



Signals from Sailability

April 2013 Edition 90

p2 What's on – Event calendar and Sailing Schedule

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www.manlysailability.com.au



Diary Dates - don't miss out:

Annual Commodores Picnic by Manly Yacht Club

Sunday, 5th May

Book with Eli

End of season Regatta

Saturday 18th May

Practice 4th May

Register with Helene

Fun Run Manly by Manly Sunrise Rotary

Sunday 19th May

To register or donate: www.manlyfunrun.org

Team: The Sabilities

Contact Eli ☎ 9976 2747)
eli@manlysailability.com.au

Contact Helene ☎ 9879 7414
helenefrancois@hotmail.com

Sailing Schedule

For latest updates visit www.manlysailability.com.au



Visitors are always welcome!

Give it a go - it's only \$5 to try and annual membership includes unlimited sailing for \$30.

Register with Eli a day ahead to ensure we can fit you in. ☎ 9976 2747. Sailing starts from 9.30am.

April 2013						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

May 2013						
M	T	W	T	F	S	S
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

June 2013						
M	T	W	T	F	S	S
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

2013

What's on?

8 Booked Groups / General

Manly Yacht Club is holding their **Annual Commodores Picnic** to celebrate the end of the season on **Sunday, 5th May**.

This is a fun event where we race in our Access 303's over to Reef Beach, pull the dinghies up on the sand and join in Picnic and Games kindly sponsored by Davis Marina.

Please contact Eli to book: 9976 2747

VENUE

Manly Yacht Club

East Esplanade (end of Wood St)
downstairs dockside via accessible ramp

PARKING

Parking permits available and special arrangements for mini-buses and wheelchair lift vans.

WHAT TO BRING?

Sailors and volunteers must bring a hat that stays on, bottled water and apply a good sunscreen. Life-jackets are provided.

Women's Challenge

24th March - Seven boats out because we are going to win the number of boats in one class again. Help from David G and Barry made it quick and efficient, and we did not need our own Support Boat, as Manly Yacht Club was providing Robbie R this morning.



A few sailors from Manly Yacht Club to make up the numbers, and we were ready to load. Jayne and Candace in Woody, Jackie and Jessika in Dolly Wallis, Pam and Tess in Alex, Jude and Kerry in ING, Barbara and Anna in Black Swan, Didi and Caroline in Lionheart, Eli and Jayme-Ann in Vin, took off in a pleasant breeze to line up on the starting line, while the course was laid. Graham was the Race officer, aided by a member of Manly Yacht Club.

The start of the race was quite efficient, with all the boats getting across the start line in a tidy row. Half-way down to the windward buoy, the wind dropped completely. The lucky 3 dinghies that had made their

way closer to this buoy were able to round it, but the rest of the field were completely becalmed, and just waited for the wind to redevelop. After waiting for twenty minutes, the breeze did come back up again, but too late for 4 of our boats. The first 3 across the line were within the allowed time, but the rest of us were awarded a Did Not Finish.



Back to the pontoon and the presentation:

3rd Alex, with Pam and Tess,

2nd ING with Jude and Kerry,

1st Woody with Jayne and Candace.

Thanks to Kerry and Anna for making a huge effort to come sailing today, and to Candace and Barbara from Manly Yacht Club. Also, a huge thank you to Barry, David, Ivan and Kevin for helping us to put everything away, Helly Hansen for the great prizes, and Commodore Maz for carrying out a lovely presentation in the extreme heat. – *Eli*

Sailing with the sun

23rd March - We are getting quite spoilt with so many glorious mornings in March. This was a particularly beautiful one, as not only was the sun shining, but there was also a very pleasant breeze blowing throughout the day, making for brisk sailing, and lots of movement.

Crosbie was going to star in the movie we are making to explain the Sailing Coordinator procedures. By the time we settled ourselves in for all tasks of the day, new volunteer Larry, David G, Yuka, Alice (a second new volunteer) Judy (with the video camera), and Michael had arrived, giving us plenty of helpers to get the boats out and rigged. We needed to put out all 7 of the 303's this morning, as well as Alan Wood, our newly modified 2.3 servo in preparation for Philip's first attempt at solo sailing.

Alan, Evelyn, Rory, Maureen, Kate were helped into boats and taken for a sail. Jonathon opted for a ride in Charlie's Chariot. Sailors were soon out on the water, along with in the Support Boat. Rob's children Minami and Taiga were also taking part as helpers, and Alice took to the role of time-keeper like a duck to water. Jon arrived, and Nicholas, so we called back a couple of the dinghies to take the new participants. Soon Kate the Great was ready for her sail. This was when our group from Recreation Rendezvous appeared. Unfortunately some did not want to sail, but those that did had a wonderful time.

The day was really shaping up to be a momentous one when Philip powered in. We had rigged Alan Wood

with the new seat and cushions, so all was in readiness. Dad, Peter, lifted him in, and David W explained how it all works. Philip was entranced with the lesson and so comfortable with the situation that we decided to go ahead and give him as much teaching as he was prepared to take.

There was a transformation that we were all aware of; from a timid little boy, to an excited learner, eager for a new adventure, with the hugest smile on his face.

He was so excited, that we decided to lift him into the water attached to Alan Wood, instead of taking him out and doing a double lift.

As soon as he was in the water, he practised with the rudder and sail controls, was shown how the keel will hold him upright, and appeared ready to go. David W hopped into Black Swan with Ivan at the helm, and they took off into Manly Cove with Philip steering in a straight line behind his pilot boat. Watching from the pontoon, we were finding it difficult to believe: A very happy, confident young man managing to follow a 303 across the moored boats, across the ferry lane and into open water! Once out there, they practised tacking and gibing, so that the skills he had learned on land only 20 minutes earlier were put into immediate practice. David and Ivan kept him on the leash, but he definitely appeared to be ready to go without it.

Now it is only a matter of practice, and learning to do what is appropriate in different situations. Dad was over the moon, which is what Philip's face looked like with his huge smile, and all were extremely happy with the lesson.

Letter from Rory Lynsky:

23rd March - Christabel, who shares volunteering at North Head plant nursery, kindly suggested that I might like to try sailing with Sailability Manly where she is a member. I have never sailed before and was delighted to have the opportunity so close to hand in Manly. I duly presented myself dockside last Saturday morning (23rd March) and after being kitted up found myself out on the harbour with John Connor who during the course of our sail around Manly Cove, told me more about the wonderful work that Sailability is doing. As for the sailing, well to my novice eyes it was a beautiful morning with only a hint of a breeze. And so we meandered slowly across towards Fairlight, enjoying the dark green water, watching the arrival and departure of the ferry and a cormorant diving close by. A great experience and a thank you to all the volunteers on hand last Saturday. - *Rory Lynsky, new sailor*

A Rainy Day

6th April - In spite of the rainy day, thinking it would clear by mid-morning, we decided to go ahead with our sailing program.

Sailing Coordinator David, with Barry, Ralph, Ray, Eli and Judy arrived early to put the gear out. Ralph went over to pick up Charlie's Chariot, all in dry weather. By the time the rest of the team had gathered, and all the boats were in the water, the rain was coming down heavily. In spite of this, we still managed to get some people out for a sail: Ray, Steve, Ivan, Maddie, James, Konrad, then reluctantly decided that sailing

was not going to happen today. That did not mean that the cups of tea and coffee did not flow, or that the sausage sizzle was abandoned!

There was quite a social gathering up on deck, with ICSM students there to provide food and sailing support, as well as Alice, the world's best registrar and Tony, Alan, Roger, Denis, John, Philip, Jannie and Patrick. All of these helped to put everything away, so all in all it was a good practise morning. *Eli*

Sailing Day Report

10th April - Lots of interesting people and one of those beautiful autumn days set the scene for sailing today.



The boats are ready for their crew

Barry was our Sailing Coordinator, and made a fabulous job of it. We decided to go Mufti today, and we would not have won any prizes at the Fashion Stakes. Dolly Wallis should have been dressed in purple sails, but ended up with one fluoro and one purple, while the fluoro boat, Black swan was wearing the sails from the green boat. Why? Because it was a fun thing to do!



A new support boat driver in training

Our early bird team had all of the boats ready in the water under the watchful eye of David and Pam.



John Gray and Toby

When our participant sailors started to arrive, everything was ready to go, so that Toby, Liam, Bianca, Jack and Tyler, along with Liam's Mum and Dad could go for a leisurely sail or observation from the Support Boat until our next group arrived.



Hans and his helper in Charlie's Chariot

There was a short wait time later, but everyone was enjoying the beautiful breezy bay that the waiting was not difficult. Some participants were lucky enough to get a ride on Charlie's Chariot. Hans really enjoyed this experience – *Eli*

Philip sailing almost solo

Our friend Philip arrived with his Mum close to 2.30 p.m. We are giving Philip some lessons in using the 2.3 servo, Alan Wood.



The first session

Philip wants to learn to sail solo as part of his Duke of Edinburgh Award.

When we are confident that he can sail Alan Wood completely independently, Philip will be able to join the group at a regular sailing time, but in the meantime he is getting a couple of individual sessions.



Kept on a tether

For the first couple of sessions, it was a matter of measuring up and modifying the boat to fit and be comfortable for him. Last time was his first go on the water, tethered the whole time, as we continued to modify the boat and teach him to use it. Today was a huge step forward.



The huge smile

We managed to let go of the tether, give him some basic instruction, and Philip was sailing on his own. I think the photos tell the story better than any words I could use. -*Eli*

Sailing Day Report

24th April - A quiet day today with everyone working really well together to make it a good one.

The morning started with a brisk South Westerly, forcing some sailors to start with sails furled. It wasn't long before the wind reduced, so that all sails were unfurled. We made a pretty picture as we made our way across the ferry lane towards North Harbour.



Ella keeping time

Helpers on the deck and pontoon were kept busy with a number of small groups arriving continuously from 9.30 - 11.30am. Slotted between our participants with support needs, our helpers had an opportunity for a practice sail with Karen and Michael B very close to becoming competent sailors. It will only take a session or two of sailing solo, and we will have another two trained sailors able to take our sailors with different abilities for a sail in most conditions.

People who enjoyed the day out on the water were Leesa, John, Ellias, Jamie from MAPS St Ives, with helper Dylan. Susan, Simone, Riad, Les, Oliver arrived next, Oliver and Simone to just sit and enjoy the atmosphere and Les to continue his recovery process from a bad cold. Jonny was the helper for this group.



The boats are dancing

Lars and Sue brought Luca, then Rodney, Ben, Ginny, Adonis, Luke, David, Harry and Vanessa arrived from Sunnyfield with helpers Lauren and Regina. Philip arrived with Mum, Lillian, then Jessika and Sophie were the last to arrive, with helpers Tracey and Sarah.



Susanna helping Luca into the boat

There was a little bit of juggling with the special car-seat, as neither Jessika nor Philip can sail without it. Jessika won the tussle for first use, as she needed to leave on time, while Philip was happy to sail the whole afternoon long, if the helpers were willing.



Philip sailing solo

Philip had a ball, ducking and weaving across the cove, with David and Ivan giving instructions from Dolly Wallis, and Charlie's Chariot trying to stay within photographing distance, but stay out of the way of both boats. It was a Dinghy Dance, or Boat Ballet, whichever you want to call it.

Hopefully, we will be able to download this little movie on to the web, so that everyone can see it. It was with a great sense of satisfaction that we regretfully made our way back across the ferry lane, with the prospect of four of us putting away the three boats we needed. Thankfully, Didi and David had waited to help, so the job was done efficiently.

This was a most satisfying day indeed for all of us. - *Eli*

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	Brian Guest	
	David Webb	

NEXT COMMITTEE MEETING

Wed May 1st, 6.30pm

Manly Yacht Club (upstairs)

all welcome-

Edited by Audrey Johnson.

Articles and feedback welcome, please contact

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