



Signals from

Sailability Manly

December 2016 Edition 133

www.manlysailability.com.au

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Diary Dates: Don't miss these:

New Year's Eve, 31st December, Lower Deck of MYC from 8.00 p.m. 9.00 o'clock Fireworks.

Sailing starts for 2017 Saturday, 14th January.

Wednesday, 18th January.

Australia Day Regatta, Thursday, 26th January. To register crew or skipper please contact Caroline Holdstock, caroline.holdstock@gmail.com

NSW State Hansa State Championships at Sailability Great Lakes, Coomba Park, (Near Foster) the weekend of 11th, 12th and 13th February. Please register your interest now. Spectators and supporters are welcome – a nice weekend away.



New Year's Eve Fireworks at MYC

A Fun Night at the Fireworks from 8.00 p.m. will be held as usual.

Just roll up to the deck downstairs with some nibblies to share.

New council traffic regulations will close traffic on the bottom Section of East Esplanade from 4.00 p.m. so come in on Darley Rd, Addison and down Stuart St, drop passengers and go elsewhere to park.

Group homes welcome.



Sailing schedule

Day	Date	Groups
Saturday, 31 st December, New Year's Eve Fireworks, on the deck at MYC.		
Sat	14 th Jan	School holidays Balmoral, Housing Connection
Wed	18 th Jan	School holidays Sunshine Pymble, St Ives CS, SEALS, Sunnyfields, Frenchs Forest
Thurs	26 th Jan	Australia Day Regatta
Sat	28 th Jan	Freshtracks, Housing Connection, Freddos, School Holidays
Mon	30 th Jan	BIRDS, TBA
Wed	1 st Feb	AFFORD, Achieve, HWNS, Sunshine Frenchs Forest
Sat	11 th Feb	State Championships, Coomba Park, near Foster
Wed	15 th Feb	Royal Far West, Truscott St, Forest High, Sunshine Pymble
Sat	25 th Feb	Freshtracks, Housing Connection
Monday	27 th Feb	BIRDS, TBA
Wed	1st March	Forest High, Arranounbai, St Ives CS, DYIM
Sunday	5th March	Tenacious Trip
Sat	11th March	Women's Challenge
Wed	15th March	RFW, Forest High, Verne Barnett, Fisher Rd
Sat	25th March	Balmoral, Rap'n'Rave; Freshtracks
Mon	27th March	BIRDS, TBA
Wed	29th March	Forest High, Fisher Rd, DYIM, Sunnyfield Fr Forest

Sailing Reports

Christmas Saturday, 3 December



Richard sailing solo



Judy trying to keep the flies off her face

This was our last regular sailing day for Sailability Manly for this year, so Helen brought down a wonderful selection of Christmassy food so that our participants, volunteers and guests could nibble their way through the whole day. Apples, chocolates, chips and nibbles complemented the fabulous sausage sizzle cooked by Juliette.

There was sailing going on as well, giving a unique experience to Richard, who sailed solo for the first time in Clea. Poor Alan had to be red-flagged for the first time in his life, interrupting a magnificent sailing experience by being called back to the pontoon so that we could change sailors. Megan had her sail, then Juliet, Paul, Ashley, Anna, Kerri from Washington House with helper Russell; new members Matthew and Rachael came down with helper Georgia, then Daniel sailed. Daniel announced proudly that today was his 110th day without a cigarette, congratulations Danny.

Judy was next, with Rita, then Vanessa, Jonathon, Sam, Matt with their assorted helpers. Last of all, our new Young Sailors arrived. Olivia was the official helper for this group, very ably supported by Elyce. Maggie, Lucas, James, Zae, and Sam who all had their turn sailing. Then back up to the deck to finish off the food.

Our wonderful helpers today were: Ray, Ken, Denis, Jim, John, Wilma, Tony, Helen, Peter, Juliette, Ivan, David W and David G, Jackie, Josh, Vince, Jack and Michael. Thanks so much to these people, it made for a lovely day to see the cooperation within our group.



David W sailing with Paul

A Marvellous Muffin Morning. Wednesday, 7 December

We had a great morning at Sailability this morning, with a lovely muffin morning tea. Our last Wednesday sailing for 2016 had the best crew ever, and the best participants. We all deserve a huge 'pat on the back' for a busy year, and the efficiency with common sense that was on display today. The weather was FANTASTIC. A mild South Westerly, enough cloud cover to make us comfortable, with the sun shining through every so often, and lovely people to keep everything moving through a very busy morning.

Our crew today was:

- Pontoon Manager: Brian
- Registrar: Helen. Life-jackets Wilma.
- Support Boat Driver: Warwick with observer, Alison.

Then John with observer: Corey.

- Photographer: Di.
- Helping on the pontoon: Michael, John P.
- Helping on deck: Tony, Marc, Denis, David.
- Sailors: John B, Col, Rob, Ivan, Jim, Steve, Malcolm.



Stephanie



Harry and Col

We started the morning nice and early with the gang from Royal Far West: Tyson, William, Thomas, Stephanie, Nathan, with helpers Jenny and Craig. A lovely group, some of whom were lucky enough to get a ride on Charlie's Chariot when all was quiet.



Rob and Jessica



Steve and Tyson

The Christmas Picnic Group from Truscott St slowly started trickling in with parents accompanying Maria Carmela, Liam, Harry, Syu who were all taken for a sail. Then Ben arrived to be dropped straight into his solo sail and freedom at last as he sailed into the wide blue yonder that is Manly Cove. It was about an hour later that he returned to the pontoon with the largest smile on his face.

By this time, the first Truscott St bus had arrived with Samantha, Jessica, Maggie, Ruby, Rizwan, Alex, Sion, with helper Corinna. Ruby tried out the new seat, and was pleasantly surprised by the comfort achieved. A whole new way of looking at the world.

Steve from Freshtracks arrived and joined as a member with brother Pete. He had a most enjoyable sail and will be back for more next year.

T

he second Truscott St bus arrived with helper Carrie, and students Ethan, Annabelle, Riana, Jazmine, Ricky, Yu Yu. Most of this group have been sailing a few times, so are well up with the routine of waiting a while, then donning life-jackets and joining us on the water.

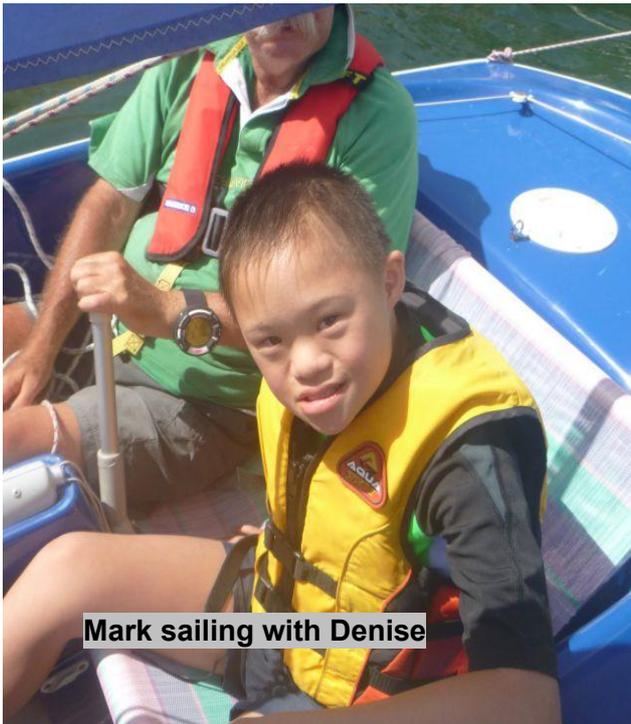


Riana and John P

Our last group, from HWNS, arrived, patiently waited until the Truscott St Kids had finished their sailing, then calmly got into their life-jackets to finish a hectic morning. Stefan, David, Tiara, Paul, Mikey, Denis and Philip. Thanks so much to the helpers of this group this morning: Sandy, Steph, Sonja, Emma, Justine, Sarah, Peter. Everything was very well done to make life easier for our volunteers.

Thank you Di for providing such great photos!

SACCS Camp 10 December



Mark sailing with Denise

Some of the wonderful St Andrews College Campus students, who live on campus joined with Sony again this year to run their camp. They 'adopt' students from various parts of Sydney for a weekend, to give them experiences they may never have again, and to create bonds with children who live with different abilities.

Each child has a partner or two. They sleep, eat, shower, play and care for each other through many different activities over the

weekend. By the time they come to sailing on Saturday afternoon, they know each other quite well, and are able to communicate. Every child who came this morning was so happy to get into the boat and enjoy the light breeze and gorgeous scenery, and their partners were grateful for the down-time they were able to experience on the deck at Manly Yacht Club. While they were doing this, a different team cooked a delicious lunch for them and looked after other needs, so that all concentration was the on-water activity. Mieke, Ella, Lochie, Matt, Addie, two Peters, Mark, Ricky, Jaden, James, Ethan, Jackson, Talicia, Shelby, Justin, Caleb, Luke, Nam and Cooper absolutely loved their sailing times. Addie was a little reluctant to get in the boat the first time, but after she had watched from the pontoon for a little while, she got the idea, and jumped in happily.

A couple of the kids also got a go on Charlie's Chariot to round out their experiences of the day.

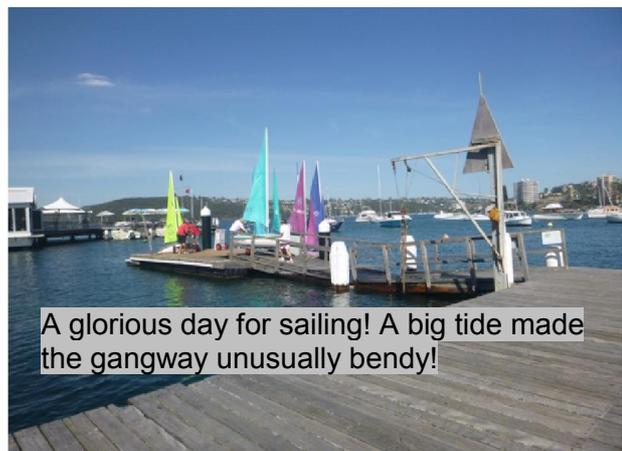
Sailors who took them were: Denis, Jim, Jackie, David, Mal, Jack, John, Michael, Jannie. Support Boat drivers this morning were Jim and Warwick. Ken and Eli were observers and photographers at different times. Carolyn was in charge of the day, Helen was registrar, quite a difficult job today with so many people coming and going. Tony was Time-Keeper, aided by Lyn, and Wilma looked after life-jackets. Samir had a sailing lesson, as did Nic, and the day went very smoothly.

We had just got everything away when the other teams arrived to put boats on the water, a very well timed operation.



Shelby with his partner Maddie

Dazzling Tuesday 13
December 2016



A glorious day for sailing! A big tide made the gangway unusually bendy!

Sailing coordinator: David Webb
 Charlie's Chariot: Warwick McKenzie:
 Observer: Jennie Fogarty
 Pontoon Manager: Malcolm Barr
 Time keeper and Radio operator: Corey Nicholls
 Assistant: Tony Jones
 Registration: Helen Hendry
 John Weaver, Michael Barnett, Nicole Trueman, Denis Linney, Col Gregan, Brian Guest, Marc Skelton John Bakea.



Camp Sababa children were well supported by companions, an impressive group of young people who have just finished Year 12. I am sure the objectives of camp Sababa were being achieved i.e. closing the gap between people with and without disabilities. We were very happy to help them reach this objective with a morning of sailing, with sunshine and approximately 10 knots of breeze.

Many thanks to the team for being available on a Tuesday.

Christmas Regatta. 17.12.16

On days like this, there are no differences between participants and helpers; everyone just gets in and on with the job. Our teams for the race were:

David Gr and Ollie in Dolly Wallis;
 Denis and Ivan in Woody;
 David Go and Tony in ING;
 Jack and Juliette in Alex;
 Michael and Nic in Vin;
 Mal and Josh in Black Swan;
 Jackie and Judy in Eli D.

Alan was supposed to take out Clea, but got caught in the moored boats, and didn't make it out.



Charlie's Chariot was carrying Vince, Barry, new volunteer, Tom, Ken and a photographer, Robbi from Northern Beaches Connect taking some photos for a Volunteering on the Northern Beaches Project.



Pam and Bruce were on the start boat for the Race Start and Finish. Thanks so much for this, it was a very good race.

The breeze was a fresh and gusty one, with constant direction changes making racing quite difficult. It was a very tightly fought regatta, with lots of changes of leaders throughout the race. The

scores were extremely close, so that, even though we awarded 1st, 2nd and 3rd places, everyone had a great time.

Official places were:

1. Denis and Ivan in Woody.
2. David Go and Tony in ING.
3. Juliette and Jack in Dolly Wallis.

Social helpers: Colleen, Rita, Vicky, Simon, Ted set up the upstairs with tables and chairs, went out and bought ingredients for lunch, and handled all the setting up and clearing away. Thanks for this, guys, a job well done.



• Patron: Jean Hay, Mayor of Manly
• Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
• Manly Yacht Club
• Manly Council \$1,250.00 Charlie's Chariot Maintenance.
• Bunnings Warringah Mall: New picnic table and Umbrella Stand
• Balgowlah Masonic Lodge: Donation \$3,000.00
• Bendigo Bank: PFD's, part of the Defibrillator.
• Cromer Golf Club: Hansa 303 Black Swan and trailer storage
• Cerno Insurance: Hansa 303 Vin
• Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
• Total Physiotherapy Sponsorship for Signals.
• David Webb Donation of \$1,000 towards much needed equipment.
• Lynette Gould Painting for Raffle brought in \$2,000.00.



The Committee of Sailability Manly

President: Rob Southam	Minutes Secretary: Rob Southam
Secretary: Eli Demeny	Race Organiser: Caroline Holdstock
Treasurer: Patrick Alexander	Committee Members: Ken Boyes
Membership: Helen Hendry	Ray Rampton
Webmaster: Alan Bimson	Col Gregan
Maintenance: Barry Newell+committee	Warwick McKenzie
MYC rep: Jackie Morgan	Vice President: David Webb
NSW rep: Denis Linney	