



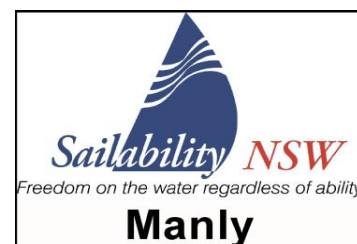
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www.manlysailability.com.au

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Hi there,

My name is Jae Schaefer and I have the pleasure of bringing you this month's Signals update for Manly Sailability. We have had lots of exciting things happening this month including new volunteers and some unseasonably warm weather!

20.4.16 A warm morning.

Helpers this morning:

Denis, John W., Helen, John P., Jessica, Jim G., Jae, Jim Q., John G., Wilma, Corey, Ken., Ivan, David W., Peter, Brian, Warwick, Juliette, Col, Tony, Bob, Helene, David G.

Participant sailors came from 3 groups:

French's Forest Sunnyfield brought Neri, Gary, Jack.

St Ives Sunnyfield brought John, Elias, Leesa, David, Ginny, Rodney, Vanessa, Ben.

House With No Steps brought Kris, David, Mikey, Paul, Shela, Nina, Tiara, Denis and Stephen.

Gerard came with his helper.

The morning was a warm one, and started slowly and calmly, with the volunteers carefully setting up the boats, and using the quiet moment to take new volunteers Jessica, Jae, Jim, Wilma and others for a sail to get some practise in before the groups arrived.

Then, suddenly, everyone arrived at the same time, and we were busy fitting PFD's, making sure the waiters were comfortable, and sorting out the order and times for sailing. The breeze slowly came up during this time, so that sailing became easier, and there was not quite so much paddling and towing to make things convenient. We were able to fit everyone in, and able to accommodate our people who prefer to use Charlie's Chariot as their preferred option, making it all another perfect day for helpers, carers and participants.



16.4.16 A lovely day for a sail.



Helpers this morning were: Denis, David, Mal, Ray, Megan, Jim G, Ken, Helen, Jim Q, Wilma, Caroline, Philippos, Lyn, Ros, Ivan, Amin, Jack, David G, Jay, Jannie, Tony, Colleen, Helene and Ted. Our participants were few but outstanding in their achievements today: Laurie sailed twice, and had some wonderful conversations, and several cups of coffee between sails.

Ollie managed a solo sail in a 303, and had a ball out there on the Manly Cove waters. He made it out there between the moored boats without any help, played around in the cove for around 35 minutes, then managed to almost make it back past the ferries and the moored boats. He just needed a tiny bit of help to make it back to the pontoon. Well done, Ollie.

Philip has announced that he has a car share arrangement with Go Get named after him, because it is his idea. He wants to be able to get away from his family sometimes, so has arranged with Go Get that they will provide a car that is accessible for his wheelchair. His carer can take him out anywhere,

including treatment sessions and recreation without having to worry his parents, for a very reasonable fee.

Congratulations again, Philip, you are truly an amazing human being. Also amazing is his work experience to be carried out next week, in the entertainment industry. More on this later.

Vanessa came down for her usual calming sail, hopped in the boat independently, and stayed out there in the gentle breeze without any complaints.

Mattie had his usual calming sail.

Anna, Ashley and Kerrie had plenty of time for sailing on this wonderful stress-free morning and Grant managed to sit up on deck absorbing the atmosphere without causing any fuss.

Thanks, everyone for a lovely day.



Wednesday, 6.4.16. A peaceful sailing day.

These magical days are becoming routine. We are supposed to be heading into Winter, and all we are getting is sunshine, light winds, and lots of eager helpers and participants to make our sailing days go smoothly.

Helpers today were:

Sailing Coordinator: Helen

Time Keeper; Ray

Pontoon Manager: Malcolm

Boat Operations Manager: John

Photographers: Ken and Jai

Support Boat Driver: Peter, then Jim G

Observer: Corey, then Jai

Registrar; Warwick, then Tony

Sailors: Ivan, Michael, Helene, Denis, Col, Brian, Bob, John W

Our wonderful team of general workers were: John P, Jim Q, Marc.

What a great team!!!!

First to arrive were Royal Far West with helper Lisa. Liam, Lachlan, Jacinta, Oliver, Dallas, Jack, Hattie (who preferred a ride in the Support Boat) from different points in NSW, down in Sydney for some medical treatments and assessments had a beautiful sail across the bay, taking their time until the next group arrived.



Then the 10 students from DY special class trooped in with teacher Carmel, after a bus ride down from school and took their turn in the boats. After signing themselves in, they all fitted themselves into Life-jackets and waited their turn patiently. Dylan and Alan were there first, so they got the first 2 boats that were waiting on the pontoon when they arrived, the others took the opportunity to have morning tea. Then Felix, Talon, Heath, Jayden, Samuel, Riley, James and Oliver all impressed their skippers with the knowledge of sailing that they had remembered from last time. Four of the lucky ones took their turn on the Support Boat for an extra experience of seeing the cove from a distance.

Just at the right moment, Sunshine Pymble with helpers Matt, Raiza and Courtney, and AFFORD Ashfield with helper Kris, arrived together. It was a huge pleasure for our team to see these two groups with similar participants, as we were able to blend the two together. Jackson, Joshua, Alessandro and Alistair are old hands now, and enjoy their sail around the harbour, and then Brad (Mr Cooee) got into a sailing dinghy with the promise of a ride in Charlie's Chariot when he got back, Toby, Charley, Stephen also went for an extended sail. Alister wanted the boat to be continually on Port tack, as that was where he could have his long arms trailing in the water, giving himself and his skipper a continual drenching. Brad kept Manly Cove residents amused with his loud Cooee's from all over the Bay.

Last of all, Gerard arrived with Patrick....What a wonderful day it was for this pair: Gerard went straight over to the life-jacket bin, donned a correct sized jacket, buckled it up without help, and bounded down to the pontoon to wait, reasonably patiently, until a sailing boat arrived.

WE had a brand new helper this morning, Jai, who just blended in as if she had been with us for years.. took the most astounding photos, then became observer on Charlie's Chariot, before wearing herself out putting things away in the boat room. Welcome, Jai, please stay with us forever, you had a fabulous first day.

2.4.16 A Purposeful Saturday Paddle.

The weather forecast said light North Westerlies, but in Manly Cove, it forgot to do more than waft around at about 2 knots, every so often rising to 4. So sailing was a hard slog, but paddling was generally the go. Once out past the ferry lane, though, the wind picked up and it was possible to move our sailors around a little.

Our wonderful team of volunteers arrived quite early to put the boats out, with the guidance of David W, Helen, Lyn, David W and David G, Amin, Jim Q, Juliette, Jim G, Denis, John W, Jay, Josh, Cathy, Peter, Crosbie, Kevin managed to get all the boats out, rigged and on the water before our first participants arrived, which was excellent management, because once they started, they just kept coming.

Megan arrived with her album of photos from Mexico, with her playing around with the dolphins, and went for a very slow paddle.

Peter and Juliette rowed over to Charlie's Chariot to start the Support System, and we were ready to go. Our excellent Pontoon Manager, Kevin, needed to be on his toes to direct traffic, with 7 303's exchanging every 30 minutes or so, and Philip's 2.3 waiting for a moment when the pontoon was clearer.

Sailors (or paddlers as the case may be, and was) were Ivan, Jim G, Michael, Josh, Cathy, David W, Crosbie, John W, until a changeover later on, when Helene, and David G took over. Jackie came down in spite of her terrible cough to help on the deck and pontoon, and between us, the morning just slid by.

A brand new sailor and Duke of Edinburgh student came down with his Mum. Patrick is going to learn to sail in a 303 so that he can end up solo in one of the 2.3's. He is very keen to try new things. Laura and Kali, whose Nana won a sailing prize at a function a few months ago had a lot of fun on the water, and experiencing the Sailability atmosphere. Laura is quite keen to come down as a volunteer sometime in future. Laurie arrived for his sail, having caught the bus from Chatswood. This is a big step towards independence for him. He was the first participant to arrive, and the last to leave, having been on Charlie's Chariot as well as having a sail, and chatting to people on the deck, so it was a good day for him. Next to arrive were our Washington House team....Anna, Ashley and Kerrie, then Ollie with his Mum.

Our Rap'n'Rave group arrived next with the smiling Danyelle in the lead, and Shaun, Jordan, Bart, Rodney and Mark following. Catherine arrived with Daniel, then our team of BIRDS with Gaynor: May, Stuart, Brad, Robert, Roger, Steve. They all had a nice chat up on the deck while waiting for the boats to come back.

Philip arrived with his Mum, then Luca, Vanessa and Matt.

For inveterate counters, it was 50 people on the water today, with about 10 carers, cooks, Mums and Dads, making it a very busy day, with the work made light by the number of hands that were available to help.

Highlights of the morning were Patrick learning to use the joystick driving the boat in the right direction, Kevin diving in to help Michael whose boat had drifted into the mooring ropes, Rodney's smiling face in the dinghy before he was allowed to go on Charlie's Chariot. All agreed that it was an extremely successful morning.



Last chance to enter the Manly Fun Run at a reduced rate!

Go into the Manly Fun Run Website

www.manlyfunrun.org

Click Register.

Follow the prompts. (Your team name is Run for Sailability)

If you want to donate, please open a fundraising page so that you can fundraise for your team. The organisation name is Sailability NSW.

Then donate under 'Optional Donation'

If you have registered as a runner, please tell your friends and ask them to Sponsor you as a member of the Run for Sailability Team!

REDUCED RATE CLOSES MAY 12th

If you do not want to run, there are several members of our team who would appreciate the sponsorship:

Go into the Manly Fun Website www.manlyfunrun.org and click on Sponsor a friend.

At this stage, our team consists of Cathy, Eli, Helen, Maggi, Mark.

We wish you the best of luck for May 22nd!

Diary Dates

Saturday, 7th May

6.30 p.m. Manly Yacht Club is holding its Annual Presentation Evening.

Prizes will be presented to every area of the club activities, including Juniors, Lasers, Sailability, big yachts, etc. Our prizes for Volunteer of the Year, Junior Volunteer of the Year, Australia Day Regatta, Women's Challenge etc will be presented. Please attend this function to help support the Sailability side of Manly Yacht Club Operations. Prompt 6.30 p.m. start, a small fee for supper will be charged.

Wednesday, 11th May

This is the date of the Volunteer Expo at Dee Why RSL. We will be having our usual stall at this function from 10.00 a.m. to 2.00 p.m. Please offer to help with this if you have time, or just come down and visit us for a few minutes.

Friday, 13th May.

Volunteering NSW is organizing a publicity shoot at Dee Why Beach for publicity for future Volunteering Events. We would like as many volunteers as possible to meet at Dee Why Beach in red shirts to have a huge V traced in the sand with every volunteer organization on the Northern Beaches represented. Everyone who attends will receive a free photo.

Coming up rapidly is our 20th Anniversary Dinner at MYC on, Wednesday, 25th May. Jackie will be organising this one. Thank you to all of the people who put their names down early for the dinner. Places are filling rapidly, so please put your name in now to Jackie Morgan, jackiemorgan27@hotmail.com to ensure there is a place for you.

Our final Regatta for this sailing season will take place on Saturday, 28th May. Caroline is now waiting for your entries at caroline.holdstock@gmail.com

Sailing Schedule

Wednesday	4.5.16	RFW, Fisher Rd, Amaroo, Arranounbai, General
Saturday	14.5.16	Balmoral, Future Crew, Inala, General
Wednesday	18.5.16	SEALS, Verne Barnett, Achieve, Fisher Rd.
Saturday	28.5.16	End of season Regatta

Winter Sailing

Saturday	18.6.16	BIRDS, Rap.n.Rave, Housing Connection, General
Wednesday	29.6.16	RFW, DYIM, Sunshine Pymble, General
Saturday	16.7.16	Balmoral, Inala, General
Wednesday	27.7.16	RFW, Verne Barnett, Amaru, AFFORD, General

Thanks to our Supporters

<input type="checkbox"/> Patron: Jean Hay, Mayor of Manly
<input type="checkbox"/> Premier Automotive, Jeff Smit, Boat trailer inspection for registration.
<input type="checkbox"/> Manly Yacht Club
<input type="checkbox"/> Manly Council \$1,250.00 Charlie's Chariot Maintenance.
<input type="checkbox"/> Bunnings Warringah Mall: New picnic table and Umbrella Stand
<input type="checkbox"/> Balgowlah Masonic Lodge: Donation \$3,000.00
<input type="checkbox"/> Bendigo Bank: PFD's, part of the Defibrillator.
<input type="checkbox"/> Cromer Golf Club: Hansa 303 Black Swan
<input type="checkbox"/> Cerno Insurance: Hansa 303 Vin
<input type="checkbox"/> JayCar Electronics: Power Supply for Radio
<input type="checkbox"/> Jason Kozub's New Zealand Marathon brought in more than \$1,250.00
<input type="checkbox"/> David Webb Donation of \$1,000 towards much needed equipment.
<input type="checkbox"/> Manly Rotary. Long Term Support.

The Committee

President: Barry Newell	Minutes Secretary: Rob Southam
Secretary: Eli Demeny	Race Organiser: Caroline Holdstock
Treasurer: Patrick Alexander	Committee Members: David Grinston
Membership: Helen Hendry	Ray Rampton
Maintenance: Barry Newell+committee	
MYC rep: Jackie Morgan	Peter Singer
NSW rep: Denis Linney	Vice President: David Webb
Volunteer Coordinator: Eli Demeny	Webmaster: Alan Bimson

Thank you so much for being part of the Manly Sailability family. We can't wait for another wonderful month out on the water.

Stay well,
Jae