



# Signals *from* *Sailability Manly*

December 2017 Edition 145

[www.manlysailability.com.au](http://www.manlysailability.com.au)

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## Thank you Thank you Thank you ...

to our wonderful team of volunteers who have ensured that through the activity of sailing, people's lives are enriched; lives of people of all abilities - the elderly, the financially and socially disadvantaged as well as people with physical and intellectual challenges. The Manly Sailability Team are just one team of many, world-wide. We wish you a very happy Christmas and very best wishes for the New Year.

Jennie and the editorial team

## *Our New Patron*



We are very pleased and proud to announce that Michael Regan, Mayor of Northern Beaches Council has agreed to become the Patron of Sailability Manly. For many years, as a member of Manly Council, Michael has supported us in our efforts to run a successful Sailability at Manly. He has visited us at sailing days, and at our Volunteer Recognition Functions. Now in his prestigious role as Mayor of Northern Beaches Council it is wonderful that Michael will continue to support us in this way.

## *Dates for your Diary*

New Year's Eve Fireworks, Sunday, 31st December, from 7.00 p.m in our usual spot at Manly Yacht Club, lower deck. Bring nibbles and a drink.

Back to regular sailing for 2018 - 6th January, 10th January.

Australia Day Regatta Friday 26th January. Interested competitors, skippers and crew, please contact Denis on 9939 0320 now, and get to choose the best boat.

Women's Challenge, Saturday 17th March. Women needed to fill all of our sailing boats and a few men to come down to give a hand with rigging, Support Boat Crew, etc.



## *New Year's Eve Fireworks*

Members and their friends are invited to watch the New Year's Eve 9.00 p.m. Fireworks together on Sunday Night, 31st December, 2017 at Manly Yacht Club, downstairs on the deck. Tables will be set up from about 7.30 p.m., so if you want to come and have a picnic dinner, that is fine. Otherwise be there at around 8.00 p.m. to mind a spot. Bring some nibbles to share.

**2016 New Year's Eve Fireworks**

*Saturday, 6th January 2018*

Sailing commences for 2018 - program below.

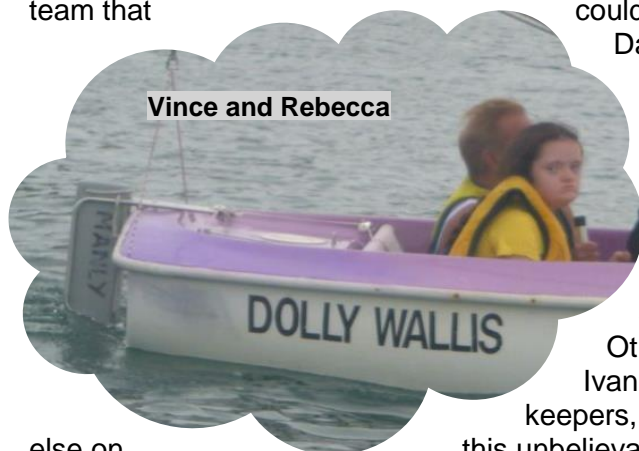
## *Sailing Schedule:*

Day	Date	Groups
Sat	6 January	Rap'n'Rave, Kookaburras, Balmoral, Housing Connection
Wed	10 January	HWNS, Unisson St Ives, SEALS, Sunny Field Fr Forest
Sat	20 January	Kookaburras, Waitara AH, Sargood/Freshtracks
Wed	24 January	Unisson Pymble, Achieve, AFFORD Bee Cos
Fri	26 January	Australia Day Regatta
Mon	29 January	BIRDS, SEALS
Sat	3 February	Booked Groups, General
Wed	7 February	Booked Groups, General
Sat	17 February	Booked Groups, General
Wed	21 February	Booked Groups, General

## *St Andrew's College Sony Saturday Camp 2 December 2017*

Just a very small team arrived this morning to set up for our St Andrew's College Sailing Day. Having expected a much larger team, there followed some frantic phone calls until we created a team that

could work. Thank you so much to Tony, Wilma, Scott, David W, Ken, Ivan, Helen, Barry, Ros, Denis, Michael, Vince and Marc. Everyone took over any job that was needed, and we managed some amazing achievements today.



else on

this unbelievably busy day.

Ken drove Charlie's Chariot under the supervision of Barry, who is not yet strong enough to drive after his incredible recovery. Marc took the photos, Scott proved his worth as a sailor in strong breezes. Other sailors were Denis, Michael, Vince, David and Ivan. Tony and Ros took on radio operators and time-keepers, while Helen, Wilma, and Eli managed everything

Tim and Will came down from Trilogy Disability. Will managed to don a life-jacket and walk as far as the pontoon, then came to a full stop. Next time, he will manage to sit in a boat, which we know he really wants to do, but is having a problem plucking up the courage. Tim calmly walked to the pontoon after donning a life-jacket, stepped into the boat that was waiting, and went for a lengthy sail in the strong breeze. When he returned, he also wanted a go on Charlie's Chariot, but that did

not eventuate this morning. We have identified some challenges for these boys, which will slowly become achievements.

Then our St Andrews team arrived with their companions and other helpers. A huge group for our small area, but we sat them outside, and called each person as a boat became available. A great team effort; Brady, Ethan, Joel, Scott, Felise, Alexander, Charlotte, Will, Rebecca, Lockie, Luca, Cameron, Bradley, Mark, Bridie, Nam got to sail, with their companions watching from the side. Team leaders Lachie and Alex helped enormously with the organisation of the group. We had around 40 children, chef's, photographers, and students, all out to have an experience that will never be repeated. A most satisfying experience for St Andrews Students and our Sailability Volunteers.

## *A weird and wonderful Wednesday 6 December 2017*



It's not every sailing day that we start work at high tide and discover that the pontoon is standing higher than the deck, which was washing over with waves every so often. A Super Moon and this time of the year brought this extra high tide, which meant another new experience for our participants. A little paddle in bare feet through a pool of knee deep cold water kept everyone giggling at the start of the sail, and the sight of the boats standing higher than the deck caused some

consternation among the sailors. But it was perfectly safe in the very light breezes that were about this morning, and lots of fun.

Our incredible Wednesday team consisted of

Sailing Coordinator: Rob.

Power Boat staff: John, Corey, Jennie, Tara.

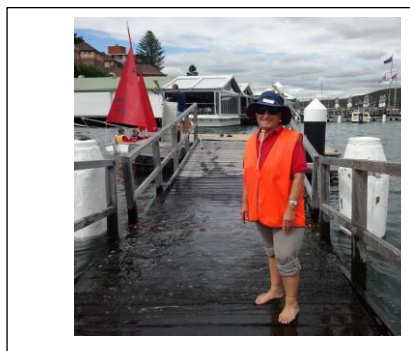
Staff on Upper deck: Ken, Tony, Wilma, Indiana, Ian, Peter, Shelley, Juliette.

Pontoon staff: Natacha, Tara, Malcolm, Michael, Marc.

Sailors: Helene, Denis, John, Rob, David, Jim, Ivan, Michael.

We had some wonderful new volunteers this morning: Tara, Natacha and Ian were not shy about joining in the process and all learned a lot for their first day volunteering with us. We will see this keen group back as enjoyment was evident on all the faces.

We needed all of the volunteers because 30 participants and their helpers and carers, and some extra family members came to sail with us today.





First up was Royal Far West, with teachers Craig and Jenny: Indyanah, Tiarra, Jack, Harley, Tyson, Colton and Daniel could not believe that the pontoon was not broken, and that half of it was underwater. What fun it was to sail on top of the waves and through the furrows.

Truscott St brought Liam, Maria, Jazmine, Ricky, Harry, Jessica, Samantha, Riarna, Etahan, Maggie, Sion, James, Ruby, Tom and Tyson with helpers Corinna, Carrie, Victor, and Liam's Mum. Most of these children had the unusual experience of splashing their legs in the cold water, while a couple of them elected to ride down in the wheelchair, through the water as it seemed too difficult to remove their shoes. Ouch!!



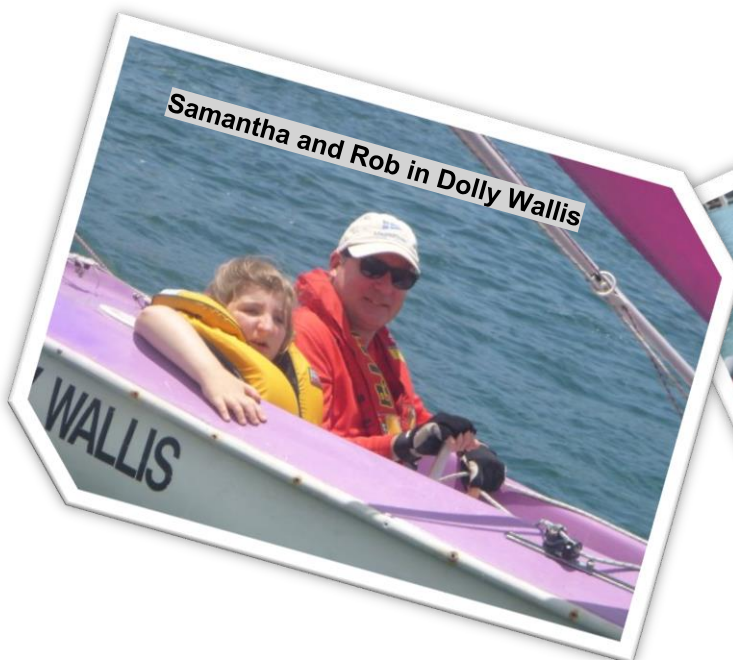
Denis and Colton in Woody



David and Tiara in Vin

Then our faithful group from SEALS Zoe, Doug, Jake, Elyce, Nikita, Alistair and Montana with Simone and Olivia arrived for their sail, and were also entranced by the height of the water.

A great day to finish off the year's sailing program for these groups.



Samantha and Rob in Dolly Wallis



Jenny in CC

## December Regatta 9 December 2017



We had an excellent turn up for our Regatta this morning, and the weather was perfect to make it even more exciting.

Participants: Denis and Ivan; Michael and Ollie; Jackie and Caroline; David W and Tony; David Go and Ros; John and Crew; David Gr and Judy, Ralph and Sarah, and Alan were all there pleasantly early to rig their own boats, while crew on Charlie's Chariot; Jennie, Ken, Tacha, Troy, as well as Manly Yacht Club Race Officers, Pam and Bruce had everything ready by the time the race was due to

commence. Catering crew Colleen, Matt, Peter and Eli were already working hard to get the items for the lunch together, prepare it in the kitchen, then wait until the racing was finished to take it downstairs.



It is not an easy job to prepare 9 Hansa



Dinghies for racing, but with everyone helping, the boats were taken down to the pontoon, last minute



touches added, a quick briefing, then all of the crews embarked and took off across to Reef Beach to start the race.

Three races were run in near perfect conditions. Bruce and Pam remarked that it was the closest race for Hansa



Dinghies they had seen for a very long time, with constant changes of position, and some incredible concentration shown by all skippers and crew with the final results:

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## *THE RESULTS*

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*1st place: David Go and Ros*

*2nd place: Jackie and Caroline*

*3rd place: Denis and Ivan*

The putting away was not easy, as the racing took so long that the Juniors and G fleet were ready to go at the same time as the Hansa Dinghies arrived back. It was wonderful to see the cooperation and good spirits of all teams as they threaded their way amongst each other with the hoist working overtime; youth, people with a disability, parents, volunteers and others working together to make everything work smoothly. United Nations take note.

Last of all, the delicious lunch provided by the kitchen crew, lead by Colleen, was on the table and being consumed by our team of 21. Thanks so much to Pam and Bruce, and the whole of Manly Yacht Club for making our end of 2017 Regatta a success.

## *Last Day's Sailing for the year 13 December 2017*

This morning we had the most ideal conditions ever. The sun was shining but not too hot at Manly Cove with a delicious 8 to 10 knot breeze from the North East cooling the area off while the rest of Sydney was sweltering in 30 degree temperatures.

Our wonderful team of volunteers arrived early and set up as if for an army of sailors. 8 boats on the water, with every 303 and one of the 2.3's all perfectly rigged waiting for our promised participants. While we waited, all of the volunteers and extra people went for a sail after a delicious morning tea provided by Helen, and we waited, knowing that our sailing group was just around the corner, and we waited.

Sony Camp had planned their helpers experience on

A little later, regular sail, Choose and join us, so enjoyed going

Thank you so in today:

Denis, Allison, Wilma, Rob, Jim, Ken, Ivan, Corey, Jet, Peter, Shelley, Helen, Michael, Ian, David, Helene.



**Jonathan sailing.**

Finally, just 6 sailors arrived from our group, out of the expected 30 that we for, and we managed to talk 4 or 5 of from PLC/Shore Schools to have an the water.

Jonathan arrived with Doug for his then a group that was just passing, Connect came and asked if they could Rodney, Shannon and Chris also for a sail.

much for the wonderful effort you put Indiana, Tony, Ray, Jennie, John,

As we all left the area in dribs and drabs, we saw a police car pulled up across the mouth of one of the small streets we walk up to get to our cars. Unfortunately, Ray fallen as he was attempting to put his walking frame into his car. He was lucky that the police car was coincidentally driving up the road as he fell, so the police personnel were able to comfort him and call an ambulance before any of our other helpers arrived at the scene. Ray is in hospital at the moment recovering from the fall, and since then his wife Jenny has had a fall and is in hospital. Our very best wishes are with them both and we do hope for them to be back home soon.

## *Thank you so much to our sponsors:*

• Michael Regan, Mayor of Northern Beaches, Our New Patron
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Lions Club of Manly \$2,000.00 Charlie's Chariot Maintenance.
• Bunnings Warringah Mall: New picnic table and Umbrella Stand
• Balgowlah Masonic Lodge: Donation \$3,000.00
• Bendigo Bank: PFD's, part of the Defibrillator.
• Cromer Golf Club: Hansa 303 Black Swan
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• David Webb Donation of \$1,000 towards much needed equipment.
• Lynette Gould Painting for Raffle brought in \$2,000.00.

## *The Committee of Sailability Manly*

President: Rob Southam	NSW rep: Denis Linney
Secretary: Eli Demeny	Minutes Secretary: Rob Southam
Vice President: David Webb	Race Organiser: Caroline Holdstock
Treasurer: Patrick Alexander	Committee Members: Ken Boyes
Membership: Helen Hendry	Ray Rampton
Webmaster: Alan Bimson	Warwick McKenzie
Maintenance: David Goldner+committee	Race Officer: Denis Linney and Ken Boyes
MYC rep: Jackie Morgan	

## *About Manly Sailability*

**Venue: Manly Yacht Club**, East Esplanade (end of Wood St) downstairs dockside

**Visitors** are always welcome to try us out for \$5.

Annual membership is \$30 and includes unlimited sailing for. Please call **Eli (ph 9976 2747)** a day ahead to ensure you get a sail.

**Sailing starts from 9.30 am.**

**Parking:** We have parking permits for your car, if you don't already have a disability parking permit,

**Extras to bring:** All sailors and volunteers must bring a hat that stays on. We supply cool water, sun-screen and life-jackets.

**Volunteers:** Please be at the **Manly Yacht Club pontoon by 8.30am. We finish at approx 1.00 pm** If your name appears on the roster, and **you are not available**, please let the Sailing Coordinator of the day know. If you're not rostered on, please turn up anyway – we'd love to see you.

We don't sail if the wind is over 12 knots or if it is heavy rain. Call 9976 2747 to check that sailing is on.