



# Signals from

## Sailability Manly

April 2017 Edition 137

[www.manlysailability.com.au](http://www.manlysailability.com.au)

Edited by Jennie Fogarty. Please send articles to [eli@manlysailability.com.au](mailto:eli@manlysailability.com.au)

Web content to Alan Bimson: [webmaster@manlysailability.com.au](mailto:webmaster@manlysailability.com.au)

### Diary Dates: Don't miss these:

Wednesday 3<sup>rd</sup> May Volunteer Recognition Evening

First aid course Sunday 2 July (for those who have registered)

Register interest to be a Manly delegate for the NSW Sailability Conference in September

### Sailing Schedule:

| Day       | Date                    | Groups   |
|-----------|-------------------------|--|
| Wednesday | 3 <sup>rd</sup> May     | Volunteer Recognition Evening                              |
| Saturday  | 6 <sup>th</sup> May     | Freshtracks, Housing Connection, Lollipops, Young Sailors  |
| Wednesday | 10 <sup>th</sup> May    | RFW, Arranounbai, Achieve, Choosing Connect                |
| Saturday  | 20 <sup>th</sup> May    | Regatta  |
| Wed       | 24 <sup>th</sup> May    | Fisher Rd, Verne Barnett, AFFORD.                          |
| Monday    | 29 <sup>th</sup> May    | BIRDS TBA  |
| Sat       | 10 <sup>th</sup> June   | Balmoral, Rap'n'Rave                                       |
| Wed       | 21 <sup>st</sup> June   | RFW, Arranounbai, DYIM, St Ives, CS                        |
| Sunday    | 25 <sup>th</sup> June   | First Aid Training Day                                     |
| Monday    | 26 <sup>th</sup> June   | BIRDS TBA  |
| Sat       | 8 <sup>th</sup> July    | School Holidays BIRDS, Housing Connection                  |
| Wed       | 19 <sup>th</sup> July   | RFW, DYIM, Sunshine Fr Forest, SEALS, Sunnyfield Fr Forest |
| Monday    | 31 <sup>st</sup> July   | BIRDS, Freshwater High                                     |
| Sat       | 12 <sup>th</sup> August | Balmoral, Rap'n'Rave                                       |

## 21<sup>st</sup> Annual Volunteer Recognition Evening.

### Where?

Manly Yacht Club Upstairs.

### When?

Wednesday, 3<sup>rd</sup> May, 2017. 6.00 p.m. for 6.30 p.m. until 10.00 p.m.

### Why?

Because we are turning 21 at last, and we want to say Thank You to all the volunteers who help us to run our club, and who stick with us week after week and year after year.



### *A reminder that all areas close to Manly Yacht Club are 2 hour parking only.*

It used to be the rule that if you were a Manly Resident, you could double the time stated on the posts that you stood in our streets without a fine. In September, 2016 when the councils were amalgamated, the rules changed. Now, you are only allowed to park for the time stated on the posts, unless you have a permit to stand for longer. That is why you need to pick up a Parking Permit from the registration desk at Sailability if you are going to be at Sailability for more than 2 hours. If a resident of Little Manly, use your own permit.

### *Maintenance.*

Did you think our boats remained in pristine condition without help? No, every so often, a group of dedicated volunteers go to the Yacht Club on non-sailing days to make sure the boats are in perfect condition. Last week, Denis and John were there replacing shot cord under the seats to make furling easier. Recently David fibre-glassed the damaged sections of the 303 that ran into the wall instead of the pontoon. There is always some work that needs to be done.



### **First Aid Plus**



The First Aid Course is now fully booked. Eli will be distributing books shortly. The practical component of the course, revising the course work and updating the Defibrillation and CPR will be held on Sunday 2 July 9:00 am – 3:00 pm @ Manly Yacht Club

### *Sailability NSW Conference*

Sailability NSW holds a conference of all branches every second year.

Last year was the 20<sup>th</sup> Anniversary Celebration, so no conference was held.

This year, 2017, the conference will be held at Belmont Sailing Club, on the Central Coast.

Accommodation and most meals will be paid for out of our conference fund. The conference will be held on Friday, evening, Saturday all day, and Sunday morning, the 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup> September, 2017. You are invited to apply to be a delegate for Sailability Manly at this conference. Accessible accommodation has been booked with the idea of having as many people with a disability as possible attending. 3 people are invited from each branch.

Please contact Eli as soon as possible if you are interested in being a delegate at this conference, ([eli@manlysailability.com.au](mailto:eli@manlysailability.com.au) or 9976 2747). Transport may be funded.

## Serene Saturday 8<sup>th</sup> April 2017

This morning was a very serene day, with just the right amount of breeze, plenty of sunshine, and the right blend of participants, carers and volunteers to make the morning a success.



Hannah and Fiona in Charlie's



Wilma in Charlie's Chariot

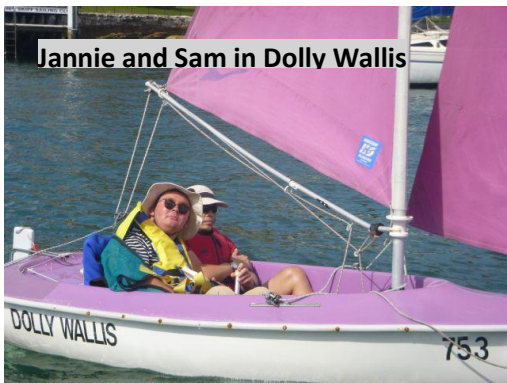
Crosbie was our hard-working Sailing coordinator, John and Peter with Ken in the Support Boat,

Photographer, Lyn,  
Sailors: David, Jim, Peter, Michael, Denis, Jannie,  
Registrar; Helen, Life-jackets, Wilma, Chef; Juliette.

Sailors who participated were Phillip, Ben, James, Wayne, Eddy, Judy, Hannah, Matthew, Paul, Diane, Jackie, Tess, Sam. It was fantastic to see the carers becoming so involved. Thanks, Betty, Rick, Joanna, Rita, Fiona, Sivaan, Gabriella, Ina and Matt. It is such an enormous help when the carers are willing to get out on the water.

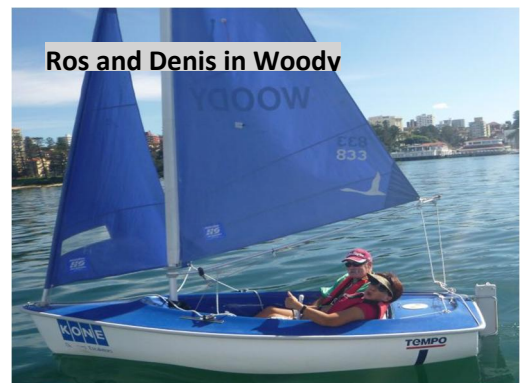


Phillip and Peter in ING



Jannie and Sam in Dolly Wallis

The pictures show what a great time everyone had. It was wonderful to see Wayne for the first time. In no time at all, he will be managing the boat on his own, after showing his skills to Michael this morning.



Ros and Denis in Woody

Thanks, everyone for a lovely morning.

## Wonderful Wednesday 12<sup>th</sup> April 2017

The wind was just about on our limit when we started our sailing this morning, with a few gusts, causing us to reef our sails before leaving the pontoon.

Less experienced sailors decided that the pontoon and deck was the place to be, so the crew out there was our most experienced. It was not only the wind that we had to watch out for, but the swell was quite high, with choppy little waves breaking into the boats, making life exciting for our sailing participants.



Oliver was first, then the group from Sunshine French's Forest; Amanda, Anna, Georgia, and Ellen. It was too rough for Georgia, but the rest enjoyed their sail.

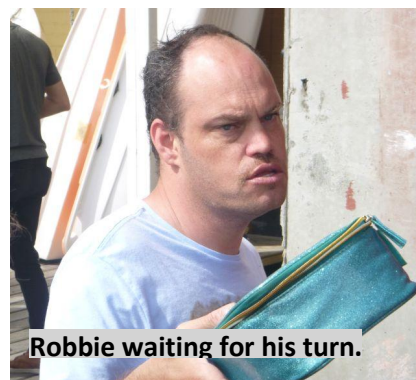
Then Peter, Ashleigh, Derek, Michael and Cameron arrived with Tim. All of these had a great time on the water. Michael, Hanlin, and Vincent arrived from Menimbah. Michael elected for a ride on Charlie's Chariot, but the other young men sailed.



Jack waiting for his sail

Kris brought Jack, Christian, Joshua and Alessandro. They particularly enjoyed their time on the water before our Wonders from Waitara arrived. Maddie, Scott, Robbie, An and Matto came with Paige.

Last of all came Denis, Stefan, Nina, Tiara, David, Mikey, Ross from House



Robbie waiting for his turn.

With No Steps. This group chose a variety of settings for their enjoyment of the day. Some sat in the sun and enjoyed their lunch, some sailed or hitched a ride on Charlie's Chariot after we had pulled all of the sailing boats out, because the combination of winds and rising swell became too dangerous for us to keep sailing.

Our crew for today was:

Sailing Coordinator: Malcolm.

Charlie's Chariot Driver: Jim, then John W.

Observer: Corey.

Registrar: Helen.

Photographer: Ken.

Time-keeper and radio: Ray.

Life-jackets: Wilma.

Sailors: Ivan, Col, Brian, Peter, Michael, John, David G., Jim Y.

On the pontoon helping: Eli, Jim Q., John.

Helping up on deck: Helene, Marc, Oswin, Tamim.



Oswin with Ivan in Alex



Ollie with Michael in Eli D

A whole ocean going shipload of thanks to Wilma and Ken, who managed a donation of four dozen Easter Buns from Baker's Delight at Mona Vale, warmed them up and kept them warm for our hard-working volunteers.

A Satisfying Saturday Sailing Session Saturday 22 April 2017

What a great team we created this morning. It was a fabulous day for sailing in Hansa 303's, just enough breeze to make for a comfortable ride, a little cloud to cool things off, plenty of sunshine, and a wonderful group of people participating in sailing.

Our team of helpers:



**The life-jacket ladies, Wilma and Ros**

Time keeper: Ray  
Lifejackets: Wilma and Ros  
Registrar and Sailing Coordinator: Helen  
Photographer: Ken  
Power Boat Driver: John  
Sailors: Cathy, Jim, Ivan, Peter, Denis, Helene,



**Peter and Laura**

David

On the Pontoon: Kevin, Jay, Michael

On the deck, including cooking: Caroline, Lyn, Tony

Visitor: Laura

Our participants came from far and near:

From Waitara, their After Hours group: Sally-Ann, Abigail, Ian, Andrew, Nicole, William with fabulous helper, Dinah.

From our local community: Daniel, Ollie, Wayne, Priya. Wayne is sailing really well and with a little more practise, we are hoping he will proceed to solo sailing.

Lorikeets: Luke, Arun, Zac, Jake, James, Jai, Elyce, Jasper, Lucas with helper Kerry. We do hope this group returns, as they were a lively bunch and kept their sailors busy in the boats rescuing loose items such as joy-sticks, paddles, etc.

Rap'n'Rave: Daniel and Bart with the big smiles, who love their sailing and always create a happy atmosphere.



**Elyse from Lorikeets**

Our visitor from Newcastle, Laura, who participated and helped equally in both roles. Thanks for the help on the barbecue, Laura, you can visit any time.



**Bart's huge smile**

Memorable Mondaymn24th April 2017



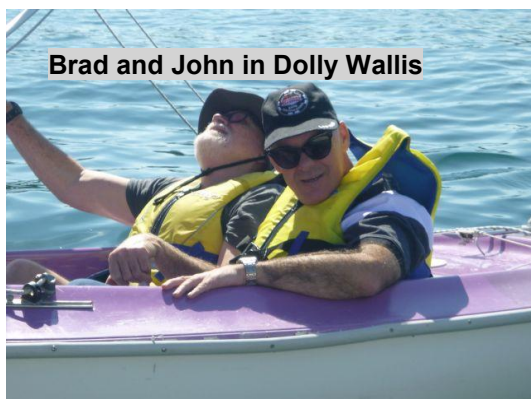
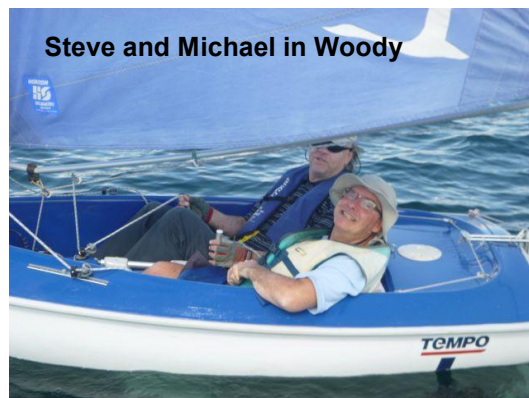
**Alana supervising Nikki**

Today was memorable because of the brilliant weather, as well as the marvellous team of helpers, and the merry groups who came down to Sailability today.



We had just one starter from Chosen Connect, Nikki, who absolutely loved his first sail with us. Helper Alana, supervised from the following (or leading) 303, engendering a whole heap of fun for both of them.

The BIRDS arrived next, first of all, Steve, who took off with Michael in Woody, and we didn't see them again for almost an hour. Then Danielle sailed away solo, and the rest of the group with their chosen sailors. Stuart, Alan, James, Brad, Peter, Kris, Jimmy, Patrick and Katherine all enjoyed the best part of the day on the water, before driving down to the wharf for their Fish and Chip Lunch.



Thanks a lot to carers for the day: Niall and Alana from Chosen Connect, and Gaynor and the group from BIRDS.

Our team was at its wonderful best: Sailors: Peter, Brian, Ivan, John W., John B., John G, Michael, John P., Malcolm.

Power Boat Driver: David, Observer Ken , then John W and observer John P

Our Pontoon Manager was Col, Jay helped with the rigging, Denis was Boat Operations Manager.

Helen was the registrar, Sheila managed the life-jackets, Corey the radio, Tony helped all over the place.

Best of all, Wilma stood outside in the heat and cleaned and polished the barbecue, a difficult job and long overdue.

Thanks so much to all of these people, the day went swimmingly because of all the teamwork that was taking place.



## Wacky Wednesday 26<sup>th</sup> April 2017

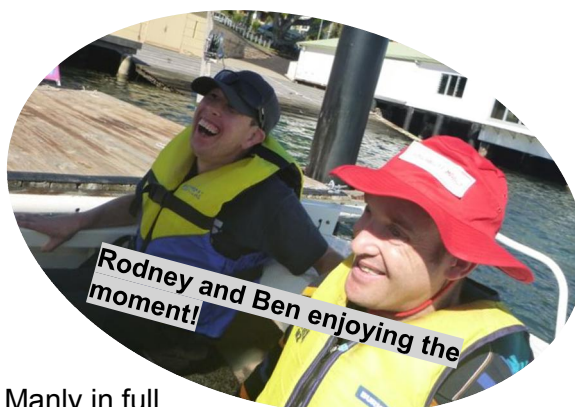
Today was 'wacky' for a number of reasons:

The forecast weather was for strong winds and storms, but we had a perfect day down at Manly Cove, with light winds and full sunshine.

The invited and confirmed groups arrived, along with a couple of groups who had looked at our web-site, decided that Sailability was a good idea and arrived on our doorstep with no booking or confirmation.

The very keen and eager volunteers were down at Manly in full force, and we were so happy to have everyone as all were involved in the work of rigging boats, registering everyone, radioing boats in constantly so that change overs were effective. Then packing everything away and tidying up at the end of the day. This extra effort is very much appreciated by all.

The Volunteer Team for today was:



Sailing Coordinator: John. What a great job, John, you were everywhere, and in full control of a day that could have been a huge muddle.

Pontoon Manager: Brian. Thanks for hanging in there, Brian, there were at least 30 changeovers, including 6 wheelchair bound participants. A mammoth task.

Power Boat Driver: Warwick. Some dramas here as well, with sailors needing help over and through the ferry lanes with multiple ferries and motor craft taking advantage of the beautiful day. Thanks to Juliette and Jim G for taking over half-way through the morning.

Registrar, Helen: I don't know how you managed today, Helen. All of those receipts and extra people registering for a sail, at the same time keeping track of people booking for Volunteer Recognition Evening, as well as the First Aid Course.

Life-jackets: Wilma. Again, a mammoth effort fitting everyone into life-jackets, making sure slings went down to the pontoon with those that needed them, and storing them in the right place when they arrived back.



Radio Operator and Time-keeper: Ray. What a star, keeping track of all of the boats including Charlie's Chariot, making sure there was always someone coming back when needed.

Photographer: Ken, another wonderful job, with clear photos taken of most participants sailing in clear water.

Sailors today were: Michael, Denis, Ivan, Peter W, Jay, Brian, Peter S, Malcolm, Bob and Rob. Thanks for the quick change-overs.

Thanks for extra help on the pontoon from Marc, Jim and Jennie, and the extra pairs of hands up on deck keeping the waiters happy and arranging people to be on the pontoon in time: Helene, and the group carers.

Groups who sent people down to participate in sailing were:

- Sunnyfield French's Forest with David, Jocelyn, Luke, Ginny, Rodney, Vanessa, Harry, Jenny, Adonis and Ben. Jocelyn had a shortened sail because of a hat that accidentally hit

the water and sank! David also had a very short sail. Rodney and Ben made up for this with a double turn for both.

- Hanlin and Michael came from Menimbah.
- Tiara, Paul, Ross, Stefan, David, Denis, Nina came from House With No Steps.
- Sunshine Pymble sent Stephen, Charlie, Annabelle, Alan.
- Sunshine St Ives sent Oliver, Elias, John, Leesa, Kath.
- Melissa, Rob and Sascha from Waitara Wonders.

How lucky were we to have David G working there all day repairing boats and keels that have been damaged on previous sailing days.



Even luckier, we had everything cleared away before the gale-force winds and heavy rain suddenly arrived in Manly Cove!

### Thank you so much to our sponsors:

|  |
|--|
| • Patron: Jean Hay, Mayor of Manly   |
| • Premier Automotive, Jeff Smit, Boat trailer inspection for registration. |
| • Manly Yacht Club   |
| • Manly Council \$1,250.00 Charlie's Chariot Maintenance.                  |
| • Bunnings Warringah Mall: New picnic table and Umbrella Stand             |
| • Balgowlah Masonic Lodge: Donation \$3,000.00                             |
| • Bendigo Bank: PFD's, part of the Defibrillator.                          |
| • Cromer Golf Club: Hansa 303 Black Swan                                   |
| • Cerno Insurance: Hansa 303 Vin   |
| • Alice Cleary's Running Team, Membership for BIRDS and Royal Far West.    |
| • Total Physiotherapy Sponsorship for Signals.                             |
| • David Webb Donation of \$1,000 towards much needed equipment.            |
| • Lynette Gould Painting for Raffle brought in \$2,000.00.                 |

### The Committee of Sailability Manly.

|                                     |                                    |
|-------------------------------------|------------------------------------|
| President: Rob Southam              | Minutes Secretary: Rob Southam     |
| Secretary: Eli Demeny               | Race Organiser: Caroline Holdstock |
| Treasurer: Patrick Alexander        | Committee Members: Ken Boyes       |
| Membership: Helen Hendry            | Ray Rampton                        |
| Webmaster: Alan Bimson              | Col Gregan                         |
| Maintenance: Barry Newell+committee | Warwick McKenzie                   |
| MYC rep: Jackie Morgan              | Vice President: David Webb         |
| NSW rep: Denis Linney               |                                    |