



Signals from

Sailability Manly

April 2019 Edition 161

www.manlysailability.com.au

Edited by Jennie Fogarty. Please send articles to eli@manlysailability.com.au

Web content to Alan Bimson: webmaster@manlysailability.com.au

A couple of extras ...

Volunteer Recognition Evening,
Wednesday, 8th May, 6.00 for 6.30 p.m. at Manly Yacht Club.

Next Wednesday, 8th May is our Volunteer Recognition Evening.

This is your last and final chance to book for this fabulous evening of fun and friendship.

On the menu is some wonderful food from Brazilian Barbecue, a short musical interlude from Beth and David, presentations for Volunteer of the Year and Youth Volunteer of the Year, and loads of fun and laughter.

If you haven't booked yet, here is your opportunity, just email Eli on
eli@manlysailability.com.au

A huge, enormous Thank You to Sailability Middle Harbour for the wonderful day (7th April) we spent across the bay at the Presidents Cup. Thanks so much to our crew who readied the boats for the trip across and back, and to the skipper of Charlies Chariot, Warwick, who towed the boats across and back, and observed and supported all of the boats during the race. Thanks also to Paul and Tony who observed and helped during these trips.



Groups we will be supporting in May, June, July and August

Trilogy Disability, JARBEL, BIRDS, BeeCosWe Care, Choose and Connect, Unisson St Ives, UNisson Pymble, Royal Far West School, Arranounbai, Achieve, Rap'nRave, Sargood, Tramway, Washington House, Sunnyfield French's Forest, AFFORD, Housing Connection, Balmoral House Fisher Rd School, Creativity Inc, Cooyong House, House With No Steps, Dee Why I.M., Verne Barnett School.

These groups will still receive a reminder of their Sailing Days by Email, one week ahead of the day. Volunteers will receive a reminder 2 or 3 days before the Sailing Day they have nominated to be on the roster.

Dates for May, June, July and August

Wednesday	1st May
Sat/Sun	3rd / 4th May
Saturday	11th May
Wednesday	15th May
Saturday	25th May
Wednesday	27th May
Saturday	8th June
Wednesday	12th June
Saturday	13th July
Wednesday	17th July
Monday	29th July
Saturday	10th August
Wednesday	14th August
Monday	26th August



A Wonderful Wednesday 3rd April 2019

What a great day greeted us this morning. A slight lack of breeze was the only thing that slowed us down, as the groups all turned up on time, ready and eager for a sail, after a few weeks of really bad weather.



Royal Far West only brought two people, Tyler and Jenae. Both went off for a sail, and when Jenae returned she asked for a run on the Support Boat.

Bub arrived next and went off for her run around Manly Cove, then Scott with the super smile, and lovely fashion of embarking backwards, then swivelling forward. He has certainly learned a lot in just a few short goes at Sailability.



Denis and Bub in Woody



Michael and Isabella in Ralph Newman

Hannah, Archie, Isabella and Kai came down from Arranounbai with their teacher and helpers. It is great to see these young children with complex needs have such enjoyment, from being comfortably on the water, away from the wheelchair and free to feel the fresh air.

Andrew from Unisson St Ives brought Nancy, Kath, John, Oliver, Leesa who sailed, and Con, Craig, Geoff and Jamie who elected not to sail, just enjoy the company and the fresh air.

Kel from Royal Rehab brought a new participant, Janice. She was absolutely rapt as she enjoyed the feel of the joy-stick, the wind in her hair and the sun on her face. She will definitely be back for more.

Last group to arrive was Unisson Pymble. Catherine brought Scott, Michael, Charley and Margie. What a great finish to a very busy day.

Helpers who arrive to make all of these wonderful things happen were:

- Sailing Coordinator: Warwick
- Support Boat Driver: Brian
- Observer: Corey
- Registrar: Helen
- Life-jackets: Wilma
- Radio: Tony
- Time keeper: John W and Ken
- Pontoon Manager: Malcolm
- Sailors: Olly, John P., Peter, Michael, Denis, Ragnild,
- Extra helpers all over the place, David, Ros

Almost the best team ever, and the packing up and putting away an absolute dream.

New volunteers: Paul, Madeleine, Ollie did a fantastic job of learning the ropes. Erek, Claire, Ella fitted in wherever possible.



Ivan and Scott in Alex



Janice and Ragnild in Eli D

Charlie's Chariot was managed by Jasmin and Nikki, with Ken on board with the camera.

Registrar and chef up on deck was Helen with cooking help from Ella, Claire and Madeleine.

Maleea was time-keeper, Tony the radio-operator, Denis in charge of Boat Operations.

Sailors, and sometime paddlers: Jim, John, Scott, Ivan, Michael, Helene.



Elias and John in Dolly Wallis

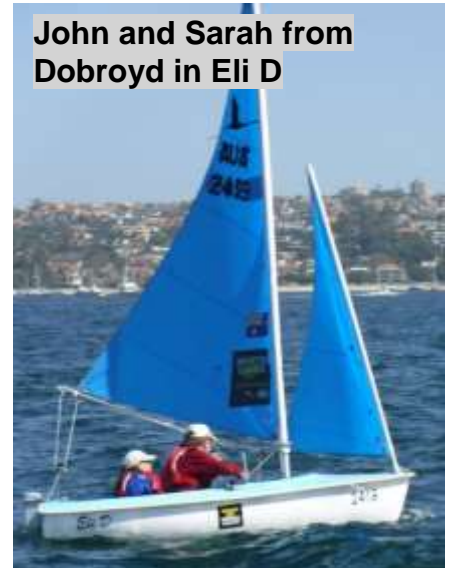
At the end of the morning, the three musketeers, Madeleine, Claire and Ella got a ride on Charlie's Chariot, and Paul his first sailing lesson.

So the day was pronounced a huge success, especially because we discovered Chris's bag floating in the harbour after searching the deck high and low for it earlier in the morning. Thanks for fishing it out, Warwick.

President's Cup at Middle Harbour 8th April 2019



Boats being transported from Manly in the early morning



John and Sarah from Dobroyd in Eli D



Boats fully rigged ready for their sailors

What a fabulous day Sailability Middle Harbour put on just for fun to celebrate another year of Sailability in NSW.

Five branches were represented at the President's Cup, with the President, John Price, and visitors from Gosford, Dobroyd, Kogarah Bay, with boats by Middle Harbour and Manly. No boats were transported by road, and everyone who arrived from outside of the area had a boat to use. What great teamwork was used to make this happen.

Many thanks to Middle Harbour Yacht Club and David Staley. There were 3 races in total, with 13 boats included in the racing; 3 sailed by one person, 10 sailed by 2 people, and all included as one class. The weather was magnificent, with water stirred up by the many boats using Middle Harbour as a race track, making large waves on the surface. Impossible to remain dry in the 303's. The race was not about winning, just participating to the best of the ability of the people involved in the racing. This made for very exciting sailing for people who wanted to compete seriously, and a fun race for those who were determined to sail on the day. Among the new sailors were Jan from Dobroyd, as



Spectacular! Boats spread over the course

well as many who have been overseas competing in Hiroshima and Abu Dhabi making the race a very exciting one for all involved.

Eight boats were transported over from Manly and five were from Middle Harbour. The parking worked well thanks to some very hard work from Middle Harbour, organised through Mosman council. A hundred thanks to all concerned, some very hard working ladies from Sailability Middle Harbour who provided a wonderful lunch, Sally, Graham and J.T. and David who managed the organisation. The support boat crew did a great job buzzing in and out giving information about the course to the sailors who had not sailed in Middle Harbour. Thanks also to the Manly crew who brought the boats over, stayed for the sailing, and then took off back to Manly at the end of the day.



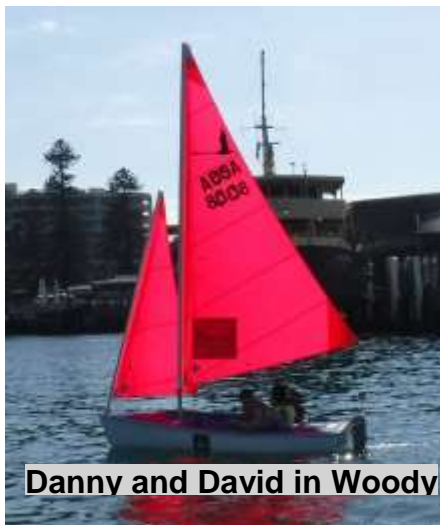
Tight racing around the mark



Homeward bound

Sizzling Saturday 13th April 2019

This morning was a wonderful gathering of volunteers to make a perfect day for our participants.



Danny and David in Woody



Ben and Peter in Vin

New volunteers and Duke of Edinburgh students gathered for their last day of sailing, or for their first day in the case of Elan from Oxford Falls Grammar School.

Ollie is learning his tasks as a fully-fledged volunteer. We were very impressed by his level of concentration.

Ella, and Claire continued with their routine of coming down even though their official hours are finished, Maddy is well on her way, and Marcus had his last day of his official hours. It all makes for a very "Youth Approach" to our group, which benefits hugely from this arrangement.

Apart from these, we had Helen taking registrations, Wilma on Life-jackets, Lyn on Charlie's Chariot with the camera. Jackson and Ereka were also on duty early in the morning

Tony was our Radio Operator, Jackie helped up on deck to make sure that everything flowed smoothly.



Ken was our Sailing coordinator, Scott and Maleea shared the driving on Charlie's Chariot. David W was the Pontoon manager, aided by Nicky, Helen, David G. Peter brought his grandson, Ben down for a sail, and they ended up having a ride on Charlie's Chariot as well.

Jasmin and Laurie borrowed a Stand Up Paddle Board and went around the Cove with a fishing net, picking up all the floating rubbish.

Sailors: Mal, Ragnhild, Ivan, David W, Denis, Michael took a selection of volunteers, then, as the participants arrived, took Daniel, Scott, Kerrie, Anna, Rebecca, Judy, Adonis, James and Shelby for a prolonged sail.

Judith arrived and took Alan Wood out for a spin. There was an intermittent fault in the switch, but this did not faze her at all, she bobbed around with her hand in the air until she was noticed, and brought home. The fault seems to have disappeared, so we will do further tests, and clean up all the connectors to make sure it doesn't happen again.

At the end of the morning, we had a visit from Molly, who wants to learn to sail so that she can take her friend Georgia out sailing. Ian took her out for her first time on a sailing boat. This morning, because it was Georgia's first time on a sailing boat, her Dad took her out and ironed out some very minor problems with her seating. It was a thrilling moment when everything worked like clockwork, and Georgia and Molly sailed side by side. What a smile on Dad's face. We will be doing this again, something tells me.



A sunny Wednesday sailing day

17th April 2019

What a beautiful day we were blessed with today, and a nice group of participants and volunteers to help us all have a gorgeous day.

First of all, the groups present today were:

1. Sunnyfield, with Annie in charge brought Kane, Vanessa, Adonis, Linda, and Emily.
2. Achieve, with Kaz; Cameron, Alex, Paul, Maria, Susie, Hayley.



3. Jack and Chelsea from Because We Care came with Sam
4. Alex and Wayne from House With No Steps brought Paul, Denis, Nina, David, and Colin, Alex and Holly who did not sail.

All of these had a very soothing time on the water, which ranged from dead flat to a nice little westerly breeze taking the sailors across the bay and back. To add excitement to the day there was a helicopter practising life-saving drills close to the water surface, raising a nice little water-mist, and making lots of noise.

Linda and Ragnhild in Woody



Emily and John in Vin



Adonis and Malcolm



The helicopter rescue drill



Paul and Ollie in Ralph Newman



The volunteers for this lovely day were:

Tony on the radio, Ken and John W in Charlie's Chariot, Ruby with the camera, Helen taking registrations, Sailors: John P, Ted, Michael, Ivan, Ragnhild, David W, Malcolm, David G., Helene. Wilma was the Life-jacket lady, Peter took over on Charlie's Chariot after Ken had to leave.

Corey was the Time-Keeper, Tamara the exemplary Sailing Coordinator, Denis helped with rigging and unrigging as well as advice to sailors, Ian was a great help up on the deck and down on the pontoon, and everyone rushed in to help put everything away at the end of the day.

A Sensational Saturday Sail 27th April 2019

Our lovely team of volunteers arrived early this morning to set up for the day.

Sailing Coordinator, John
 Support Boat Driver, Warwick,
 Observer and trainee driver, Nikki,
 Photographer, Maleea and Ken
 Radio Operator, Tony,

Time Keeper, Scott,
 Life Jackets, Wilma,
 Registrar, Helen,
 Sailors, Ragnhild, Vince, Denis, Michael, Crosbie, Jackie, David Gr,
 On the pontoon, Ere, Eli, Ken, David Go,



**Ollie and Michael
 derigging Alan Wood**

Up on deck, Ian and Maddy, and Oliver were kept busy helping with the boats, making lunch, chatting to the participants, and putting things away at the end of the day.

What a great team to help the following people have a wonderful sail out on the choppy waters of Manly Cove.



**Rebecca and Mal in
 Dolly Wal.lis**

Clint from Sargood, Danny and David, Judy and Adonis from Wandella House, Kerri and Anna from Washington House, Danny from Ryde, Rebecca from Cooyong House, Diane and Jackie from Housing Connection. A special thrill for Rebecca's family, as they arrived early and stayed late to watch the lovely Rebecca to prove that sailing is worthwhile, and even on choppy days, the enjoyment and health benefits of sailing are enormous. Rebecca's Mum was overcome at the sight of her daughter having an amazing time on the water, and thanked the volunteers from the bottom of her heart.



Jackie and Denis in Eli D



**Ragnhild and Adonis in
 Alex**



**Crosbie and Kerri in
 Black Swan**



Clint and Denis in Eli D

A Very Merry Monday 29th April 2019

This morning early the weather was quite autumnal, but by mid-morning, we were back to the late summer days we are experiencing lately. The wind virtually dropped off to a steady 5 knot breeze, and everything was perfect to start the day. All we needed was sailors.

Our fabulous but shortened team consisted of:
 Sailing Coordinator: Ted.
 Pontoon Manager: Mal.
 Sailors Ragnhild, John, Michael, Denis, Peter.
 Support Boat Crew: Warwick, Jackie.
 Deck Crew Helen and Eli.



**Ken and Michael - Race Ready - in
 Alex**

All purpose, busy person running around on the pontoon and deck: Ken

Before the day got going, Michael and Michael went out for a practice sail, readying themselves for the following weekend's State Championships.

After this, this small team managed to take: Kane, Emily, Rodney, Ben, Luke, Adonis, and Libby, from KARBELL who came with helpers Annie, Amber and Nathan.

In addition, Steve, Patrick, Jimmy, Alan S and Alan G, Peter, Linda, Stuart, Denise, and May went for a sail or a ride in Charlie's Chariot with helpers Gaynor, Wendy and John.

It was a really lovely morning sail with sightings of dolphins on the other side of the bay, and everyone enjoying their time on the water. We were almost finished with sailing when Malcolm experienced some back twinges, so went home. Miraculously out of nowhere, help arrived in the form of Neal, who helped us to put the boats away.



Thank you so much to our sponsors:

<ul style="list-style-type: none"> • David Webb \$1000 for radio and extra bits and pieces
<ul style="list-style-type: none"> • Betty and Peter Baines \$1000 for membership subsidies and Volunteer Recognition Evening
<ul style="list-style-type: none"> • Patron: Michael Regan, Mayor of Northern Beaches Council
<ul style="list-style-type: none"> • Hansa Sailing Systems \$5000 for seven new sail suits for Invictus Games, and then donated to Manly Sailability
<ul style="list-style-type: none"> • Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
<ul style="list-style-type: none"> • Manly Yacht Club
<ul style="list-style-type: none"> • Lion's Club of Manly, \$2,000 towards maintenance of Charlie's Chariot
<ul style="list-style-type: none"> • Warringah Mall Community Club \$500
<ul style="list-style-type: none"> • Balgowlah Masonic Lodge: Donation \$3,000
<ul style="list-style-type: none"> • Bendigo Bank: New Marquee \$1533.40
<ul style="list-style-type: none"> • Cromer Golf Club: Hansa 303 Black Swan
<ul style="list-style-type: none"> • Cerno Insurance: Hansa 303 Vin
<ul style="list-style-type: none"> • Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.
<ul style="list-style-type: none"> • Total Physiotherapy Sponsorship for Signals.
<ul style="list-style-type: none"> • Lynette Gould Ruffled Painting bought Stabilo Equipment

*The Committee of Sailability Manly 2018
-2019*

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