly
- Hugh Treharne Donation: \$2,500
- Manly Yacht Club.
- Manly Council. Maintenance and Fuel for Charlie's Chariot : \$1,000
- Bunnings, Warringah Mall. Regatta Prizes, barbecue.
- Manly Sunrise Rotary: \$3,000 donation.
- Bendigo Bank. Shirts and Brochures.
- Cromer Golf Cub. \$12,000
- Cerno Insurance. New Boat, Black Swan
- Jeff Smit at Premier Automotive, Beacon Hill. Inspection for trailer
- Blackbaud Pacific: \$500

We thank all of our sponsors for their generous support

Joke of the Month:

Two people are out sailing one day, when suddenly a hand appears in the sea.

What's this, asked the skipper, a man overboard?

No explained his crew, it's just a little wave!

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Do you have an interesting article or update for our newsletter? We'd love to hear from you! Please contact Lianne McGrory, Signals Editor

LianneMcGrory@gmail.com

0412 007388